Welcome to our final edition of the newsletter for 2015 in which we are pleased to share some images from our recent celebrations of the Year 9 Graduation and the Year 12 Graduation Dinner. Like the end of the school year itself, each of these occasions marks the end of a stage in formal schooling while at the same time signalling the commencement of something new. As such it is also a natural time for reflection and for giving thanks for all that we have received during the year.

As we bring the academic year to a close I would like to publicly thank our teachers and support staff who have worked tirelessly to ensure that each Cabra student has been provided with many rich learning experiences throughout 2015.

I also take this opportunity to thank parents and caregivers for your support and commitment to working with us this year. While the nature of our partnership varies, it remains one of the most important variables contributing to the development of each young person.

It has been another great year at Cabra and as we move into the Christmas vacation we do so with a sense of pride in the progress made by each student in 2015.

2015 SACE Results

Our graduating class of students from Year 12 will receive their SACE results in the coming weeks. While this can be an anxious time for some, our experience at Cabra is that that vast majority of our young people make a successful transition into their preferred course at local universities and TAFE colleges or directly into the workforce. With this in mind, we wish our graduates well and look forward to sharing stories of their success with you in early 2016.

World Challenge – Borneo

While the rest of the College community are entering into the holiday spirit, a group of our students and staff are still trekking in Borneo and engaged in an important social justice project as the final element to their school year. I think the name of this venture is most appropriate given the degree of discomfort and uncertainty that both teachers and students are exposed to along the way. It is designed to be challenging and through that provide opportunities for the participants to discover something new about themselves.

No doubt, all will return with many stories to share with family and friends and a significant sense of achievement having committed to such a challenging venture.

In all of these celebrations and end of year activities we hope that all students complete 2015 feeling more confident in their abilities, more hopeful in their outlook and more appreciative of their many gifts including the love they receive from family and friends. We hope that they look forward to returning in 2016 ready for all that will come their way.

On behalf of our Cabra staff, I wish each of you a Merry Christmas. May it be filled with the peace and joy that comes from being surrounded by those you love.

Brian Schumacher
Principal
ABSENT FROM SCHOOL? PLEASE NOTIFY US

If your child or children will be absent from school parents and guardians are required to notify the college.

Option 1:
Call and leave a Voice Message:
Please note: You will not speak with anyone; please just leave a message with the following details:
Dial and leave a message:
8179 2477
After the message tone please leave the following information:
Child’s name
Home Class
Reason (Family / Illness / Holiday)
Your Name (Parent or Guardian)

Option 2:
Send a TEXT Message:
Please note: You cannot ring this number; please just TEXT MESSAGE the following details:
TEXT Message to:
0427 767 937
In the text message please leave the following information:
Child’s name
Home Class
Reason (Family / Illness / Holiday)
Your Name (Parent or Guardian)
CABRA CELEBRATES 2015 Adelaide Convention Centre
November 2015

Dear Parent and Caregivers,
The Cabra Celebrates Organising Committee would like to invite all Cabra Dominican College students and their families to celebrate with us at Cabra Celebrates to be held on Monday 7th December 2015 at the Adelaide Convention Centre, seated at 7.00pm for a 7.15pm start.

Cabra Celebrates is a very special celebration at the end of our school year. It recognises that part of the Dominican ethos is the pursuit of excellence and truth and we give public recognition to students and their achievements. The evening also showcases the achievements, contributions and talents of many students in all areas of Cabra. At the conclusion of the evening the Year 6 students present the traditional Farewell and Blessing symbolising the whole school’s prayers and best wishes for our graduating Year 12 students.

Tickets for the night are available via the mobile device Qkr! app or at the website qkr.mastercard.com/store/#/home at a cost of $10.00 for adults and all students and children are free.

Students receiving an award or who have a specified role during the evening will be required to wear summer uniform with the blazer. Cabra students who are members of the audience and not involved in the evening are not required to wear College uniform.

All awardees will be notified in due course in a separate letter.

Festival City Photographers will be taking photographs of students accepting their Awards and will also be available to take photos for families on the night. Images can be viewed and purchased on their secure website and the access code will be Cabra15.

Each year we have a ‘Giving Tree’ in the foyer. Families are encouraged to bring a non-perishable gift to place under the tree and these gifts will be donated through St Vincent de Paul to those families who are in need at Christmas.

We encourage all students and families to join us for this final night of the school year.

If you have any questions or if you would like further information please contact Helen Telford at Cabra Dominican College by phone on 8179 2453 or via email htelford@cabra.catholic.edu.au

Yours sincerely,

Ruth Evans
Producer, Cabra Celebrates
“tis the season to think of others...

