The richness of life at Cabra

Principal's Address

There has been a great deal of attention given to the Australian education systems or the funding of them at least, in the last week. The Gonski Review as it is known is some 315 pages in length and contains forty one recommendations for school funding into the future. In the context of a complicated and hotly debated area of public policy, Mr Gonski and his team of reviewers are to be commended, in my view, for providing us with such a comprehensive analysis of the important issue of school funding in Australia.

Lent

Certainly the high point of our community life in these last two weeks was our opening school mass where students, staff, parents, Sisters, old scholars and friends of the College took time out to give thanks for the blessings that we enjoy and to pray for the year ahead.

On behalf of the community at Cabra, I express our sincere thanks to Fr Charles Gauci who celebrated the mass and to our RECs and the many people who worked tirelessly with them to provide us with a beautiful opportunity to sit together with our God.

Above: Brian Schumacher, Cabra Principal addressing staff in 2012

Above: Thank you to Fr Charles Gauci for celebrating mass with our Cabra students.
PRINCIPAL’S ADDRESS

...continued from page 1

A significant part of the richness of life at Cabra is our immersion in the life of the Church. A Church that has its own calendar and seasons where there is a time for everything and everyone. This week, Ash Wednesday signals the start of Lent for 2012. Over the next six weeks we are invited to step outside the ordinary, busy aspects of our lives and reflect on the ultimate mystery of Christ’s death and resurrection.

Each Lent, Caritas Australia adopts a particular theme for Project Compassion to help us focus on practical ways in which we can share the Good News of the resurrection by supporting those in need. In their forty seventh year of operation, this Catholic organization with its origins here in Adelaide brings thousands of Australians in solidarity with the world’s poor.

In 2012 their Project Compassion campaign carries a simple, yet insightful message: “If you want Peace, work for Justice.” – Pope Paul V1. This message of hope remains with us, as powerful as ever.

During Lent our young people will be invited to engage in this time of preparation through class and year level prayers and activities.

I encourage you to talk to them about these experiences and to give some thought to what you might do as a family to prepare for Easter 2012.

More information on Project Compassion 2012 and the work of Caritas is available through the following internet link – www.caritas.org.au

Global Understanding

Along with our own personal learning, occasionally we are provided an opportunity to participate in broader research projects that have much wider significance. In the next few months our students will be involved in three such projects; the next round of PISA testing (Program of International Student Assessment); a survey that will assist in the development of a better instrument for diagnosing mental health concerns in young people and thirdly a local project examining healthy eating and lifestyle choices for adolescents.

Each project has the potential to improve the care and education of all young Australians including Cabra students. Participating in this research is a great way to raise awareness of important topics confronting us as a society while providing students a greater appreciation of the important role of researchers and their work in helping us to build a better world.

Best wishes for the two weeks ahead as we commence our Lenten journey towards the mystery of Easter.

Brian Schumacher

MIDDLE SCHOOL NEWS

The first term is flying by with a range of learning opportunities both within and outside the classroom. We have firm beliefs that our students have much to gain by fully immersing themselves in their life at Cabra.

In addition to the many well structured, innovative unit plans the teachers have planned for the school term, we also have many opportunities for students to further develop their skills in a wide range of activities.

We have already shared our Whole School Welcoming Eucharist as a beautiful celebration for our entire College community to begin the school year. The Middle School Leaders camp, Year 8 O Mara cup and Dominican days provided another avenue to learn more about themselves, their peers and our history. The Year 6’s will be celebrating their Connections day at the end of the week. Our summer sports team have begun their season, the musicians are preparing for their trip to the USA in 3 weeks and we have begun planning for our Community Living Week that is scheduled for Week 10 of this term.

Amongst the plethora of these choices, it is sometimes easy to forget the main aims of Community Living Week, which include forging and continuing positive relationships, challenging oneself through taking positive risks out of a student’s comfort zone, and, above everything, to have fun. It is through these experiences that we learn a lot about ourselves and each other. It is also through

trying, not succeeding, and then resetting our goals and trying again that we learn a great deal more about life. This can apply to a variety of future situations, such as sport, subject selections and academic achievements, all of which relate to the emotional resilience of young adolescents.

