



1 February 2024

Dear Parents and Caregivers,

2024 Term 1 Week 1 College Update

It is my pleasure to welcome you to the first College Update for the 2024 academic year. This fortnightly correspondence aims to provide parents and caregivers with an overview of all College events, along with key information associated with College operations. We aim to minimise email traffic by consolidating key information into this one communication per fortnight.

In alternate weeks, a newsletter will be sent with "Good News" stories from around the College.

Cabra Handbook

Please familiarise yourself with the 2024 Cabra Handbook, located at the College Website at this link: [Handbook | Cabra Dominican College](#)

This handbook is a valuable reference guide for students, parents and caregivers and includes information about our College values and policies, learning and assessment, communication and systems, uniform and presentation and more.

Student Progress

The first few days of the academic year can be exciting and challenging for students, given there are new classmates and teachers to meet. The start of the year is a significant transition period for all students, and they will each cope differently with the challenges this period brings. In fact, many students may be more frightened of the possibility of failure than they are thrilled by the possibility of success!

If you have any concerns, please feel free to contact the Mentor teachers and/or House Leaders to discuss how your child is settling in over the first few weeks.

Access to SEQTA Engage and Consent2Go

All parents and caregivers should now have full access to SEQTA Engage and Consent2Go. If you have not received provisioning information for SEQTA, please check your junk/spam folder. If at any stage you would like to update your contact details or your child's medical details, you have the ability to request a secure link to be sent to your email account directly from Consent2Go by clicking the Consent2Go icon in SEQTA Engage.

If you require any assistance in accessing these digital platforms, please contact me directly by email.

Semester 1 Subject Changes

Final subject changes for Semester 1 2024 must be finalised by **Monday 5 February 9:00am**. Please email subjectselection@cabra.catholic.edu.au in order that any amendments to a student's timetable can be considered. This deadline also ensures that significant subject coursework is not missed.

Please note that not all subject changes concerning a student's academic programme can be acted upon, due to class size or availability on a particular line that clashes with another subject, but we will make every endeavour to pursue a student's request.

2024 Winter Sport Nominations

Sport is an important component of College life at Cabra and our students enjoy success and recognition with sport in the wider community. Our co-curricular programmes strive to nurture and develop the unique gifts of individual students and are supported by the group activities offered at Cabra. We encourage families to nominate for Sport activities, where Cabra will work closely with each child and their parents/caregivers on an individual basis to manage any potential clashes with training times.

Further information is available in the [2024 Sport Information Guide](#). Exact times for training will be advised late in Term 1, 2024.

- **Fees:** Annual fees per student are charged to cover costs of registration, umpires and other associated costs. Fees will be charged at the time of nomination.
- **Uniform:** Sport uniforms are to be purchased through JSXpress (corner Goodwood Road and Little Street, Cumberland Park). The staff there will be able to advise you of what is required for a specific activity.
- **Nominations:** Winter Sport nominations are due Friday 23 February 2024. To nominate via your mobile phone or laptop, download the Qkr! app and enter Cabra Dominican College in the Search field. Select the Sports tab, 2024 Nominations and then select the Sport and Year Level. To finalise, click Add to Order – View Cart – Pay.

If you have any further questions regarding Sport Nominations, please contact Joel Morizzi (Sport Co-Curricular Coordinator) and/or Emily Choimes (Sport Administrator) on 8179 2415 or via sport@cabra.catholic.edu.au

South Australian School Immunisation Program | Year 7 and 10

Mitcham Council's immunisation team will visit Cabra on the following dates:

- Year 7: Tuesday 18 June
- Year 10: Tuesday 5 March and Wednesday 8 May

All Year 10 students will be issued with a School Immunisation Consent Form from **Thursday 1 February 2024**. Parents/caregivers are required to complete both sides, sign and return to the College for collection by Mitcham Council, even if consent is refused. Consent Forms are due **Monday 5 February 2024**.

Year 7 students will receive consent forms closer to the date of their immunisations.

This collection of forms ensures the Council meets its reporting responsibilities to SA Health and that correct statistical data is compiled. Please note that consent forms will not be accepted on the days of the school clinics.

Pick Up and Drop Off Zones

As the morning and afternoon times are busy, please ensure you have arranged with your child where they will be dropped off and collected from. Parents and caregivers are able to enter the College gates via Little Street and drop off students at the commencement of each school day and then exit the property via Morris Street (the roadway through the College property is one way for all traffic).

