

# SPORT INFORMATION GUIDE

Sport is offered to all students at Cabra Dominican College. While not compulsory, all students are encouraged to become involved. All sporting abilities are welcome.

# SUMMER SPORT (TERMS 1 & 4)

Trainings are held weekly throughout the season.

## **BASKETBALL - GIRLS**

Games are played Saturday mornings at a fixed venue.

#### CRICKET

All year levels play Saturday mornings at home and away venues.

#### **TENNIS**

All teams play on Saturday mornings at home and away venues.

#### **VOLLEYBALL**

Boys and mixed teams play on Friday afternoons at home and away venues. Girls teams play on Saturday mornings at a fixed venue.

# **TOUCH FOOTBALL**

Games are played at a fixed venue (Greenhill Road). Girls: Saturday mornings. Boys: Wednesday afternoons.

# **NOMINATIONS**

Parents/caregivers are invited to nominate their child for their chosen co-curricular sport/s online. Teams must have adequate numbers before being entered into the competition. Students are expected to commit to their team for the entire season. Summer Terms 1 and 4, Winter Terms 2 and 3.

There are no withdrawals or fee reimbursement once nominated.

# **CELEBRATING SPORT**

Each year in Term 4, we hold an event where families come together to celebrate the year in Sport.



# WINTER SPORT (TERMS 2 & 3)

Trainings are held weekly throughout the season.

## **BASKETBALL - BOYS**

Year 7 boys play Friday afternoons at Titanium Arena, Findon. Year 8 – 12 play on Saturday mornings at home and away venues.

#### **CROSS COUNTRY**

Students have the opportunity to participate in the Secondary carnival at Oakbank (held mid Term 2).

## FOOTBALL - BOYS

All games are played Wednesday afternoons at home and away venues.

#### FOOTBALL - GIRLS

Year 7 - 9 girls play Friday afternoons at home and away venues Year 10 - 12 girls play Wednesday afternoons at home and away venues.

#### **NETBALL**

Trials are held in Term 1 for all year levels. All teams play on Saturday mornings at various venues.

#### SOCCER

Boys teams play Saturday mornings at home and away venues. Girls teams play Saturday morning at a fixed venue.

#### SOLIASH

All teams play Friday after school at a fixed venue.

## **TABLE TENNIS**

All teams play Friday after school at home and away venues.

# **CARNIVALS**

## **ATHLETICS**

Students are selected to participate in the Catholic Schools Co-ed Carnival in Term 1.

#### **SWIMMING**

Students with swimming experience may nominate to participate in an inter-school sport carnival in Term 1. Trials will be held at Unley Pool.

#### **VOLLEYBALL**

All Year 7 – 9 students involved in co-curricular volleyball are invited to attend the Volleyball SA beach volleyball carnival in Term 4.

#### KNOCKOUT SPORT

Students are selected to represent Cabra in various knockout competitions throughout the year. Selections are based on previous knowledge of ability and/or trials.

# **FFFS**

Squash is \$175, all other sports are \$115 per season. Uniforms are an additional cost and must be purchased from the Uniform Shop.

#### **CONTACT DETAILS**

**Sport Office:** 8179 2415

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