Community living week provides the students with a chance to enjoy themselves with a group of people with whom they will work closely over the next few years and meet some who may be from a different year level. When you receive the booklet that outlines the many CLW activities available, please take the time to talk through the various options with your child and remind them that they submit preferences. There will be students who are unable to get their first preference but the application sheet has allowed us to construct groups based on some of their interests. Whilst there may be some disappointment at not getting their first choice, we need to remember that these skills of resilience and persistence will be applied to life beyond the College. There are many unexpected new talents, passions and skills learnt in this process and we look forward to sharing this journey with your children.

Many of the students are in the midst of their first lengthy investigation or completing summative tests on the work that they have been covering. Use the feedback provided to talk to your child about their study skills, areas to improve upon and what they do differently next time. Teenagers respond to conversations much more positively when we can review what has occurred and make new plans for further improvement. Our teachers use a range of assessment tools, interactive resources and evidence of learning to review each child’s progress. As always, please make contact with their homeroom teacher or subject teacher if there are any concerns so that we can work together to plan strategically and improve outcomes.

Above: Students celebrate the beginning of Lent.

2012 Middle School Leaders

Captains
Grace Smallacombe
Charlie Parker

Vice Captains
Harrison Telford
Bridgette Syrus

Leaders
Georgia Cooper
Jana Fuss
Saraid Kustermann

Brittany Smith
Shae Lamont
Keith Merkel
Sam Donnelly
Anthony Asimakopoulos
Patrick Royle
Benjamin Barrett

Sport Captains
Rhys O’Brien
Georgina Sawyer

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Above: Students celebrate the beginning of Lent.
Above: Laura and Katie drawing a Map of the school in aboriginal symbols for Studies of Social Environment (SOSE).

Above: (Top to bottom, left to right): James, Nicholas, Jack and Matthew | Olivia and Tayer heading to class | Isabelle and Ms Jones | Georgia, Julia and Taylor | Harrison, Nick and Brayden | David and Will having some ‘thumbs up’ fun.

Above Top to Bottom, Left to right: Annie and Molly | Mr Zandona and Chelsea get ready for O Mara cup day | Ms Leaders 2012 | Trust in our group activities on the MS leaders camp | Sam, Keith, Charlie and Harry workshop new ideas at the MS Leaders camp | Planning our goals at the MS Leaders camp | Team building games at the Leaders camp | Team work and trust at the MS Leaders camp | Year 8 boys learning about CabrA Dominican history | Teaching new skills at the MS leaders camp.
Kyoto Bunkyo Students

During the week the Kyoto Bunkyo High School students took time out to spend some quality time with their Year 10 Student Leader as buddies.

Buddies have been assigned to the students to assist them with their transition into the College. Students spent an afternoon at Glenelg on Tuesday with their buddies. The afternoon provided the students with the opportunity to get to know the Year 10 Leaders in a relaxed atmosphere while also enjoying the sites of Adelaide.

Reflections from our College Captains:

Written by: Claire McKenzie

I have been at Cabra Dominican College for 4 years after arriving in Year 8. I was placed in a class with students I didn’t know which was initially very challenging. I was also confronted by the size of the school.

With the guiding support of the teachers and the students that had been at Cabra for some time I quickly became familiar with different people and the College facilities. The things I like about Cabra are the relationships between the teachers and students, the way that new students are accepted into the College and the friendly manner of the students.

My vision for the role as College Captain is to work with the Senior School Council to make improvements around the College and establish a strong sense of community amongst all the students, staff and parents.

Written by: Thomas Cusack

I commenced my education at Cabra as a Year 8 student. I was one of four to come from my primary school and on my first day I was totally petrified. I remember glancing up at the class list on my Home Class window and feeling even more scared because my three closest friends were put into 8 Rust and I was alone in 8 Yellow.

