



FUTURE PATHWAYS Newsletter

ISSUE 2

JUNE 2021

From the Future Pathways Coordinator

What a busy start to 2021! We have had over 90 students commencing Vocational Education and Training (VET). For the students it has been an exciting but also nervous time as they learn to navigate their way in the world of VET for one day a week.

Term 1 was busy in the Futures office as we coordinated Futures Week for the Year 11 cohort in Week 11. The week was a success and students were exposed to different industries, guest speakers and workshops. (You can read more about this later in the newsletter.)

Term 2, we have enrolled students to begin VET in Semester 2. This includes students wanting to commence a Certificate III Business and Certificate III Fitness. A number of students have enrolled in short VET courses to give them a 'taste' of different industries. There are opportunities in introductions to carpentry, construction,

plumbing, engineering pathways, electrical, hair and beauty and IT. Second semester for Year 10 or 11 is a great time to try this!

We have begun career counselling students in Years 11 and 12, assisting them to research and explore career paths and begin planning their future.

Plans are well underway for our 2021 Future Pathways Expo, to be held on Wednesday 21 July 5 - 7pm. This will be an excellent opportunity to discover post-school pathways, VET options, and to meet Leaders of Learning regarding subjects and the SACE.

Please feel free to make a time to come and see me in person by emailing mellul@cabra.catholic.edu.au or calling **8179 2418**.

I hope you enjoy our second edition of the Future Pathways Newsletter.

Marie Ellul, Future Pathways Coordinator



Marie Ellul recently earned a Graduate Certificate in Career Development Practice



Key Dates and
Events for Future
Pathways

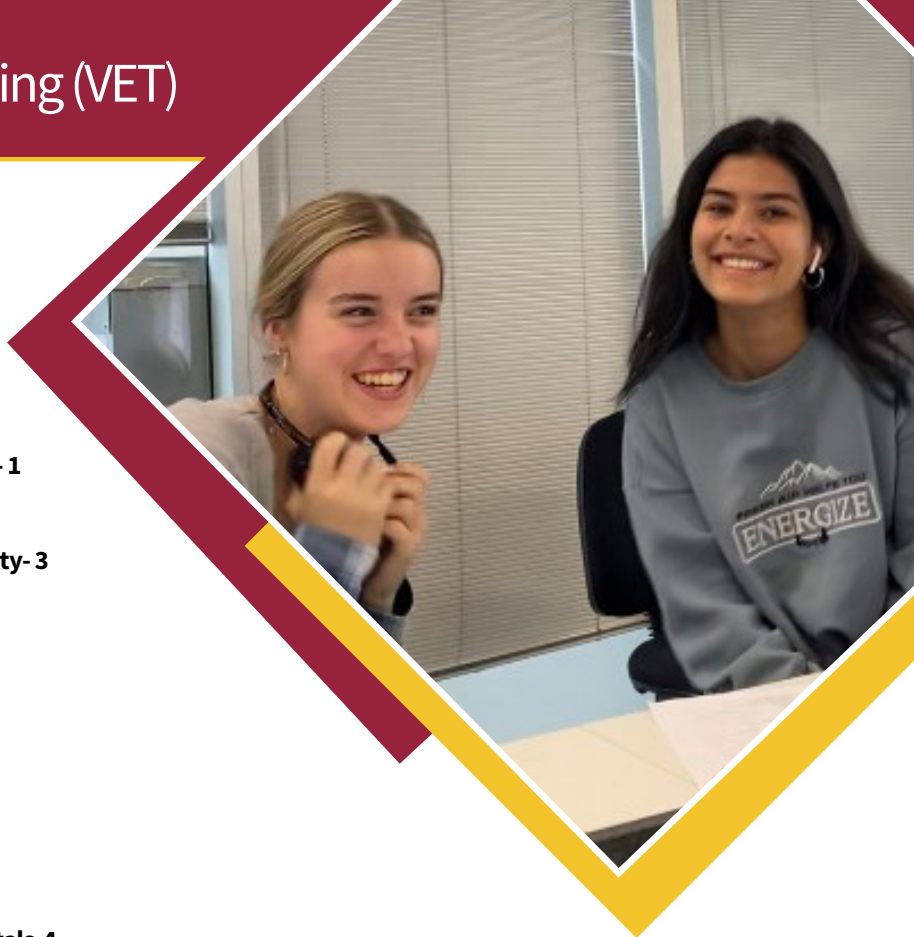
**Save The
Date!**

**CABRA'S FUTURE
PATHWAYS EXPO**
Wednesday 21 July
5pm - 7pm

Vocational Education and Training (VET)

