



SPORT INFORMATION GUIDE

Sport is offered to all students at Cabra Dominican College. While not compulsory, all students are encouraged to become involved. All sporting abilities are welcome.

SUMMER SPORT (TERMS 1 & 4)

Trainings are held weekly throughout the season.

BASKETBALL – GIRLS

Games are played Saturday mornings at a fixed venue.

CRICKET

All year levels play Saturday mornings at home and away venues.

CROSS COUNTRY

Students have the opportunity to participate in the Secondary carnival at Oakbank (held mid Term 2). Trials will be held for selection.

TENNIS

All teams play on Saturday mornings at home and away venues.

VOLLEYBALL

Boys and mixed teams play on Friday afternoons at home and away venues. Girls teams play on Saturday mornings at a fixed venue.

TOUCH FOOTBALL

Games are played at a fixed venue (Greenhill Road).
Girls: Saturday mornings. Boys: Wednesday afternoons.



NOMINATIONS

Parents/caregivers are invited to nominate their child for their chosen co-curricular sport/s online. Teams must have adequate numbers before being entered into the competition. Students are expected to commit to their team for the entire season. Summer Terms 1 and 4, Winter Terms 2 and 3.

There are no withdrawals or fee reimbursement once nominated.

CELEBRATING SPORT

Each year in Term 4, we hold an event where families come together to celebrate the year in Sport.



WINTER SPORT (TERMS 2 & 3)

Trainings are held weekly throughout the season.

BASKETBALL – BOYS

Games are played on Saturday mornings at home and away venues.

FOOTBALL – BOYS

All games are played Wednesday afternoons at home and away venues.

FOOTBALL – GIRLS (TERM 3 ONLY)

Year 7-9 girls play Wednesday afternoon at a fixed location.
Year 10 - 12 girls play Wednesday afternoon at home and away venues.

NETBALL

Netball is extremely popular at Cabra and all levels are catered for, from beginners to advanced. Trials are held in Term 1 for all year levels. All teams play at a fixed venue; all teams play on Saturday mornings.

SOCCER

Boys teams play Saturday mornings at home and away venues.
Girls teams play Saturday morning at a fixed venue.

SQUASH

All teams play Friday after school at a fixed venue.

TABLE TENNIS

All teams play Friday after school at home and away venues.

CARNIVALS

ATHLETICS

Students are selected to participate in carnivals in Term 1.

SWIMMING

There are various carnivals in Term 1. Trials will be held at Unley pool early in Term 1.

VOLLEYBALL

All Year 7-9 students involved in co-curricular volleyball are invited to attend the Volleyball SA beach volleyball carnival in Term 4.

KNOCKOUT SPORT

Secondary students are selected to represent Cabra in various knockout competitions throughout the year. Selections are based on previous knowledge of ability and/or trials.

FEES

Fees are \$100 per season (Squash is \$160). Uniforms are an additional cost and must be purchased from JSXpress.

CONTACT DETAILS

Sport Office: 8179 2415

Email: sport@cabra.catholic.edu.au