Although I was the only one from my primary school in 8 Yellow I felt as though everyone accepted me from the moment they met me, I felt settled within a week and knew that I was going to enjoy the rest of my schooling life at the College. Ever since that first day I have really liked the way the College involves the students and the way we all get along. We all have our own personal obstacles to overcome, however, knowing I can come to school and spend the day with my closest friends and enjoy my education is something I value a great deal.

The thing I like most about Cabra is its diversity. We have a very well-known ‘Music Department’ at the College and the talent produced from it is incredible. We are also privileged enough to have a fantastic sport programme which caters for a wide variety of interests. The teachers at Cabra are very accommodating and supportive of the individual needs of the student.

As College Captain this year, I am looking forward to working with the student body and teachers so we can help Cabra reach its full potential as a College. I am excited about the fund-raising opportunities we have this year; we hope to raise as much money as possible for a variety of charities and organisations.

I think this year is going to be very exciting and I can’t wait for it all to get underway.

Merit Award

Congratulations to Kate Hofmeyr (Year 11) for achieving a Merit in her external studies in 2011. Kate received a perfect score for her Workplace Practices subject – undertaken in addition to her academic commitments here at Cabra and on top of her extensive training schedule associated with her swimming.

Our Musical Talent

Congratulations to Vincent Neagle (Year 12) for his outstanding achievements in music. Vincent has excelled at his passion of playing the piano by achieving a Distinction for his recent Grade 6 The Australian Music Examinations Board’s Music Recital.

Vincent’s younger brother Anthony, who is a Year 9 student at the College also needs to be acknowledged and congratulated for achieving a High Distinction for his Grade 3 The Australian Music Examinations Board’s Theoretical Studies.

We would also like to wish Arielle Stavropolos (Year 12) the very best of luck in the pursuit of her passion which is to establish her singing career on the National stage. Arielle will be involved in the ‘Australia’s Got Talent’ auditions over the coming weeks.

Working ‘Together in Partnership’

It is crucial for teachers, students and parents/carers to work together in close partnership with the goal of each individual student reaching their full potential during their Senior years of education here at the College.

Please feel free to contact the College if you have any concerns in relation to the academic progress of your son/daughter or if you would like to discuss any other issues which would assist the teachers in supporting them.

What Enables young people to flourish?

The following excerpt is taken from Michael Carr-Gregg’s book called Surviving Adolescence.

Psychologists over the years have looked at young people from disadvantaged backgrounds and found that resilient young people share five key traits. These include:

- Having an adult mentor or role model in their lives
- Having something they’re good at
- Having emotional intelligence
- Having a sense of meaning in their lives
- Positive self-talk and a willingness to persevere

Michael Carr-Gregg has an extensive amount of resources available on his website that can assist parents and caregivers with their child’s journey through adolescence:


School Uniform

Thank you for your support in ensuring your child is wearing the summer uniform correctly and appropriately. This is a way that students signify that they are proud to be a part of the Cabra community and are respectful of its traditions and culture. They are reminded that boys should be wearing short sleeved shirts and skirts for girls should cover the knees. A reminder that students are not allowed to wear their College jumper as the main outer garment to and from school. Uniforms are currently being checked across the College. Parents/guardians will then have the opportunity to purchase or alter any items of clothing requiring attention.

Senior School Lockers

All students in the Senior School have been allocated lockers in the Aquinas Building. It is the responsibility of each student to ensure they have a lock on their lockers. Students are also reminded not to bring valuables to school. Please keep these at home.

Mark Le Messurier

Parent Information Evening, Aquinas Building 29th February 7.00 – 8.30pm

As detailed in the letter home to parents of Senior School students, we are fortunate to have Mark Le Messurier presenting a session based on ‘Setting kids up for SUCCESS series; practical ideas to build children’s emotional resilience’. This will be held in Aquinas Building, Wine, tea and coffee along with light finger food will be available on the evening. Please contact the College on 8179 400 if you would like to attend the evening.