Students have enrolled in the following VET courses for 2021

- ▶ ACM20117 Certificate II in Animal Studies- 3
- ▶ AHC20416 Certificate II Horticulture-1
- ▶ AUR20516 Certificate II Automotive Servicing Technology- 3
- ▶ BSB30115 Certificate III Business- 6
- ▶ BSB30315 Certificate III Micro Business Operations- 1
- ▶ CHC30113 Certificate III Early Childhood Education and Care- 5
- ▶ CHC33015 Certificate III Individual Support Disability- 3
- ▶ CPC10111 Certificate I Construction - construction focus- 3
- ▶ CPC10111 Certificate I Construction- Plumbing- 3
- ▶ CPC30211 Cert III Carpentry PARTIAL- 3
- ▶ CPC32612 Certificate III in Roof Plumbing (partial)- 3
- ▶ CUA20113 Certificate II Dance- 1
- ▶ CUA20215 Certificate II Creative Industries - 3D Animation Foundations- 6
- ▶ CUA20615 Certificate II Music Industry - 1CUA30111 Certificate III in Dance-1
- ▶ CUA30715 Certificate III Graphic Design Fundamentals-4
- ▶ CUA30915 Certificate III Music Industry- 1
- ▶ CUA31015 Certificate III in Screen and Media-3
- ▶ Gateway to Trades- introductory course- 8
- ▶ MEM20413 Certificate II Engineering Pathways- 1
- ▶ MSFID1001 Introduction to Interior Decoration-2
- ▶ MST20616 Certificate II Fashion Design and Technology-1
- ▶ SHB30115 Certificate III Beauty Services- 1
- ▶ SHB30416 Certificate III Hairdressing PARTIAL- 1
- ▶ SIS30315 Certificate III in Fitness- 7
- ▶ SIT30616 Certificate III in Hospitality- 1
- ▶ UEE22011 Certificate II Electrotechnology (Career Start)- 9
- ▶ Elite Athlete programs- 2
- ▶ Aviation Studies- 3
- ▶ Barkuma Transition Program- 3
- ▶ School Based Apprenticeship- AMP30815 Certificate III Meat Processing- 1
- ▶ School Based Traineeship- SIR30216 Certificate III Retail- 2



VET 2022

Students who are interested in VET for 2022 will have the opportunity to indicate this during the subject selection process. Please make sure you add this to the form and organise a time to see Marie in the Future Pathways Office.



Why should I study a VET course?

- ▶ Provide a head start in a career
- ▶ Recognition towards a student's SACE
- ▶ Provide opportunities to gain nationally recognised vocational qualifications
- ▶ Allow students to gain experience in an industry so they can make informed decisions about their future career path
- ▶ Provides experience in the workplace. Work placement is a mandatory component of most VET courses, enabling students to apply their classroom learning and to further develop their skills in a workplace context
- ▶ Learn industry-specific technical skills that lead directly to employment or further study
- ▶ Gain employability skills in communication, teamwork, problem-solving, initiative and enterprise, planning and organising, self-management, learning and technology skills.



Work Experience

Georgia Hill has been undertaking work experience at Tabel Catering at Carrick Hill. Although Georgia began working at Tabel Catering as a work experience opportunity, she was soon offered paid shifts.

Georgia says that she feels working at Tabel is a good experience and enjoys helping the head chef. It has helped Georgia to be better at multi-tasking because the job can get very busy and stressful.

"I help prepare some of the dishes, by doing the food preparation such as chopping, peeling, cutting vegetables. I help to make the arancini balls. I also help with the dishes in back of house. I would like to continue to work there as it is good for part time work while doing some study."



Tabel

More on VET...

This year, we have introduced a star rating feedback format for VET students. This star rating indicates how VET students are progressing in the VET course and if they are enjoying the experience.

TERM 1:

96% of Students rated between 4 and 5 Stars

From our VET students:

"I like how it's a lot of practice and learning on new clients and being able to experience what a beautician would"

"It's very exciting and interesting"

"I am really enjoying the course so far. I am only struggling to keep up with all of my work as one of my big studies lands on the day I am out at VET."

