we pressed them on the issues of working towards more equitable funding for Catholic schools in South Australia and support for our decision to have secondary education commence in Year 7 in future years. We also reminded them of the dangers of using education reform as a political football, that usually results in unnecessary costs for families for minimal returns in educational outcomes for students.

The Smith-O'Grady Cup

This week a large contingent of our senior students travelled to Cardijn College in Noarlunga to represent the college in the first Intercollege sporting carnival of this new era. We have named the cup after Brother Walter Smith the founding Principal at Cardijn and Mr Seamus O’Grady the first lay Principal of Cabra who sponsored the original competition in 1985.

It was a terrific afternoon on Wednesday with teams competing in football, soccer, netball and basketball. While we only managed to win the basketball, the competition was very close across the other three sports.

I was delighted to see so many of our Year 12 students attend the carnival as enthusiastic spectators along with their younger peers, parents and staff. Each of the games were strongly contested with players and coaches from both colleges demonstrating great sportsmanship that augurs well for the long term success of the annual carnival. Thank you once again to our Sports Coordinator, Mr Joel Morizzi, and to everyone involved.

Time to review our progress

As we enter the last two weeks of Semester One we have been speaking to students about the importance of reviewing their performance and daily approach to study and life in a large community. With this in mind I commend the articles by Mrs Laube and Mrs Riekie that offer very useful suggestions for making the most of the second half of the year.

Brian Schumacher

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**Update from the Principal**

**Building Project**

After a couple of years of planning, lobbying for funding and gaining the necessary approvals, construction has finally commenced on a large scale refurbishment of four areas within the college. While the nature of this project means that there will be plenty of interruptions for all of us over the months ahead, the new facilities offer something for every student regardless of their age or learning interests.

The first stage of construction will bring online ten new classrooms in the St Catherine’s wing of our main building. I am especially pleased that this part of the project brings our oldest buildings back into the centre of student life here at Cabra. In so doing it extends the educational project started by our founding Sisters in the late nineteenth century well into the twenty first century.

**Meeting with the Minister**

Last Friday Catholic School Principals along with a number of our colleagues from independent schools and Catholic Education Office staff had the good fortune to host the Minister for Education, Mr Simon Birmingham, and the Shadow Minister, Ms Kate Ellis. Both of our special guests were given the opportunity to speak for about twenty minutes then respond to questions from the group.

Our guests were articulate, passionate about their respective political positions and they were well-informed about and interested in the key educational issues of concern to us in South Australia.

As you can imagine we made the most of the opportunity to speak directly to the senior politicians who have a significant role in shaping education policy. In particular, we pressed them on the issues of working towards more equitable funding for Catholic schools in South Australia and support for our decision to have secondary education commence in Year 7 in future years. We also reminded them of the dangers of using education reform as a political football, that usually results in unnecessary costs for families for minimal returns in educational outcomes for students.
If your child or children will be absent from school, parents and guardians are required to notify the college.

**Option 1:**
Call and leave a Voice Message:
Please note: You cannot speak with anyone; please leave a message with the following details:

- **Dial:** 8179 2477
- After the message tone, please leave the following information:
  - Child’s name
  - Home Class
  - Reason (Family, Illness, Holiday)
  - Your Name (Parent or Guardian)

**Option 2:**
Send a **TEXT** message:
Please note: You cannot speak with anyone; please **TEXT** the following details:

- **TEXT Message to:** 0427 767 937
- In the text message, please leave the following information:
  - Child’s name
  - Home Class
  - Reason (Family, Illness, Holiday)
  - Your Name (Parent or Guardian)

**CABRA OLD SCHOLARS**

**To Share Your Story or for Reunion Information**
Please contact: Helen Telford
**Email:** hteford@cabra.catholic.edu.au
**Telephone:** (08) 8179 2400
**STAY IN TOUCH**
Register online to stay in touch: www.cabra.catholic.edu.au/old-scholars

**COLLEGE REGISTRAR NOTICE**

**STUDENT CONTACT INFORMATION**
The college must be notified of any changes to students’ details i.e. address, emergency contact numbers, email address. Please advise the Registrar of any changes to personal information.

**APPLICATIONS FOR ENROLMENT**
Applications for enrolment (including siblings of existing students) can be downloaded from the college website www.cabra.catholic.edu.au/enrolment or contact the Registrar for more information.

**ABSENT FROM SCHOOL? PLEASE NOTIFY US...**

**Changes to volunteer police checks**
The Catholic Church in SA has recently foreshadowed changes to some of the arrangements relating to police checks for volunteers. These changes are consistent with moves across South Australia to align the volunteer police checking process more closely with recommendations arising from the Royal Commission into Institutional Responses to Child Sexual Abuse.

