

25 July 2017

Dear Year 10 Parents and Caregivers

YEAR 10 – Engage, Educate and Empower Program: Week 1 & 2, Thursday Block 7 or 8

Welcome back for Term 3. The purpose of this letter is to outline a program that all Year 10s will be participating in Week One and Two of this term.

At Cabra Dominican College we focus on educating the whole person with the view to nurture and develop their unique gifts. As part of this focus, we aim to provide students with opportunities to hear from leading speakers.

The College has been successful in securing Port Adelaide to present two highly acclaimed programs: Girl Power and Power to End Violence. Power Community Limited has partnered with the Government of South Australia and Centacare Catholic Family Services in the Power to End Violence Against Women program.

Boys Program: The boys program aims to address the prevalence of domestic violence within our community. It provides young people the opportunity to discuss the issue of violence against women and explore respectful relationships. Additionally, it provides information and skills necessary to help young men make informed choices to prevent violent behaviours in society. This year the boys program will be facilitated by Hamish Hartlett, current Port Power player.

Girls Program: The girls program, Girl Power, encourages young women to demonstrate leadership in their everyday lives by making healthy lifestyle choices, having a positive mind-set, setting goals and showing respect to others. The program involves a range of topics from leadership, health and wellbeing, body image and self-esteem, respect, goal setting and motivation.

Both programs are delivered at the college, over two weeks on **Thursday Block 7 or 8, Week 1 & 2**. Aiming for the least interruptions, students will be notified which group they are in.

Thursday 27 July

	Room One	Room Two
2-2.45pm	50 Year 10 Girls (Group A)	50 Year 10 Boys (Group C)
2.45-3.30pm	50 Year 10 Girls (Group B)	50 Year 10 Boys (Group D)

Thursday 3 August

	Room One	Room Two
2-2.45pm	50 Year 10 Girls (Group A)	50 Year 10 Boys (Group C)
2.45-3.30pm	50 Year 10 Girls (Group B)	50 Year 10 Boys (Group D)

Filming Consent – Boys Session Only

Power Community Ltd would like to film their annual program video, using footage from the boys' session scheduled on Thursday, July 27. The video will be shown through all Port Adelaide Football Club networks including social media and the website and also shared by program partners including Centacare Catholic Family Services and the Government of South Australia. Please sign the consent form attached if you give permission for your son to be part of this filming for both Power Community and Chanel Seven.

Thank you for your ongoing support.

Yours Sincerely

Helen Riekie
Deputy Principal: Student Wellbeing

Edmund O'Brien, Daniel Head, Toni Fisher, Deb Lubatti (acting)
Boylan, Kavanagh, Moore and Murphy Year 10 House Leaders



Year 10 Filming/Image Consent Reply Form

Student Name:	House/Home Class:
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Program: Power to End Violence Against Women

Date: Thursday, July 27

I hereby consent that images/video taken on Thursday July 27 date may be used by:

- Power Community Limited and the Port Adelaide Football Club for publications including online and any other purposes as required without any further consent
- Channel 7 for a story on the Power to End Violence Against Women program.

(please circle below)

Yes

No

Parent Name:	Parent Signature:	Date:
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