



## Sun Protection Policy

### College Mission

Cabra Dominican College is a Catholic school in the Dominican tradition. It strives to provide an environment that nurtures and develops young people's unique gifts: liberating them in the search for truth, and empowering them to create a better world. Cabra Dominican College is committed to providing an environment in which all students feel welcomed, safe and valued.

### Context

Australia has the highest incidence of skin cancer in the world. At least 1 in every 2 Australians will be diagnosed with skin cancer in their lifetime. Given that staff and students spend time outdoors during their time at Cabra, they are strongly encouraged to protect themselves from the sun's harmful UV rays.

### Scope

This policy applies to all students, parents/caregivers and is supported by staff working within or for Cabra Dominican College.

### Policy Statement

Cabra Dominican College promotes sun safety, that reinforce sun smart attitudes and practices. Cabra:

- recognises the importance of providing adequate protection from the sun's harmful UV rays for the whole College community;
- is committed to providing information to educate the school community of the consequences of exposure to the sun;
- promotes the taking of personal responsibility for protection against the sun.

### Principles

The aims of the Cabra Dominican College Sun Protection Policy are to promote among students, staff and parents:

- positive attitudes towards skin protection;
- lifestyle practices which can help reduce the incidence of skin damage;
- personal responsibility for and decision making about skin protection;
- awareness of the importance of environmental conditions in schools to reduce the level of exposure to the sun.

### Responsibilities

Students will:

- wear the approved College cap when outside at recess and lunch times and when participating in Physical Education lessons/outdoor recreational activities and sports practice, during Terms 1 and 4 and as necessitated by the weather in Terms 2 and 3;
- wear a SPF 50+ broad spectrum water resistant sun screen;
- re-apply sunscreen as appropriate.

Parents/caregivers will:

- ensure their children wear a SPF 50+ broad spectrum water resistant sun screen on high risk days and on days when they have a scheduled outdoor activity;
- ensure their children are aware that it is their responsibility to seek out and re-apply sunscreen when necessary.

Staff will:

- ensure sunscreen is available for students to use during extended activities and on excursions and camps when necessary;
- remind students of their responsibilities regarding sun protection;
- seek shaded and covered areas for outdoor learning, when necessary and where practicable;
- wear hats which protect the face and neck, when outside for lunch and recess times and for outdoor learning and sports practice, during Terms 1 and 4 and as necessitated by the weather in Terms 2 and 3;
- wear a SPF 50+ broad spectrum water resistant sun screen.

Executive Leadership will:

- provide adequate shade in outdoor areas;
- on occasion, reschedule outdoor activities to those hours of the day when UV levels are at their lowest;
- cancel or reschedule organised outdoor school activities in extreme hot weather conditions.

**Related Documents and References**

- CESA Duty of Care Procedures
- Cabra Dominican College Student Handbook
- Cabra Dominican College Staff Handbook
- Further information can be found in the Catholic Church Safety Manual Document 12 – Version 1 “Skin Cancer Prevention Policy and Procedure”.
- Cancer Council Australia and Cancer Council South Australia’s website.

**Policy Title:** Sun Protection Policy  
**Ratified by Executive Leadership:** 2018  
**Policy due for review:** 2021