On Monday 24th October over 60 Primary students took part in the Primary Catholic Schools Handball Carnival held here at Cabra College. Finally, the sun was shining for us and all the participants had an absolute ball playing European Handball—a combination of Basketball and Netball. With nine teams in total; five boys and four girls, Cabra was well represented. Well done to all those taking part and a special thanks to our Yr 9/10 students who umpired throughout the carnival and were praised highly by opposition schools for their great attitude. Thanks must go to Mr Rob Jarrad and Mr Flavio Zandona for their organisation of the day and also to Mr Henry Whit- ing for his supervision.

After having to postpone the first Messenger Bowl Match last Friday, the boys made it out to Adelaide High School on Monday. Unfortunately, the team was missing a couple of players however, they put up a good fight going down by six wickets. Cabra 6/67; Angus P 23 n.o, Declan B 21 n.o. Adelaide High 4/71 off 9 overs; Shannon U 1/21, Tom C 1/22, Declan B 1/25. The boys will now face Pembroke at Cabra today—Friday 28th.

All fixtures and weekly maps can be found on the Sport Portal—accessed through your CONEQT.P or CONEQT.S Login.
Round 1 Results

Primary Tennis
Primary Boys def by St Peter’s 3 sets to 6.
Primary Girls Black—BYE
Primary Girls Gold def by St Ignatius 3 sets, 15 games to 3 sets 16 games—so close! Well done to Emma and Charlie who did so well in their first match.
Mrs Jess Sanderson-Brewster: Coach.

Mixed Volleyball
SNR BLACK defScotch 2 sets 90 points to 1 set 67 points.
SNR GOLD def by St Ignatius 1 set 54 points to 2 sets 67 points.
SNR RUST def by St Ignatius 0 sets to 2. Thanks to Luke and Jake for filling in. Best player: Ella S.
SNR WHITE def Scotch 3 sets 75 points to 0 sets 48 points.
MIDDLE BLACK def by St Peter’s 1 set 39 points to 2 sets 62 points.
MIDDLE Mixed GOLD def by Nazareth 0 sets to 2.
MIDDLE Mixed RUST def by Westminster 2, 1 set to 2.
MIDDLE Mixed WHITE def Nazareth 3 sets—0.

Girls Basketball
Snr A Girls - BYE
Snr B Girls def by Nazareth 28-37. Issy T 18, Lauren C 8.
Snr C Girls - BYE
Jnr A Girls - BYE

Cricket
SNR - cancelled—pitch condition/weather
Yr 8/9 - cancelled—pitch condition/weather
Yr 7 - cancelled—pitch condition/weather
Yr 6 - cancelled—pitch condition/weather

Tennis
SNR Boys Cabra 8/61 defeated Immanuel 4/31 (5 matches forfeited). Special mention to Sam S (#1) for a great singles match. Although he lost, it was a beautiful game by Sam and his opponent and a pleasure to watch. We’ve moved up a division and the competition is going to be a lot tougher – practise at every opportunity. Thanks to Paul Wurdemann for coaching on Saturday.
Middle Boys def by Concordia 4 sets to 5. Well done to James C, James D and Artem on winning their singles.
Middle Girls Black - see below.
Middle Girls Gold had a lovely start to Term 4 playing against Cabra Black. We were only defeated by 3 games. Holly was a good sport filling in for the other team. Holly and Alice played against each other, having to go to 7 games, with Alice being the victor. Both teams turned up with smiling faces and an eagerness to play. Final score: Cabra Black 3 sets 26 games def Cabra Gold 3 sets 23 games. Catherine Symonds: Team Supervisor.

Girls Volleyball
Snr Girls Unfortunately, the Senior girls were down to four players when they played Loreto. The girls did a fantastic job and won; 4 sets, 75 points to 0 sets, 36 points. It was a bit closer than 4-0 appears with some good rallies. Everyone played well with a good level of team work.
Eddie Janmaat: Coach.
Middle Girls played an absolutely fantastic three sets on Saturday—it was a real nail biter but sadly they lost (score not recorded). All the girls should be commended as they all contributed to a great game. Tayla Grimes: Coach.

Important Diary Dates

Week 3 Term 4
Tuesday 1st November
8/9 Boys’ KO Basketball
Yr 10 Girls’ KO Basketball

Wednesday 2nd November
YR 10 Boys’ KO Basketball

Week 4 Term 4
Thursday 10th November
2016 Whole School Sport Awards Evening—Calaruega Hall—5.30-9.00pm—don’t forget to RSVP!!

CONGRATULATIONS
Natassia M (11Y) competed in the State All Schools Athletics Competition at Santos stadium on the weekend and won gold in the 400m and silver in the 800m. She has been selected in the State team to compete in Canberra in December but will now focus on qualifying for Australian Junior championships in Sydney early next year. Cameron M (7R) also competed as a Para Athlete and came 1st in both the 100m and 200m also qualifying for the Nationals in Canberra. Cameron will concentrate on training for the State National Competition in Sydney in March. Well done to Jakob H (11T) who won B&F for U18 West Adelaide Football Club and also Harry R (12R) who has made the State U20 Basketball Team. Nick M (7B) has been selected in the City South SAPSASA Tennis Team. Amelia Rault (7W) has made the SAPSASA Western Metro Girls Cricket team—well done to all!