"I love this course, I've learnt so much and had a lot of support throughout all my learning."

"I am doing well in this course so far, I have completed all the work from last semester without any issues. I like the independence that I get from doing it and I am keeping up to date with my school work"

"I enjoy the class and find my classmates and trainer very nice and helpful to work with. The first topic was a large cluster and required a lot of work, however, the future clusters are becoming more interesting and achievable."

"I love the independent working environment and the practical elements such as the simulator lessons."

"I love the physical side, theory, maths, environmental and social effects and benefits of plumbing. I am progressing to hopefully have an apprenticeship next year."

Gateway 2 Trades Semester 1, 2021

Cabra students have been undertaking a course at Thebarton Senior College that gives them a "taste" of a variety of trades. The Gateway 2 Trades course provides valuable preparation for Year 10 or 11 students contemplating future studies in any trade related area. In this one day per week course students will gain an appreciation of the range of trades that are available and for the wide variety of career options and tertiary study options that a trade can lead to. The course will assist students in building their knowledge base and developing work-ready skills in a simulated trade context.

Focus areas of study:

- Carpentry
- Plumbing
- Metal Machining
- Metal Fabrications



Thebarton
SENIOR COLLEGE



Student Experiences

Structured Work Placement

For a number of VET qualifications, students must complete a set number of hours to gain their qualification. This year, Cabra will have **over 40 students** complete a placement. This can often lead to offers of employment and gives students experience and skills in their chosen vocation.

Samantha Howick, Year 11, is enrolled in a **Certificate 1 in Construction with a plumbing focus**, and has completed some of her structured work placement. During the April school holidays Samantha was placed at **Frog Plumbing**, where she worked alongside other qualified plumbers. The owner of Frog Plumbing gave Samantha a **10/10** for her work and said she was *“Brilliant and will make an excellent plumber.”*

WELL DONE SAMANTHA!



Here, Samantha gives some insight into her VET studies.

“I’m a very active and hands on person so I always wanted to do something with my future that involved manual handling and physical work. Construction in general peaked my interest as it is a way to be physically creative and helpful. I was interested in plumbing in particular as I have grown up surrounded by family members who are plumbers and who own their own businesses, Frog Plumbing and Tadpole Plumbing.

I chose to enrol in a plumbing VET course while at school once a week so that I could trial and see if the construction industry was for me. So far I’m enjoying it and want to continue to pursue plumbing as a future career.

In the last week of Term 1 I did a week of domestic work experience with Frog Plumbing. During this time I dug a fair few trenches which was one of my favourite parts. In the trenches we placed rerouted copper piping to outside garden taps, cleaned out blockages and checked for breakages in PVC piping, using a drain camera and mechanical drain cleaner.

I thoroughly enjoyed the entire placement experience from the early days being in the van ready to go at 7am, digging by 8am to sitting down on break and talking to the clients. I felt very satisfied coming home after a day’s hard work knowing that I had helped to maintain clean, working, running water for my clients.

During the course of my VET at Unley High School I have been treated with the same amount of respect and capability as my fellow tradesmen male or female. It is a very inclusive and fair environment to learn in and gain experience in.

If you are interested in a future pathway that has an available VET course of any kind I would recommend putting in the time and effort to undergo the VET once a week. For me it has helped me to decide and finalise my ideas of becoming a plumber and It is definitely helpful to try something out while samples and tasters are available.”

Samantha Howick, 11U



School-Based Apprenticeship

Student **Owen Hodgson** is undertaking a school-based apprenticeship at **Broadway Meats**. Owen started the apprenticeship in Year 11, and works one week day, and the weekend in the business.

Owen says the opportunity has taught him how to work hard, customer service, and the beginnings of butchery. This has included making sausages, pies and schnitzels and the different cuts of meats.

Owner/Operator Dennis Wilks has been very supportive of Owen and said he felt the School Based Apprenticeship has worked well for his business and Owen. Dennis' advice for employers wanting to take on a School Based Apprentice is to consider the balance required for the students. It is important to remember they are still a school student and also have a life outside of school and work.

It is evident that Dennis' caring nature, and understanding has made this School Based Apprenticeship work. Owen has the option to go full time next year, once he has completed Year 12.