- The provision of a convenient wallet-sized clearance card as distinct from a clearance letter
- No requirement for children under 18 years of age to hold a check
- The opportunity for volunteers to volunteer on 7 occasions per year without the requirement for a police check (where the volunteering does not include excursions or overnight stays)
- A streamlined and simpler application process
- The provision of a convenient wallet-sized clearance card as distinct from a clearance letter

If you have any questions or require further information with regards to police checks as a volunteer, please contact either Carol Clifford or Amber Booth via email: cclifford@cabra.catholic.edu.au or abooth@cabra.catholic.edu.au

**UNIFORMS – JS SPORTS**

For all new and second hand uniform enquiries please contact Mara: **Email:** mara@jsports.com.au

**JS Sports** – Shop 3/378 Goodwood Road, Cumberland Park (Entry from Little Street). Please note: JS XPRESS is not owned or operated by Cabra Dominican College.

**Purchases and Payments**
- **Click Here** for Information, Links and Help Guide
- An Information Guide, Hints and Tips on using Qkr! on a mobile device or online via your computer is available on the Cabra website. Click the link above to visit the web page and learn how to set up and use Qkr!

**UNIFORMS – JS SPORTS**

For all new and second hand uniform enquiries please contact Mara: **Email:** mara@jsports.com.au

**JS Sports** – Shop 3/378 Goodwood Road, Cumberland Park (Entry from Little Street). Please note: JS XPRESS is not owned or operated by Cabra Dominican College.

**Opening Hours**
- Monday, Wednesday, Friday 8.30am to 4.30pm
- Thursday 1pm - 6pm
- Saturday 8.30am - 11.30am
- Closed between 12.30 - 1pm on Monday, Wednesday, Friday
Student Wellbeing Report

Habits that Support Success and Promote Connectedness.

At Cabra we aim to ensure our structures and guidelines enable students to develop habits that support success, enhance their sense of belonging and personal and collective responsibility.

It is not uncommon at this time; when winter is on us, report time looms and the freshness of a new year has worn off; that these ‘good habits’ can sometimes get lost or are challenging to practice. I would like to draw your attention to three habits that can have a significant positive impact;

1. Attendance and Punctuality: Being present enables students to access the support and expertise of their teachers, whilst offering opportunities for collaboration. At a recent professional development session I attended, a school compared their ‘students’ results’ to their ‘attendance record’. Not surprisingly, students who achieved results in the top 10% had the strongest attendance records.

2. Organisation: Regardless of what year level, students will be given assignment work or a task that extends over a period of time. As teachers, we try to help students plan their time and often scaffold a task, to help them develop the skills to manage a project. It is important that students plan their time well in order to manage the demands from each subject. Often a ‘little each day’ has a significant impact on their progress with an assignment and their overall wellbeing.

3. Balance: Students need to ensure that they maintain a balance in their lives. Whilst their study is a large part of their lives, they need to make time in their lives for family, friends, relaxation, laughter and fitness. A regular meal time, walk with the dog, or a seemingly insignificant family ritual often enables a student to be their best selves when they are studying.

This week at the Year 6-9 Assembly, we had celebrated and acknowledged a variety of student achievements and contributions. Congratulations to;

- Year 9 Leaders who represented Cabra well at a recent Leadership Forum.
- Year 6s, Keira, Alannah, Keyan, Ella, Eliza, James and Samuel, who shared their Botanic Garden Poems with us.
- Jaide and Eda, from Year 6, who have led their own fundraising initiative for the Vinnies Winter Appeal
- Award winners for the “Design a Library in Minecraft” Competition
- Primary athletic carnival winners
- Music students who are members of the Cabra Chorus and Festival Choir. Their performance was exceptional!
Teaching and Learning Update

Year 10 and 11 students recently completed their mid-year exams. Students are to be congratulated for their exemplary commitment and determination. Exams can often cause a flurry of emotions and some may even experience fear when they complete their first exam. Not surprisingly, many of the students who I spoke to as they walked out of the exam hall said that the exams weren’t nearly as bad as they had imagined. Our job as parents and educators is to help alleviate these fears and help your son/daughter to recognise that learning is about accepting challenges. There will be times when your son or daughter expresses concern about work expectations or uncertainty as they learn new concepts but these are completely natural feelings to have when we learn new information. It is our role as the adults in their lives, to provide strategies to help them work through this period of growth. As they receive feedback on their exams, it is important to pay attention to more than the grade. Students can ask themselves what they learnt, what they would do differently next time and how can they still improve.

Subject selections for 2017 are coming up early next term so it will be good to identify their strengths and preferred ways to demonstrate their level of understanding. More information about key dates for selection will be provided to families before the end of term.

