



29 February 2024

Dear Parents and Caregivers,

2024 Term 1 Week 5 College Update

Lent

We acknowledged the beginning of Lent here at the College with Ash Wednesday Liturgies celebrated in Houses. The three pillars of Lent – prayer, fasting and almsgiving – can draw us deeper into the warmth and light of God’s love and enable us to see the world more clearly as we prepare for the new life of Easter.

Save the Date | Judith Locke Parent Information Session

“Helping your child become confident and capable”

We are delighted to announce that clinical psychologist and speaker, [Judith Locke](#), will be presenting at Cabra on Monday 1 July (Term 2 Week 10). Judith is author of [The Bonsai Child](#), and will be presenting to parents in St Dominic’s Hall.

Please see the links below for an invitation and to register your attendance:

- **Invitation:** [Judith Locke Monday 1 July 2024](#)
- **Registration:** [Judith Locke Parent Information Evening RSVP](#)

We encourage all parents/caregivers to read [The Bonsai Child](#) in advance!

Appointments

It is acceptable for a student to be absent from school when they are required to attend a medical, dental or specialist therapy appointment, provided the appointment **cannot be made outside of school hours**.

In these instances, parents and caregivers have a responsibility to notify the College as soon as possible of the absence and explain the reason for the absence. Students should also be made aware of any such appointments before the school day commences and should then visit Student Services to sign in or out.

Sports Day

A reminder that next Friday 8 March is the College Sports Day, and we look forward to a fantastic day of friendly competition. Parents and caregivers are most welcome to attend, and we appreciate your support for this excellent community event.

The importance of community at Cabra is very strong. We value this sense of belonging and partnership and believe student involvement in community events like Sports Day creates a special atmosphere and develops a strong sense of pride in our community. Further information is available in this [Parent Information Letter](#), which was emailed to families earlier this week.

Note: Please ensure that your child has their own water bottle on the day!

Instrumental Music Showcase | Registrations Open

On Monday 8 April (Week 11), the College will host the first Instrumental Showcase Concert for 2024.

This performance opportunity is designed for students who undertake individual instrumental/voice lessons to showcase their learning in the form of a short performance in front of a supportive audience. The evening will start at 6:00pm, and the concert will run for no longer than 45 minutes.

Any instrumental/vocal student in Year 7 – 12 is welcome to participate. To register, please email Jackie Wilde (Music Co-Curricular Coordinator) at jwilde@cabra.catholic.edu.au

Sibling Enrolments | Year 7 2026

Does your child currently have a sibling in Year 5? If you are considering enrolment for your child at Cabra in Year 7, 2026 please note enrolment applications will close at the conclusion of Term 1 (Friday 12 April 2024). Siblings of enrolled students at Cabra are required to submit an application form. To download an enrolment application form, please click [Enrolment Overview](#)

For any questions regarding enrolment, please contact the College Registrar, Lee-Anne Fosdike on 8179 2429 or via e: registrar@cabra.catholic.edu.au

Sibling discounts are available for families with children attending Cabra and a Catholic Parish Primary school. Contact our Fees Department on 8179 2400 or e: fees@cabra.catholic.edu.au for further information.

Discussing student learning and/or wellbeing concerns

Our Year 7 – 12 Student Learner Conversations take place in Term 2. These conversations provide an opportunity for students, parents and teachers to discuss academic and personal progress. Student Learner Conversations will focus on learning, and how your child can continue

to grow and succeed in their subjects. The Student Learner Conversation is not a time to discuss, in detail, major learning difficulties – this may best be left for a separate occasion where there is more time available.

Please note that **you do not need to wait** until Student Learner Conversations to discuss major learning or wellbeing concerns. If you would like to arrange an appointment with a particular staff member, please contact them at the College and arrange a time to meet.

On the Horizon

Please see some general dates below for upcoming events. If we have not already, we will write to you with details of the below events if they affect your child.

Date	Event
Monday 4 March	Year 9 Student Leaders Morning Tea
Monday 4 March	Year 7 – 12 House Captains Meeting
Monday 4 March	Year 9 Rite Journey Parent Presentation and Calling and Departure Ceremony (Caleruega Hall, 5:45 – 8:00pm)
Tuesday 5 March	Year 10 Immunisations
Tuesday 5 March	Year 12 Retreat Student Meeting # 1
Wednesday 6 March	Year 8 Student Leaders Morning Tea
Wednesday 6 March	Sports Day Preparation (Lesson 3)
Wednesday 6 March	SACE Stage 2 Dance Performance Evening (St Dominic's Hall, 7:00 – 8:30pm)
Thursday 7 March	Year 8 Reflection Day
Friday 8 March	International Women's Day Breakfast: Year 10 House Captains (7:00 – 8:30am)
Friday 8 March	Sports Day
Wednesday 13 March	Year 7 – 11 House Leadership Liturgy (10:45 – 11:10am)
Wednesday 13 March	Year 7 – 11 House Captain and Parent Morning Tea (Monica Farrelly Atrium, 11:10 – 11:30am)

The College Calendar is located on SEQTA Engage and the [College Website](#).

Please feel most welcome to contact us if you have any questions about this information or if you have any concerns about your child making a successful start to the year.

Yours sincerely,

Jarrad McCabe

Deputy Principal: People, Culture and Operations