Retreat – Year 12s

The Retreat for all of the Year 12 students will be held from Monday 2nd of April to Thursday 5th April. A number of different camp sites have already been booked for the Retreats. (Please make a note of the above Retreat dates in your diaries. Our first Newsletter for the year incorrectly stated that the Retreats commenced on Tuesday the 3rd of April).
The beginning of week 4 and the music department is in full swing. Instrumental lessons have settled into a routine for most continuing students. Currently we have 112 students learning a variety of instruments; voice, acoustic, electric and bass guitar, violin, trumpet, trombone, drums, saxophone, clarinet, flute and piano. We would love to see more students learning a brass, string or wind instrument. Do contact us if you are interested. There are no longer any vacancies for drum students but I am keeping a waiting list for term 2, as Rob Boundy will have more time available.

There are some new voice and instrument students who are enrolled in the music program but whose lessons have not yet been arranged. Please do not think you have been forgotten – it will happen very soon!

Should there be any member of the school community who wishes to learn an instrument (not just those listed above), please come to the music office and we will endeavour to accommodate your requests.

Ensemble rehearsals are now happening on a regular basis and the schedule is below.

**UPCOMING MUSIC EVENTS**

- **February 29**  
  Colonel Light Gardens Senior Citizens USA singers and drummers (Cabra), 12.30pm – 2.15pm

- **March 11**  
  WOMADelaide Parade: Junior & Senior Drum Corps

- **March 16**  
  Cabra USA singers, drummers and band depart

- **March 25**  
  St Bernadette’s Fete, Wire Choir, 11am – 12.30pm

Cabra Friends Of Music (CFOM) is a group of parents who support the music faculty in many ways. They are a small, dedicated committee with whom it is a joy to work. The Cabra Friends Of Music (CFOM) on Thursday March 22 at 7pm in the boardroom. All new and first meeting for 2012.

Ensemble and Instrumental Administrator

**ENGLISH REHEARSAL SCHEDULE**

<table>
<thead>
<tr>
<th>ENSEMBLE</th>
<th>DIRECTOR</th>
<th>DAY</th>
<th>TIME</th>
<th>ROOM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wire Choir</td>
<td>Tim Hogan</td>
<td>Monday</td>
<td>1.10 – 1.55</td>
<td>Band room</td>
</tr>
<tr>
<td>Flute Ensemble</td>
<td>Angela Welsh</td>
<td>Monday</td>
<td>1.15 - 1.45</td>
<td>Choir room</td>
</tr>
<tr>
<td>Stage Band</td>
<td>Russell Burton</td>
<td>Monday</td>
<td>3.30 – 5.00</td>
<td>Band room</td>
</tr>
<tr>
<td>Cabra Chorus</td>
<td>Suz Burton</td>
<td>Monday</td>
<td>3.30 – 4.30</td>
<td>Choir room</td>
</tr>
<tr>
<td>Combined Drum Corps</td>
<td>Rob Boundy</td>
<td>Tuesday</td>
<td>1.10 – 1.55</td>
<td>Band room</td>
</tr>
<tr>
<td>Liturgy Support (formerly Kylie)</td>
<td>Gemma Roberts</td>
<td>Tuesday</td>
<td>1.10 – 1.50</td>
<td>Choir room</td>
</tr>
<tr>
<td>Senior Drum Corps</td>
<td>Rob Boundy</td>
<td>Tuesday</td>
<td>3.30 – 4.30</td>
<td>Prac room</td>
</tr>
<tr>
<td>Concert Choir</td>
<td>Suz Burton</td>
<td>Tuesday</td>
<td>3.45 – 5.15</td>
<td>Band room</td>
</tr>
<tr>
<td>Concert Band</td>
<td>Russell Burton</td>
<td>Wednesday</td>
<td>8.00 - 8.45 &amp; 11.15 – 1.55</td>
<td>Band room</td>
</tr>
<tr>
<td>Acoustic Guitar Ensemble</td>
<td>Lincoln Brady</td>
<td>Wednesday</td>
<td>10.30 – 10.55</td>
<td>Room 5</td>
</tr>
<tr>
<td>Developmental Drum Corps*</td>
<td>Rob Boundy</td>
<td>Wednesday</td>
<td>1.10 – 1.55</td>
<td>Prac room</td>
</tr>
<tr>
<td>Large Vocal Jazz Group</td>
<td>Suz Burton</td>
<td>Wednesday</td>
<td>3.00 – 4.30</td>
<td>Band room</td>
</tr>
<tr>
<td>USA Jazz Band</td>
<td>Russell Burton</td>
<td>Wednesday</td>
<td>2.45 – 5.30</td>
<td>Prac room</td>
</tr>
<tr>
<td>Revelation</td>
<td>Suz Burton</td>
<td>Wednesday</td>
<td>4.30 – 5.30</td>
<td>Choir room</td>
</tr>
<tr>
<td>Festival Choir</td>
<td>Suz Burton</td>
<td>Thursday</td>
<td>8.00 – 8.45</td>
<td>Choir room</td>
</tr>
<tr>
<td>Rock Band</td>
<td>Ian Blake</td>
<td>Thursday</td>
<td>1.15 – 1.55</td>
<td>Band room</td>
</tr>
<tr>
<td>String Ensemble</td>
<td>Fiona Major</td>
<td>Thursday</td>
<td>1.15 – 1.55</td>
<td>Choir room</td>
</tr>
<tr>
<td>Cabra Community Orchestra*</td>
<td>Fiona Major</td>
<td>Thursday</td>
<td>4.00 – 5.00</td>
<td>Band room</td>
</tr>
</tbody>
</table>