If you would like more information regarding a School Based Apprenticeship please visit: skills.sa.gov.au/



University Updates

Alternative Entry Using Year 11 Results

UNIVERSITY OF ADELAIDE

For the 2022 intake, the alternative entry pathway will be available to students at all South Australian schools, as well as to students at 10 schools in the Northern Territory, 13 regional schools in border communities in Victoria, and three schools in border communities in New South Wales.

The existing entry schemes via ATAR and Year 12 subject-based pathways will remain in place.

"Due to an overwhelmingly positive response from schools, parents and communities, we will extend our Year 11 Alternative Entry Pathway for students looking to study with us in 2022," says Professor Jennie Shaw, Interim Deputy Vice-Chancellor (Academic).

For more information about the Year 11 Alternative Entry Pathway, visit: adelaide.edu.au/yr11-entry-pathway

FLINDERS UNIVERSITY

Flinders University will once again be offering uniTEST to your current Year 12 students as an entry pathway for 2022.

Flinders University will decide early August, once Semester 1 University results have been reviewed, whether they will be offering a year 11 Alternative Entry pathway.

Flinders University will select applicants based on both their Year 12 results (60% weighting toward the ATAR selection rank) and uniTEST results (40%). Flinders will also consider applicants based on their uniTEST results (100%) as a standalone entry score (subject to SACE completion and any course pre-requisites or specific admissions requirements).

Cabra will administer the online delivery of uniTEST, under examination conditions. Date is to be confirmed. The test itself will take a maximum of 2.5 hours.

Understanding the UCAT- Medicine Pathway

Senior students who are interested in the UCAT pathway to medicine may like to attend the following event:

Guest Speaker: Zoe Taylor

Organisation: MedEntry

About MedEntry: MedEntry's staff are highly trained, dedicated professionals who share the same goal: to provide students with the highest quality medical entry preparation. Our lecturers are highly awarded specialist doctors and academics with expertise and experience in test development, measurement and analysis. They have excelled across their careers and each guided over 10,000 students into medicine over the past 20 years.

Who is this for: all Cabra students interested in UCAT preparation

Date: Tuesday 15th June

Time: 1.10pm-1.50pm

Location: OM001

If you would like to attend please send Marie Ellul an email mellul@cabra.catholic.edu.au

One on One appointments with Universities:

UniSA Tuesday 27th July

Flinders University Monday 26th July

University of Adelaide Tuesday 27th July

Cabra Year 12 students can book in for one on one appointments.

University Open Days

Flinders University

This year Flinders Open Days will be held on campus on **Friday 13 and Saturday 14 August 2021**

University of Adelaide

Online Wednesday 11 August 2021

On Campus Sunday 15 August 2021

University of SA

A range of different activities throughout August so you can explore your future study and career options the way you want to.



Career Spotlight with Matt Mulryan '09

OLD SCHOLAR MATT MULRYAN, '09, VISITED CABRA DURING FUTURES WEEK TO SPEAK TO YEAR 11S ABOUT THE CONSTRUCTION INDUSTRY.

Most people think the construction industry is simply tradies building things. In reality it is much more than that. The construction industry is one of the most diverse, rewarding and inclusive industries, offering many differing opportunities to pursue a successful career for not just men, but also a steadily growing percentage of women.

There are 4 main sectors within the construction industry

- ▶ **Residential** – houses, small scale apartments
- ▶ **Civil** - roads, bridges
- ▶ **Industrial** - factories, refineries, government infrastructure, shipbuilding
- ▶ **Commercial** – shopping centres, schools/universities, apartment buildings, hospitals, etc

These sectors further break down into streams with varying roles within.

- ▶ **Design** – architects, draftsmen, engineers, cost consultants, certifiers, government regulators
- ▶ **Project Administration** – project management, estimators, coordinators, office administrators
- ▶ **Construction** – site management/supervisors, trades/apprentices, machine operators, deliveries, labourers
- ▶ **QHSE** (quality, health, safety, environment) – site safety, compliance, and environmental officers, traffic management
- ▶ **Management and support** – executives, finance/accounts, human resources, IT department, receptionists, sales

My career in construction started during my time at Cabra participating in the VET programs that the school offers. I completed a Certificate 1 in building which gave me a taste of various trades in which I could pursue in the future. Once I left Cabra, I began an apprenticeship in Carpentry, building house frames, decks, pergolas etc. On completion of my apprenticeship, I

opted to return to study where I competed a Certificate 4 and Diploma in Advanced Building which allowed me to work as a building supervisor. I worked in the Residential sector for several years supervising the construction of multiple houses around Adelaide. From there I made the move to where I am today into the Commercial sector, working as part of the site management team on a new \$100m+ high school.

