



12 February 2026

Dear Parents and Caregivers,

2026 Term 1 Week 3 College Update

140 Years Gala Ball | Saturday 23 May 6:00 – 11:00pm

Join us for a night to remember as we celebrate 140 years of Cabra Dominican College. Enjoy a delicious three-course dinner accompanied by a two-hours drinks package, all set within the stunning Wolf Blass Event Centre at Morphettville Racecourse. The night will come alive with entertainment from popular band The Uptown Seeds. This will be a perfect occasion for parents, caregivers, alumni and staff to gather and celebrate together, with tables of 10 available.

Secure your ticket now via this Humanitix link: [140 Years Gala Ball](#)

Key Staff Contacts

We understand in a school the size of Cabra Dominican College, it is sometimes difficult to know who to contact. The [2026 Parent Handbook](#) has a guide which may help parents and caregivers identify who to contact with any queries. Alternatively, please always feel free to phone us or email cabra@cabra.catholic.edu.au and we will direct your query to the relevant staff member.

Attendance

To continue our smooth start to the year, the following information is essential:

- Irrespective of the reason for absences, non-attendance affects student outcomes
- There is no 'safe' threshold for absences; every day counts
- Declines in achievement are evident with any level of absence
- The impact of absence increases with the number of absences (Australian Institute for Teaching and School Leadership, 2019)
- The school day begins with Lesson 1 at 8:50am (students should be moving to their timetabled learning space at 8:45am)

At Cabra Dominican College, teaching and learning happens face-to-face in community, with peers. Whilst SEQTA Learn is a useful online resource, it ultimately exists to complement the explicit instruction and learning that occurs in the classroom.

Mobile Digital Devices

The College's Mobile Digital Devices Policy outlines that students are not to use mobile digital devices on school grounds during school hours, unless given permission by a supervising teacher. This includes before school, lesson times, recess, lunchtime and in between lessons. Students can access their mobile digital device from 3:15pm each day.

We recognise that there are some exceptional circumstances where students will require an exemption from the policy.

Exemptions include:

- The mobile digital device is used to help monitor or manage a health condition.
- The mobile digital device is a negotiated adjustment to a learning program for a student with a disability, learning difficulty or English as an additional language.
- A student has personal circumstances that require them to have more readily available access to their mobile digital device, such as being the primary carer for younger siblings.

Requests for exemptions from parents/caregivers will be considered by the Deputy Principal: Student Wellbeing and Leadership on a case-by-case basis. To request an exemption, parents/caregivers must complete and submit an Exemption Request Form via the link obtained from either the student's House Leader, a Social Worker, Student Services or the Diverse Learning Coordinator.

We encourage you to read the full policy, available via **SEQTA Engage > Documents**.

Photo Permission Reminder

A reminder to parents and caregivers to please choose your child's photo consent preference in Consent 2 Go. We love to showcase all the activities going on around our campus via social media and unless we are acknowledging a specific achievement, we do not identify students by name. To access Consent 2 Go, please click this link: [Consent 2 Go](#)

Lent

We will acknowledge the beginning of Lent here at the College next week with Ash Wednesday Liturgies celebrated in Mentor Classes. The three pillars of Lent – prayer, fasting and almsgiving – can draw us deeper into the warmth and light of God's love and enable us to see the world more clearly.

Traditionally, Catholics abstain from eating meat on Ash Wednesday and on Fridays during Lent. St Thomas Aquinas OP, Italian Dominican Friar and Priest, believed fasting raised the mind and heart toward the contemplation of God. As such, at Cabra, the canteen will not be providing meat products on Fridays during Term 1 Weeks 4 – 10.

Families may wish to continue the Lenten journey with their young people at home with this [Spiritual Reflection Process](#), produced by the Catholic Archdiocese of Adelaide.

2026 Winter Sport Nominations | Nominations due Friday 13 February 2026

Sport is an important component of College life at Cabra and our students enjoy success and recognition with sport in the wider community. Our co-curricular programmes strive to nurture and develop the unique gifts of individual students and are supported by the group activities offered at Cabra. We encourage families to nominate for Sport activities, where Cabra will work closely with each child and their parents/caregivers on an individual basis to manage any potential clashes with training times.

Further information is available in the [Sport Information Guide](#). Exact times for training will be advised late in Term 1, 2026.

- **Fees:** Annual fees per student are charged to cover costs of registration, umpires and other associated costs. Fees will be charged at the time of nomination.
- **Uniform:** Sport uniforms are to be purchased through the [Uniform Shop](#) (4/378 Goodwood Road, Cumberland Park). The staff there will be able to advise you of what is required for a specific activity.
- **Nominations:** Winter Sport nominations are due **Friday 13 February 2026**. To nominate via your mobile phone or laptop, download the Qkr! app and enter Cabra Dominican College in the Search field. Select the Sports tab, 2026 Nominations and then select the Sport and Year Level. To finalise, click Add to Order – View Cart – Pay.