Science: 2016 Titration Stakes

Year 12 Chemistry students participated in the Titration Stakes competition. Students had to perform a number of analytical chemistry techniques to identify the concentration of an unknown solution of oxalic acid. Teams that are successful go on to compete at the State Finals where they might also be invited to the National Finals later this year.

Ms Lara Lang, Science Coordinator

Cyber Safety Seminar

FREE PARENT INFORMATION EVENING with guest speaker Susan McLean Thursday 30 June 7.00pm – 8.30pm BOOKINGS ARE REQUIRED TICKETS ARE FREE BOOK HERE
Dominican Walking Staff

During an Assembly on Wednesday 25 May, Cabra received the symbolic Walking Staff of St Dominic from representatives of St Mary's College. As part of the 800 Years of the Dominican Order celebrations, Australian schools are enacting a touring symbolic action. The St Dominic’s walking stick and journal are travelling around Australia to link the Australian schools in their awareness of this significant occasion. It also links beautifully with our celebrations of 130 years of education.

Mrs Selby’s Year 8 Excursion

Humanities, Arts and Social Science

Thursday Week 5, Mrs Selby’s Year 8 HASS class went to Port Noarlunga for our studies on Coastal Processes. During the day we looked at different topics including erosion, deposition, waves and weathering. The weather was perfect to see all these processes in action and made it a really fun day!

Maddi B (8G)

Year 12 Integrated Learning – Food Studies

Students researched, trialed and analysed a variety of pies from Gibbs, Balfour’s, Villi’s, Mrs Macs and Nanna’s bakeries. Using marking criteria provided by a professional pie judge, pies were critiqued on; different types of pastry—amount, flakiness and the taste of the filling in each pie. Under the guidance of April Lewis-Christie, (pre-service teacher) students made their own puff pastry and short crust pastry to determine the difference between commercial and homemade.

With this new knowledge, students created their own pie and entered the annual Cabra Dominican College Pie Challenge. Cabra staff were invited to judge each pie according to different criteria’s. Students used this information to reflect on their learning.
**Week 6 Update**

On Sunday 5th June, St Therese Church was the venue for our small ensembles Winter Chamber Concert. For many students it was their first performance opportunity and it was wonderful for students to have supportive family and friends to hear the music they have been learning this year. There was a variety of ensembles which played arrangements ranging from well-known classics of Beethoven, Mozart and Brahms to more contemporary pieces finishing with the combined choir's rendition of the popular One Call Away. Thank you to the ensemble directors and ensemble leaders for the time you take to nurture our budding musicians. Donations for the event raised over $200 for St Vinnie’s Winter appeal.

**Student success**

Emily A (9B) recently completed her Grade 7 AMEB cello exam and received Honours A+. Congratulations on this outstanding achievement. Upcoming music events, ensemble rehearsals and scheduled instrumental tutoring are visible to students in their SEQTA timetables. Communication about specific music events will be emailed directly to students/parents/caregivers. If you have any questions in regards to these please contact our music administrator Sarah Heaslip using the details below.

**Music Enquiries:**

Telephone: 8179 2406 or 
Email: sheaslip@cabra.catholic.edu.au
**Sport News**

**Week 6 Update**

Another week down and loads more Knockout Sport/Weekend Sport completed! Bad luck to our Primary Knockout netball girls who fought hard in miserable conditions last week, The Primary KO Footballers also went down in overtime. Well done to the Primary KO Soccer Team and the Year 8/9 KO Soccer team who will both move through to the next round after wins last week. Well done to all primary students who competed in the wet and cold on Monday at the SACPSSA Athletics Carnival with great results and a fantastic effort from all. For full report please refer to the Sport Newsletter.

The College was very excited this week to be involved in an Intercol Sporting event with Cardijn College. Football, Basketball, Soccer and Netball were all represented. A full report will be available in next week’s Sport Newsletter.

Hopefully everyone has enjoyed having a small break from training this week and we wish all families a very enjoyable long weekend with time to relax and refresh!

Weekly Fixtures/Maps can be found on the Sport Portal—login here: Parents: [CONEQT.P](#) or Students: [CONEQT.S](#)

**Professional Sport Photos**

Summer Team sports photos are now available to purchase online. Log onto [academyphoto.com.au](http://academyphoto.com.au) and use the following shoot key to view and purchase photos – WUEHUMV3. Photos ordered before Sunday 12th June will be sent in a bulk to the College. After this date photos will remain online, postage will apply and photos will be send directly to family’s nominated address.

**Sport Photos/News**

The Sport Office LOVES receiving photos from Cabra team’s weekend games and hearing about news of students’ success in outside school sports. Please email any pictures and news through to [jhealy@cabra.catholic.edu.au](mailto:jhealy@cabra.catholic.edu.au)

**Congratulations!**

Congratulations to the following students who have been selected to play for their zone (City South) in various State Teams.