My story is just one of many pathways into the industry, university degrees such as Construction & Economics, Architecture or Civil/Structural Engineering are a perfect start for those that strive to work in Project Management. For those that want to work on the tools an apprenticeship is for you, there are lots of organizations that can help with these such as the MBA (Master Builders Association), HIA (housing), Tapps or Peer.

If you want to work in an industry where you are having fun and never feel like you are doing the same thing repeatedly, all while feeling the reward of seeing something that you have created come together, then the construction industry is for you.

Matt Mulryan - Class of 2009

Year 11 Futures Week



The program for Futures Week centred around three themes:

Wellbeing - Careers - Life Skills.

Students were addressed by several presenters providing food for thought around character strengths, resilience, empathy, and gratitude. A highlight of the week is always the Road Awareness Program (RAP), this is a powerful presentation by the Fire Brigade about the great responsibility that comes with a driver's licence. Students had the opportunity to attend several Industry presentations to gain insights into future pathways from Construction to Nursing, and Space to Creative Industries with most sectors being covered. Workshops provided opportunity to develop various life skills such as basic car maintenance, fitness, coffee making, conversation and self-defence.

Our week concluded with a trip to Flinders University and a chance to explore parts of the campus and lectures in the fields of Psychology, Allied Health, Design & Technology and Nutrition.

Paula Hensing, Teacher

Student reflections

"I enjoyed it. I got to learn many skills that would be handy in the future."

"Informative, refreshing, enjoyable"

"Futures Week was super helpful for me in deciding what pathway I want to take."

"Eye opening, exciting, enjoyable"

"I thought it was really good. I really enjoyed some of the activities like wheelchair basketball and the coffee making activity."



The Careers Department

www.thecareersdepartment.com

Cabra has invested in The Careers Department as we strive to inspire and empower our students, particularly Year 10s undertaking the PLP, to make informed career decisions. The message is clear: “if you can see it, you can be it” and this product showcases 800+ pieces of industry and course content that can show your child all of the options on offer to them post-high school.

The digital program is a touchpoint for our students to not only experience different industries, but to see these industries in action and to learn from their professionals.



What does the program involve?

Each student creates an individual account and has 24/7 access to www.thecareersdepartment.com.

This includes:

- ▶ Over 800 pieces of industry content
- ▶ including virtual tours, videos, podcasts, career timelines and more.

Content examples include, ‘How to get a job at a Big 4 accounting firm,’ ‘The truth about studying exercise science,’ ‘The job prospects for a future lawyer,’ ‘What to expect inside an engineering degree,’ ‘Site tour with a residential builder’.

- ▶ Virtual Work Experience program. Preview the modules [here](#).
- ▶ A job finder
- ▶ A resume builder
- ▶ Scholarship finder
- ▶ Profiling assessment
- ▶ Career goal tracking

If you would like more information regarding the Career Department please feel free to contact the Future Pathways Office.

National Careers Week 2021

Study Work Grow

National Careers Week ran from 17-23 of May this year, and there are a lot of great resources. Whether you’re just getting started in your career or are looking for a change, they have heaps of information sheets packed with tons of useful info.

careersweek.com.au/resources/

Making the big decisions – choosing subjects and courses

Going into Year 11 next year, or finishing school and wanting to study at TAFE or university? You’ve got some choices coming up soon – picking which subjects and courses you’d like to study.

It might seem a bit daunting, but don’t worry. National Careers Week has released a handy information sheet with some useful tips on how to pick the right subjects and courses for you.

They also included a post-school course selection checklist to help you make an informed choice.

Check it out here: [Making_the_big_decisions](#)

The Young Professionals podcast

The Young Professionals Podcast is an initiative created by ADAPT Careers to support young adults in their world of work exploration. TYPP was created so secondary school students, their parents, tertiary students and those considering a career change can learn from young professionals who have recently navigated the transition from education to the world of work. During the show, our co-hosts Luke and Sarge talk to young professionals about what they do in their day-to-day roles, how they got there and what they have learnt along the way.

<https://www.typp.com.au/>