For information and reference, please also note that Summer Sport Nominations are full and closed for 2026.

If you have any further questions regarding Sport Nominations, please contact Joel Morizzi (Leader of Co-Curricular Sport) and/or Jess Simons (Sport Administrator) on 8179 2415 or via sport@cabra.catholic.edu.au

2026 Summer Sport Photos

Summer Sport Photos are scheduled for Thursday 26 February in St Brigid's Square (Lessons 6 and 7). Please view further details (required attire, photo schedule and ordering information) at this link: [2026 Summer Sport Photos](#)

If you have any queries regarding the Summer Sport Photos, please contact Jess Simons (Sport Administrator) via sport@cabra.catholic.edu.au

Monica Farrelly Atrium Opening Hours

Students are welcome to use the Atrium for study before and after school. Please note students are not to access the Atrium outside the hours listed below, as the space is unsupervised.

Day	Open	Close
Monday – Thursday	8:00am	5:00pm
Friday	8:00am	4:00pm

Pick Up, Drop Off and Parking Reminders

Please note there is no student pick up or drop off from the main Cross Road entrance unless using the disabled parking. The drop off zone on site is via the Little Street entrance at the rear of the College. Please also avoid parking on or across residential driveways.

2026 Think U Know Parent/Caregiver Presentations

ThinkUKnow Australia is an evidence-based education program led by the Australian Federal Police (AFP) to prevent online child sexual exploitation. The program supports parents/caregivers to:

- Understand current online environments and risks faced by children and young people
- Recognise warning signs of online harm
- Learn practical strategies to help keep children safe online
- Know where to access support and report concerns

Please see additional presentation details below:

- **Audience:** Parents and carers (not suitable for children to attend)
- **Delivery:** In-person sessions
- **Locations:** Three venues across the Southern Policing District
- **Cost:** Free
- **Bookings:** Required via Eventbrite

Bookings are managed via Eventbrite, with individual registration required for attendance. Please see the booking links below:

- **Thursday March 12 6:00pm** (Blackwood Library and Community Centre): [Booking Link](#)
- **Tuesday March 24 6:00pm** (Marion Cultural Centre): [Booking Link](#)
- **Tuesday April 7 6:00pm** (Hopgood Theatre, Noarlunga): [Booking Link](#)

Supporter Merch

Cabra offers a range of [supporter merchandise](#) designed exclusively by ORTC; perfect for parents, caregivers and grandparents to wear both out in the community and while cheering on students at sporting and co-curricular events.

All items are available for purchase via the Qkr! App.

Once your order is processed, you will receive a confirmation email from our Marketing and Communications Team, and your merchandise will be ready for collection from Student Services.

- **Cap:** \$25
- **Beanie:** \$25
- **Scarf:** \$30
- **Large Umbrella:** \$28

On the Horizon

Please see some general dates below for upcoming events:

Date	Event
Friday 13 February	50+ Years Alumni Community Morning (10:30am – 12:30pm)
Friday 13 February	Year 12 Formal (Adelaide Oval, 5:30 – 10:00pm)
Monday 16 February	Year 7 – 12 Student ID Photos (All Students)
Tuesday 17 February	Year 12 Parent Meet and Greet (St Dominic's Hall, 4:45 – 5:30pm)
Tuesday 17 February	Year 12 Parent Information Evening (St Dominic's Hall, 5:30 – 6:30pm)
Wednesday 18 February	Ash Wednesday Liturgies (Lesson 3)
Thursday 19 February	2026 Welcoming Eucharist (Caleruega Hall, Lessons 4 and 5)
Friday 20 February	2025 Academic Excellence Assembly (Caleruega Hall, Lessons 1 and 2)
Monday 23 February	Year 7 – 12 Sports Day Preparation Meeting (Lesson 3)
Tuesday 24 February	Year 7 and 9 NAPLAN Coordinated Practice Test
Wednesday 25 February	Year 7 – 12 School Sport SA Swimming Secondary Championships: C Grade
Wednesday 25 February	Principal's Tour (4:15pm)
Thursday 26 February	Year 7 – 11 House Leadership Assembly (Caleruega Hall, Lesson 2)
Thursday 26 February	Summer Sport Photos (St Brigid's Square, Lessons 6 and 7)

The College Calendar is located on SEQTA Engage and the [College Website](#).

Please feel most welcome to contact us if you have any questions about this information or if you have any concerns about your child making a successful start to the year.

Yours sincerely,

Jarrad McCabe

Deputy Principal: People, Culture and Operations