- **Mia D** (7B) - Hockey
- **Christian K** (6B), **Thomas S** (6G) - Soccer
- **Lily D-C** (7G), **Anastasia W** (6B) - Girls’ Soccer.

State Carnivals will be played at the end of June. Good luck to all!

**International Cadet Dinghies**

Dinghies are a popular youth class sailed all around the world and Isobel R (11W) has competed at state, national and international level – well done Issy.

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**2016 Principal’s Tours**

Thursday 7th July (Term 2)
Tuesday 16th and Thursday 18th August (Term 3)
Thursday 20th October (Term 4)

Tours commence at 9:15am

Please register your attendance on 8179 2400.

Applications for Enrolment in Year 6 and Year 8 in 2018, close on Monday 16th May 2016 (including siblings of existing students)

Enrolment interviews for the 2018 intake will be held 20th-24th June 2016

Enrolment packs are available from our front office, or contact Amber Booth, Cabra Dominican College Registrar

[abo Booth@cabra.catholic.edu.au](mailto:abo Booth@cabra.catholic.edu.au) or [8179 2451](tel:81792451)

Cabra is a Catholic co-educational College for students from Years 6 to 12

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**Kid’s Buy, Sell & Swap Meet**

Saturday July 23rd, 10am—1pm

St Martin de Porres School Hall, Berrima Road, Sheidow Park

- Rent a trestle for $10
- Set up at 9:30am
- Sell or swap pre-loved toys, games, books, swap cards etc
- Free entry to buyers!
- Refreshments available

Enquires to: Helen on 0419 803 281 or Rae on 0421 377 555

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**COMMUNITY NOTICE**

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A parent or guardian must accompany all sellers and must sign this application.
I authorise my child to rent a trestle at the Kid’s Swap Meet on 23 Jul 2016.

Child’s Name: ________________________________________________________

Contact Phone Number ________________________________________________

Signature of Parent or Guardian _________________________________________

Please Print Name ____________________________________________________

Send application to: Rae Campell, 5 Kahan Court, Trott Park, 5158
**COMMUNITY NEWS**

**SCHOOL DENTAL SERVICE**
The School Dental Service is a Child Dental Benefits Schedule provider. Dental care is free for most teenagers.

**SOUTH AUSTRALIAN ROAD USERS**
TALKIN ROAD SAFETY NEWSLETTER
Issue 1, May 2016 is available HERE
The edition discusses:
- How do people choose the speed of their motor vehicle?
- SA becomes the first Australian Jurisdiction to allow on-road driverless car trials.
- Hover boards in South Australia.
If you would like any further information about this newsletter please contact Senior Sergeant Paul Warren of the SAPOL Road Safety Section on telephone 82076587.

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**EMMAUS CATHOLIC PARISH MASS TIMES**

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<th>ST THERESE</th>
<th>HOLY CROSS</th>
<th>OUR LADY OF DOLORES</th>
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<tr>
<td>Monday</td>
<td>9am Prayer with the school</td>
<td>9am Mass</td>
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<td>Tuesday</td>
<td>10.30am Repat. Hospital Chapel</td>
<td>No Mass</td>
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<td>Wednesday</td>
<td>9am Mass</td>
<td>6.30pm Vigil Mass</td>
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<td>Thursday</td>
<td>9.15am Liturgy of the Word with holy Communion</td>
<td>6pm Vigil Mass</td>
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<td>Friday</td>
<td>9am Mass</td>
<td>10am</td>
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<td>Saturday</td>
<td>9am (prayer of the church)</td>
<td>9.30am</td>
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<tr>
<td>Sunday</td>
<td>8.30am</td>
<td>10am</td>
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**ST THERESE, COLONEL LIGHT GARDENS**
Oxford Circus, Colonel Light Gardens SA 5041

**OUR LADY OF DOLORES, KINGSWOOD**
Cambridge Terrace, Kingswood SA 5062

**HOLY CROSS, GOODWOOD**
Goodwood Rd, Goodwood SA 5034

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**THE SOUTHERN CROSS NEWSPAPER**

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**100 Year Celebration Dinner**

**When:** Saturday 27 August 2016

**Where:** Parish Activity Centre, St Teresa’s School

**Time:** 6.30pm for a 7pm start  
*School Tour starting at 6pm sharp*

**Cost:** $50pp  
(Includes a 2 course roast meal and nibbles on arrival, a take home gift pack containing a commemorative bottle of wine, wine glass and cookbook.)

*Wine, beer and soft drinks available to purchase on the night.*

*Bookings are essential by tables or seats, only 100 tickets available.*

*Book early to avoid missing out!*