

## Sport

Sport is offered to all students at Cabra Dominican College.

While not compulsory, all students are encouraged to become involved. All sporting abilities are welcome.



### Nominations

Parents/caregivers are invited to nominate their child for their chosen co-curricular sport/s using the Qkr! app. Teams must have adequate numbers before being entered into the competition. Students are expected to commit to their team for the entire season. Summer Terms 1 and 4, Winter Terms 2 and 3. There are no withdrawals or fee reimbursement once nominated.

### Celebrating Sport

Each year in Term 4, we hold an event where families come together to celebrate the year in Sport.

### Fees

Sports are \$115 per season. Uniforms are an additional cost and must be purchased from the Uniform Shop.

### Summer Sport (Terms 1 & 4)

Trainings are held weekly throughout the season.

#### Basketball – Girls

Games are played Saturday mornings at various locations.

#### Cricket

All year levels play Saturday mornings at home and away venues.

#### Tennis

All teams play on Saturday mornings at home and away venues.

#### Volleyball

Boys and mixed teams play on Friday afternoons at home and away venues. Girls teams play on Saturday mornings at various locations.

#### Touch football

Games are played at a fixed venue (Greenhill Road).

Girls: Saturday mornings. Boys: Wednesday afternoons.

### Winter Sport (Terms 2 & 3)

Trainings are held weekly throughout the season.

#### Basketball – Boys

Year 7 boys play Friday afternoons at Titanium Arena, Findon. Year 8 – 12 play on Saturday mornings at home and away venues.

#### Cross Country

Students have the opportunity to participate in the Secondary carnival at Oakbank (held mid Term 2).

#### Football – Boys

All games are played Wednesday afternoons at home and away venues.

#### Football – Girls

Year 7 - 9 girls play Friday afternoons at home and away venues. Year 10 - 12 girls play Wednesday afternoons at home and away venues.

#### Netball

Trials are held in Term 1 for all year levels. All teams play on Saturday mornings at various venues.

#### Soccer

Boys teams play Saturday mornings at home and away venues. Girls teams play Saturday morning at various locations.

#### Table Tennis

All teams play Friday after school at home and away venues.

## Contact Details

Sport Office: 8179 2415

[sport@cabra.catholic.edu.au](mailto:sport@cabra.catholic.edu.au)



## Carnivals

### Athletics

Students are selected to participate in the Catholic Schools Co-ed Carnival in Term 1.

### Swimming

Students with swimming experience may nominate to participate in an inter-school sport carnival in Term 1. Trials will be held at Unley Pool.

### Volleyball

All Year 7 – 9 students involved in co-curricular volleyball are invited to attend the Volleyball SA beach volleyball carnival in Term 4.

### KnockOut Sport

Students are selected to represent Cabra in various knockout competitions throughout the year. Selections are based on previous knowledge of ability and/or trials.

“While not compulsory, all students are encouraged to become involved. All sporting abilities are welcome.”

