



## Sun Protection Policy

### 1 Context

Australia has the highest incidence of skin cancer in the world. At least 2 in every 3 Australians will be diagnosed with skin cancer by the age of 70 (SunSmart, 2021). Given that staff and students spend time outdoors during their time at Cabra, they are strongly encouraged to protect themselves from the sun's harmful UV rays.

### 2 Policy Statement

Cabra Dominican College promotes sun safety practices that reinforce [SunSmart](#) attitudes and practices. As such, Cabra:

- 2.1 recognises the importance of providing adequate protection from the sun's harmful UV rays for the whole College community;
- 2.2 encourages the entire school community to use a combination of sun protection measures whenever UV Index levels reach 3 and above;
- 2.3 is committed to providing information to educate the school community of the consequences of exposure to the sun;
- 2.4 promotes the taking of personal responsibility for protection against the sun.

### 3 Scope

This policy applies to all students, parents/caregivers and staff working within or for Cabra Dominican College.

### 4 Principles

- 4.1 The aims of the Cabra Dominican College Sun Protection Policy are to promote among students, staff and parents/caregivers:
  - (a) positive attitudes towards skin protection;
  - (b) lifestyle practices which can help reduce the incidence of skin damage;
  - (c) personal responsibility for, and decision making about, skin protection;
  - (d) awareness of the importance of environmental conditions in schools to reduce the level of exposure to the sun.
- 4.2 An important part of the College uniform is the College cap. It is compulsory for students to wear the approved College cap outside and recess and lunch times and when participating in Physical Education lessons or other outdoor recreational activities and sports practices during Terms 1 and 4 and when necessitated by the weather in Terms 2 and 3.
- 4.3 To avoid doubt, students who do not have hats during Terms 1 and 4 will:
  - (a) be required to remain in shady positions at recess and lunch times; and
  - (b) not be permitted to partake in Physical Education practical lessons that occur in full sun.

- 4.4 As part of the Workplace Health and Safety controls and role modelling, when the UV index is 3 and above, staff will:
- (a) wear sub protective hats, clothing and sunglasses when outside; and
  - (b) apply SPF 50+ sunscreen in keeping with Clause 4.5 below.
- 4.5 The College provides a supply of SPF 50+ sunscreen in Student Services for student and staff use.
- 4.6 Notwithstanding the provision detailed in Clause 4.4 above, parents/caregivers and students should ensure that students wear SPF 50+ sunscreen to school on high-risk days and take responsibility for reapplying sunscreen when necessary.

## 5 Related Documents and References

- Cabra Dominican College Staff Handbook
- Cabra Dominican College Student Handbook
- Cabra Dominican College Working Safely Policy
- [Cancer Council: What Is Skin Cancer](#)
- SACCS Duty of Care Policy
- SACCS Duty of Care Procedures
- [SunSmart](#)

## 6 Revision Record

|                     |  |             |          |                              |       |  |           |
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