



# SPORT INFORMATION GUIDE

Sport is offered to all students at Cabra Dominican College. While not compulsory, all students are encouraged to become involved. All sporting abilities are welcome.

## SUMMER SPORT (TERMS 1 & 4)

*Trainings are held weekly throughout the season.*

### **BASKETBALL – GIRLS**

Games are played Saturday mornings at a fixed venue.

### **CRICKET**

All year levels play Saturday mornings at home and away venues.

### **TENNIS**

All teams play on Saturday mornings at home and away venues.

### **VOLLEYBALL**

Boys and mixed teams play on Friday afternoons at home and away venues. Girls teams play on Saturday mornings at a fixed venue.

### **TOUCH FOOTBALL**

Games are played at a fixed venue (Greenhill Road).  
Girls: Saturday mornings. Boys: Wednesday afternoons.



## NOMINATIONS

Parents/caregivers are invited to nominate their child for their chosen co-curricular sport/s online. Teams must have adequate numbers before being entered into the competition. Students are expected to commit to their team for the entire season. Summer Terms 1 and 4, Winter Terms 2 and 3.

There are no withdrawals or fee reimbursement once nominated.

## CELEBRATING SPORT

Each year in Term 4, we hold an event where families come together to celebrate the year in Sport.





## WINTER SPORT (TERMS 2 & 3)

*Trainings are held weekly throughout the season.*

### BASKETBALL – BOYS

Year 7 boys play Friday afternoons, all other teams play on Saturday mornings. Games are played at home and away venues.

### CROSS COUNTRY

Students have the opportunity to participate in the Secondary carnival at Oakbank (held mid Term 2). Trials will be held for selection.

### FOOTBALL – BOYS

All games are played Wednesday afternoons at home and away venues.

### FOOTBALL – GIRLS (TERM 2 ONLY)

Year 7-9 girls play Wednesday afternoon at a fixed location. Year 10 - 12 girls play Wednesday afternoon at home and away venues.

### NETBALL

Netball is extremely popular at Cabra and all levels are catered for, from beginners to advanced. Trials are held in Term 1 for all year levels. Year 7 girls play Friday afternoons, all other teams play on Saturday mornings. All teams play at a fixed venue.

### SOCCER

Boys teams play Saturday mornings at home and away venues. Girls teams play Saturday morning at a fixed venue.

### SQUASH

All teams play Friday after school at a fixed venue.

### TABLE TENNIS

All teams play Friday after school at home and away venues.

## CARNIVALS

### ATHLETICS

Students are selected to participate in carnivals in Term 1.

### SWIMMING

There are various carnivals in Term 1. Trials will be held at Unley pool early in Term 1.

### VOLLEYBALL

All Year 7-9 students involved in co-curricular volleyball are invited to attend the Volleyball SA beach volleyball carnival in Term 4.

### KNOCKOUT SPORT

Secondary students are selected to represent Cabra in various knockout competitions throughout the year. Selections are based on previous knowledge of ability and/or trials.

## FEES

Squash is \$160, Girls Football is \$70, all other sports are \$100 per season. Uniforms are an additional cost and must be purchased from JSXpress.

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### CONTACT DETAILS

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