**SCHOOLS MATHEMATICS COMPETITION**

**For students in Year 6 to 13**

- **Date:** Tuesday 20th March.
- **Cost:** $3 per student
- **Payment:** Must be made at the Book Room no later than 29th Feb.
- **Students who like to solve challenging mathematics questions are invited to enter. Calculators may be used. There are four categories.**
  - **Primary** – Year 6, 7 (1 hr)
  - **Junior Paper** – Year 8 (1.5 hrs)
  - **Intermediate** – Year 9, 10 (1.5 hrs)
  - **Senior Paper** – Year 11, 12 (1.5 hrs)

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**CABRA COMMUNITY ORCHESTRA**

**Join us in the creation of a new Community Orchestra**

Today in Adelaide there is a distinct lack of Orchestral opportunities for young musicians. At Cabra Dominican College we are very pleased to be able to offer young musicians the opportunity to join our Cabra Community Orchestra.

Our music staff are dedicated to offering every student the opportunity to learn an instrument and participate in ensembles. There are many concerts and opportunities to perform throughout the year.

Fiona Major, one of Adelaide’s leading string teachers, will be directing the Orchestra. Fiona’s passion for music education has led to her recent nomination for Young South Australian of the Year – Community Service. Her students regularly perform at community events.

The Cabra Community Orchestra will be taking applications from new members in strings, brass, woodwind and percussion.

**Age Range**

- Students aged 12 – 18

**Level of Experience**

- **Strings** – Approximately grade 2 and above
- **Shifting and vibrato are an advantage**
- **Brass** – Approximately grade 3 and above
- **Woodwind** – Approximately grade 3 and above
- **Percussion** – Approximately grade 3 and above

**Rehearsals**

- Thursday 4 to 5pm at Cabra College

**Cost**

- Annual Membership Fee: $50

For more information please contact –

- Gemma Roberts
  - 8179 2405
- Di Brown
  - 8179 2406
- Fiona Major
  - 0410 646 144

Cabra Dominican College
225 Cross Road
Cumberland Park SA
5041, South Australia

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**MUSIC NEWS**

*Written by: Diane Brown  
Ensemble and Instrumental Administrator*
Middle School Library

Written By: Miss SB & Mrs Mills

It’s been a great start to the Middle School Library year. We have been run off our feet with borrowing, book talks and keeping up to date with cataloguing our new resources. The books are going out quicker than we can cover them! Students have been very helpful providing us with many suggestions about the books they would like to see in the library, particularly the year 6 and 7’s.