...as we support the work of St Vincent de Paul through our donation of items for their Christmas hampers

As you will be aware, Cabra Celebrates is to be held on Monday 7th December. It is an event our community looks forward to, as it is a celebration of all that we have shared and accomplished together during the year, and it is a time that we can wish the families of our school community well for the festive season.

During the festive season we are also asked to remember those who are less fortunate than we are; for many, Christmas is a difficult time. We have the opportunity to support those people in our local community who are in need, and offer this support in light of Jesus’ call to care for our neighbours.

As has become our custom, we invite each family who is coming along to Cabra Celebrates to bring with them a donation which we will pass on to the St Vincent de Paul Society who will distribute our gifts to families before Christmas through their Christmas hampers.

We have received special requests for:

**Gifts for a range of ages:**
- including age 10+, Mums and Dads.

**Hamper food:**
- particularly something which could grace the Christmas table.

**Christmas paper, gift card**
- to wrap the gifts received.

*We request that gifts are unwrapped. Any wrapped gifts are opened and checked. Please see list of gift suggestions opposite.*

There will be a collection point in the Convention Centre foyer on the evening. We thank you in anticipation of your continued care for those in our wider Adelaide community.

If your family is not attending Cabra Celebrates, please still come along to Cabra Celebrates to bring with them a donation which we will pass on to the St Vincent de Paul Society who will distribute our gifts to families before Christmas through their Christmas hampers.

Last year’s Cabra Celebrates Christmas collection was very successful. St Vincent de Paul was most grateful for our donations and touched by our community’s generosity.

We wish everybody a wonderful festive season!

Thank you in anticipation.

Yours sincerely, Ms O’Donnell on behalf of the Social Justice and Ethos Committees

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**CHRISTMAS GIFT IDEAS FROM VINNIE’S**

**Food gift ideas**
- Tinned ham/turkey
- Tinned tuna/sardines/salmon
- Pasta/rice/noodles
- Jars of Spaghettil sauce/pasta bake
- Tinned soups
- Tinned baked beans/spaghetti/
- Tinned peas/tomatoes/carrots/potatoes/mushrooms/asparagus/mushrooms
- Jars of jam/pickled vegetables
- Tinned chickpeas/corn/beans/beetroot
- Dried beans/lentils etc
- Cakes/biscuits
- Tea/coffee/sugar/Milo
- Long-life milk
- Jams/Vegemite/honey/spreads
- Gravy/herbs/spices
- Cordial/juices
- Baby foods
- Voucher for supermarket (to choose a cut of meat)

**“Christm...
Big Screen on the Green

only $5 per ticket

save the date
Feature film to be confirmed in 2016!

on Friday, 4th March 2016
from 6.30pm
on the Middle School Lawns

Popcorn, BBQ, drinks and snacks available

Limited tickets available. To secure your spot visit Online Bookings via the College Website (BF Applies)
BYO beanbags & blankets
All catering proceeds go towards Cabra Missions
Event concludes at approximately 10:00pm
Alcohol-Free Event
Deputy Principal
Middle School Update

As we work through our last week of school for 2015, culminating with ‘Cabra Celebrates 2015’, I ponder the truly rewarding events which have occurred.

Throughout the year I have observed students working toward being the best they can be, developing new friendships and strengthening existing ones. I hope they can all look back on their year and reflect fondly about their experiences.

On Tuesday night this week, we as a College celebrated the graduation of our Year 9 students from the Middle School into the Senior school. During the afternoon as the Year 9’s were preparing for the ceremony, there was genuine excitement about moving into a more senior environment, along with a sense of anticipation or trepidation as they wondered what life in the Senior school will offer. The realisation that a new chapter in their lives is about to begin can be somewhat scary. By the end of the night, after listening to their Home Class teachers deliver sentimental, inspiring and heartfelt reflections, I am confident that many of the earlier fears dissipated quickly. Students could look back on numerous successful moments they experienced throughout the year, instilling confidence, and in turn were able to reassure themselves they each have the ability to be whoever they want to be. They realise when they work hard and are not scared of making mistakes, school and general life have a habit of working out in the end.

I would again like to thank everyone for the support to their children and to the College. It is clearly evident that when we work together to provide the best possible experience for the children in our care, we achieve success more often that we do not.

I wish everyone a safe and enjoyable festive season and hope Father Christmas is good to each and every one of you!

Kind regards
Jason Thur
Deputy Principal – Middle School

Year 9 Science

How the Earth Moves

We have recently been learning about what lies beneath our feet and how the Earth’s machine drives the movement of tectonic plates. We’ve explored the geological activity that is a result of this movement and what it means to live in areas where two plates meet, where this activity is often felt in the form of earthquakes. Year 9 Gold recently put their engineering caps on to design an earthquake proof house, incorporating design features such as cross bracing, base isolation and central column supports. Engineers design a building, build a model, test it, and then make any adjustments to their original design. This is what students in 9 Gold did, although the testing stage was a little more fun, as the building prototypes were made of marshmallows and toothpicks, built on a jelly base. Once the original design was consumed, the models were improved and then scaled up using straws. Students had some very successful designs that withstood a significant earthquake with minimal damage. Earthquake prone zones are in safe hands in the future.