Please note that accessing the College property by car via the front gates on Cross Road and using this area as a pick up and drop off zone is not permitted.

Please also note that the City of Mitcham regularly monitors the streets surrounding the College and in particular, the "No Standing" zone on Eaton Street. Furthermore, students should not be congregating in the nearby Woolworths or Big W shopping centre prior to school but instead should be making their way to school directly and promptly.

Canteen Menu

The [2024 Canteen Menu](#) is available and includes instructions for making purchases. All Canteen information is located on the [College Website](#).

Uniform and Personal Presentation

We expect that all students will respect the College's [uniform requirements](#) and present themselves in a way which reflects the values and standards of the College. As a condition of their enrolment, all students are required to wear the College uniform as it has been designed to be worn. The Cabra uniform is a clear visual recognition that students are part of our community and assists them in developing a sense of belonging and pride in representing Cabra.

Some key Summer Uniform reminders, as we commence Term 1, are outlined below:

- PE socks (black or white) are to be worn with the PE uniform.

- Formal socks are to be worn with the formal uniform. Girls are to wear white Cabra socks with the formal uniform. Boys are to wear grey Cabra socks with the formal uniform.
- Blazers for Year 7 students typically arrive as part of the March/April winter collection. Jumpers can be worn in lieu of blazers during Term 1 when the weather is cold.

Physical Education and Performing Arts Uniform Requirements

Students should only be wearing PE Uniform on days when they have the following timetabled lessons:

- Year 7 – 12 Physical Education
- Year 7 – 8 Performing Arts – Dance/Drama
- Year 9 – 12 Dance

In Physical Education lessons, College caps (or bucket hats) are compulsory during Terms 1 and 4 (and recommended in Terms 2 and 3). Drink bottles are required, as drink fountains around the College have changed to only facilitate drink bottle use.

In Year 7 and 8 Performing Arts – Dance/Drama and Year 9 – 12 Dance lessons, we recognise that students need to be able to move freely and hope that the PE Uniform will help students participate with confidence and facilitate successful experiences in the subject.

If you have any further questions about uniform requirements in these two subjects, please contact:

Name	Subject Area	Email
Maddison Wheatley-Harris	Leader of Learning – Health and Physical Education	mwheatleyharris@cabra.catholic.edu.au
Gemma Heath	Leader of Learning – Performing Arts	gheath@cabra.catholic.edu.au

Hats and Sun Protection

Students are strongly encouraged to wear the approved College hat outside at recess and lunch times. It is compulsory for students to wear the approved College hat outside when participating in Physical Education lessons, recreational activities and sports practices during Terms 1 and 4.

Old School Uniforms

Through our partnership with [Vinnies](#), we have multiple bins at Student Services where families can place old student uniforms. Rather than dispose of old uniforms (where they would become landfill), we ask families to utilize these bins at Student Services. Vinnies will either send the clothing overseas to communities in need or remove logos and repurpose the materials.

On the Horizon

Please see some general dates below for upcoming events:

Date	Event
Friday 2 February	Year 7 Camp Briefing (St Dominic's Hall, 10:55 – 11:40am)
Monday 5 February	Staff and New Student ID Photos (Monica Farrelly Atrium)
Tuesday 6 February – Wednesday 7 February	Year 11 and 12 Student Leaders Camp
Thursday 8 February	2024 SMU Captain Speeches and Voting
Friday 9 February	Year 7 Assembly with Principal (Lesson 3)
Friday 9 February	Year 12 Formal (Adelaide Oval, 5:30 – 10:30pm)
Monday 12 February	Year 12 Parent Information Evening: Learning and Teaching Focus
Tuesday 13 February	Year 12 Assembly with Principal (Lesson 3)
Wednesday 14 February	Ash Wednesday Mentor Class Liturgies (Lesson 3)
Thursday 15 February	Year 8 Camp Briefing (St Dominic's Hall, 10:55am – 12:25pm)
Thursday 15 February	2023 Academic Excellence Assembly (Caleruega Hall, Lessons 6 and 7) and Afternoon Tea (Angelico Centre)

The College Calendar is located on SEQTA Engage and the [College Website](#).

Please feel most welcome to contact us if you have any questions about this information or if you have any concerns about your child making a successful start to the year.

Yours sincerely,

Jarrad McCabe

Deputy Principal: People, Culture and Operations