This year we are introducing Scholastic Book Club to the Middle years. Those familiar with Bookclub from Primary school will know they offer great books at reduced prices.

Book Fair in June

We have scheduled a Book Fair for June this year where students and family can come in, select and take home books or even donate their favourite one to the library!

Middle School Library Survey

Please fill in our Middle School Library survey to have your say on what is good about our library, what we could do better or what you would like to see. This interactive site also supplies information about book reviews, which books to read next and all the latest news in book world.

Visit: www.cabramslibrary.wordpress.com

Get Caught Reading Competition

Thank you to everyone that sent in entries for our ‘Get caught reading’ competition. Congratulations to the year 6’s who came in at the end of this competition but who rose to the challenge and submitted clever and innovative ideas. It will be tough for the School Leaders to choose a winner. Winners will be announced in the next newsletter.

Senior School Library

I can only echo the report from the Middle School Library above. We have been incredibly busy here too, selecting, ordering, processing and cataloguing books which just fly off the shelves. This has been a fantastic start to my time here at Cabra and to the 2012 Year of Reading.

Keep it up!

Senior library staff have been heavily involved in helping the Year 12 Research Project students as they try to get the best resources for their project.

The new student email arrangements have proved invaluable for us in communicating directly with students about their information needs.

CABRA LIBRARIES UPDATE

SPORTS NEWS

Term 1 Revised Training Times

Basketball

Primary Coordinator: Mr Rob Jarrad (8179 2434)
Girls Coordinator: Mr Joel Morizzi (8179 2443)

Primary Boys
Primary Girls
Yr 8/9 Girls
Snr Girls

Friday lunch time
Wednesday lunch time
Wednesday 3.00-4.00pm
Monday 3.45-4.45pm

Cricket

Coordinator: Mr Shaun Ossett (8179 2439)

Primary
Yr 8
Yr 9
Snr

Thursday 3.45-5.00pm
Thursday 3.45-5.00pm
Tuesday 3.30-5.00pm
Wednesday 2.45 - 4.00pm

Lacrosse

Coordinator, Mrs Marilyn Fuss (0433 547 661)

U15 Girls

To be advised

Tennis

Coordinator: Miss Narelle Millsted (8179 2415)

Primary Boys
Primary Girls
Middle Boys
Middle Girls
Senior Boys

Tuesday 3.45 - 4.45pm
Tuesday 3.45 - 4.45pm
Thursday 3.45 - 4.45pm
Thursday 3.45 - 4.45pm
Thursday 3.45 - 4.45pm

Volleyball

Girls/Mixed Coordinator:
Miss Narelle Millsted (8179 2415)

Boys Coordinator:
Mrs Elena Guastella (8179 2439)

Yr 8/9 Girls/Mixed/Snr Girls
Yr 9A Boys/Snr Boys

Thur 3.45 - 4.45pm
Thur 3.45 - 4.45pm

Sydney Cup Basketball

Erina Marafioti (7G) and Harry Reemst (8W) competed in the Sydney Cup Basketball tournament on the 15th-17th January 2012. Both these students are current members of the Basketball SA U14 development squads. South Australia sent two girls’ and two boys’ teams to the tournament to provide the players with an opportunity to compete against the Sydney Metro and ACT squads. The competition was a round robin format (six teams in all) with playoffs for positions. 5A finished 1st and 2nd in the girls’ competition and 1st and 3rd in the boys’. Both Erina and Harry did an amazing job in their respective teams. Well done!

Caption: Harry Reemst competing in the Sydney Cup Basketball Tournament

Diary Dates

Winter Sport Nominations close March 2nd
Login and nominate online via the intranet:
https://intranet.cabra.catholic.edu.au/sports/player nominations

Winter Sports Payments to be made in full at the Uniform Shop by Thursday 5th April (Week 10).

Uniform Shop opening hours:
- Monday 8.30am – 5.30pm
- Wednesday 8.30am – 5.30pm
- Friday 8.15am – 3.45pm

2nd March –
City South District Swimming, 6.30pm - 9.30pm
Marion Swimming Centre, Oaklands Rd, Park Holme

6th March –
Sport Committee Meeting, 6.00pm – 7.30pm
College Boardroom

30th March –
City South District Athletics, 9.30am – 2.30pm
Hamilton College, Marion Rd, Mitchell Park

Netball Trial Dates

Yr 6
Yr 7
Yr 8
Yr 9
Yr 10

Thur 22nd March, 3.45-5.00pm
Thur 22nd March, 3.45-5.00pm
Thur 8th and Thur 15th March, 3.45-5.00pm
Thur 8th and Thur 15th March, 3.45-5.00pm
Thur 22nd March and Thur 29th March, 3.45-5.00pm

Snr
Wed 29th Feb and Wed 7th Mar, 3.45-5.00pm

Up to Date Sport Information

Check the Cabra Intranet for all up-to-date sport information!

http://intranet.cabra.catholic.edu.au

FROM THE UNIFORM SHOP

Uniform Shop
Normal Term Opening Hours

Entrance via Little St
Monday: 8.30am to 5.30pm
Wednesday: 8.30am to 5.30pm
Friday: 8.15am to 3.45pm

Thursday Late Night Open
Thursday 1st March 3.30pm to 7.30pm

Winter Sport Uniforms

Students playing Winter Sport in term 3 will be notified via the daily bulletin as to when to collect their uniforms.

Payment can be received now.
Also a reminder, if you still have a playing uniform from last year, it must be returned as soon as possible please.

For all enquiries, please contact:
Mara Bogisch in the Uniform Shop.
Phone: 8179 2400
Email: uniform@cabra.catholic.edu.au

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6 – CABRA DOMINICAN COLLEGE NEWSLETTER

Friday 24th February 2012 (Week 4 – Term 1)
Two old boy seminarians

On Friday 10th February, some of the Cabra staff celebrated a very special morning tea with some invited guests.

Jack Blanch and his mother Margaret, father Garry, Ugo Chis and his mother Rosa and Father Rob Egar, were welcomed to morning tea to celebrate with Jack and Ugo as they start their training for the priesthood.

Above: CABRA Principal Brian Schumacher, Jack Blanch, Ugo Chis.

Jack has gone to Melbourne to study for 8 years to become a Diocesan Priest for Adelaide and Ugo has commenced his 9 years of training to become a Dominican Priest at St Lawrence’s North Adelaide and later overseas.

Above: Father Rob Egar, Jack Blanch, Margaret Blanch, Garry Blanch.

This is a very proud time for their parents, Father Rob Egar who has supported them and the teachers who have taught them in the last ten years at Cabra Dominican College.

We wish them every success in their work and studies ahead of them.

Above: Father Rob Egar, Ugo Chis, Val Woodbridge, Rosa Chis.

Responsibility for Sharing

Lent begins this year on Ash Wednesday, 22nd February and carries through to the evening Mass on Holy Thursday, 5th April.

We enter Lent with ashes marked on our heads and these ashes are signs of our efforts during Lent to grow more deeply in our Christian life and beliefs reminding us that we will all return to dust and ashes one day.

During Lent we also include some fasting from some food & special treats. Alms giving (donations of money, food or clothing) to the poor is highlighted at this time to remind us that as Christians we do not need too many luxuries and that we have a responsibility to share these with the poor.

A third part of Lent is abstaining, going without, meat on some days (Ash Wednesday & Good Friday).

Project Compassion

All students at Cabra will participate in an Ash Wednesday service and receive ashes on their foreheads. Project Compassion boxes will be distributed to every family to help with alms giving to the poor and needy through Caritas.

The theme for Project Compassion this year is: “If you want peace, work for justice”, Pope Paul VI.

‘Now we have food for the whole year because we grow vegetables and earn money from food processing - our health has improved. We can send all four of our children to school. - Flabiana, Timor Leste –

http://www.caritas.org.au/projectcompassion

Above: Photos by P. Jeffery, Caritas website.

Two scripture references that you may like to read: (Matthew 3:13 – 4:11), Matthew (6:1-6, 16-18)