Ms Catherine O’Halloran

Year 9 Graduation Gallery
Orientation Day

On Thursday and Friday of Week 6, the students starting in Year 6 and 8 in 2016 came for the day to get a glimpse of Cabra. They started at an assembly in St Dominic’s Hall where the Class Captains and Mr Schumacher spoke and led them to their new classrooms.

We joined the new students in the classrooms and did some activities to get to know them better, then we all gathered together for a shared recess. The new students along with the Class Captains and Middle School leaders, headed around the school partaking in activities in the library, art rooms, science labs and the hall.

The students then headed back into St Dominic’s Hall for an amazing music performance and farewells.

The day was a huge success for both the new and old students.

Bella G and Zac P, 6G Class Captains
Year 12 Presentation Dinner

Last Wednesday evening the Year 12 Presentation Dinner was held in the Derby Pavilion at Morphettville with 720 guests. It was a wonderful evening where the students and their families had the opportunity to reflect on their journey during their time at Cabra.

Year 12, 2016 Orientation Day

The Year 12, 2016 Orientation Day was held last Thursday for our current Year 11 students. The students gain a great deal from the day as it clarifies the content and the structure of the assessment tasks for each of the subjects they have selected. All of the students were also very excited by being fitted out for their ‘Senior Top’ which they will received at the end of Term 1 next year.

VET Network Graduation and Recognition Ceremony

On Monday evening this week we had eighteen students attend the annual VET Network Graduation and Recognition Ceremony at Prince Alfred College. Many of the students received completion certificates for their courses at the ceremony while others were formally recognised for their outstanding achievement in their selected courses.

Australian Catholic Youth Festival

The Australian Catholic Youth Festival is a national gathering of Catholic young people established by the Australian Catholic Bishops Conference. The first Festival was held in Melbourne in 2013. This year the Festival is being hosted by the Archdiocese of Adelaide. The Australian Catholic Youth Festival has taken a scriptural verse as its theme - ‘Blessed are the pure in heart, for they will see God.’ Matthew 5:8. This theme is provided by Pope Francis as the theme for World Youth Day in 2015, preparation for the pilgrimage to Krakow in 2016. The event will be held from 3-5 until December at the Adelaide Convention Centre. Georgia Steller will be accompanying four of our 2016 Year 12 Student Leaders to the Festival.

Release of Year 12 Results

The Year 12 results will be made available via the SACE Board website to the students via their unique access code on Tuesday the 15th of December from 8.30am. Staff at Cabra are looking forward to celebrating the successes of the student in the coming weeks.

2016 Y-Lead Student Leaders Camp

The Y-Lead Camp is a three-day, residential conference which focuses on developing student leaders. Students are given the opportunity to work together in a range of challenging environments and have hands on leadership experience. Throughout these activities students will gain greater self-awareness, as well as a stronger understanding of setting collective goals and working effectively with team members. Our 2016 College Captains will be attending the camp held in January.

I would like to take this opportunity to wish all students, families and caregivers of the College a safe and holy Christmas break.

Congratulations

Congratulations to David McManus Jnr for being successful in representing Cabra Dominican College at the United Nations Voice of Youth Forum held in November. After winning the semi-finals and finals for his age group in the state he will now travel to Canberra next year to represent South Australia in the National Youth Forum. Students were asked to consider from a list of issues a student voice in how to ‘solve or improve’ an issue of global significance.

For further information on debating or other voice activities please contact me.

Mrs Francesca Sutton, English Coordinator

Homestay 2016

Expressions of interest are sought from families interested in hosting students from Hosei Junior High School from 2nd March to 9th March 2016. Twenty students will be attending Cabra as part of a larger group coming to Adelaide. There will be 10 boys and 10 girls, 13-14 years of age.

Each hosting family must be able to host two students and provide full board for the duration of the stay. Families with children at Cabra are especially sought as the students must be accompanied to and from school each day.

However, consideration will also be given to families in the broader community.

A generous allowance is offered to cover expenses.

Contact:

Simon Nicholas
snicholas@cabra.catholic.edu.au
Mobile: 0408 087 220
Music Director End of Year Update

We would like to extend a big thank you to the wider Cabra community, parents, caregivers and students for their ongoing support for the music department and our performances throughout this year. It wouldn’t be possible to perform at the standard we do without your commitment. We trust you will have a wonderful break over the summer holidays.

Cabra Celebrates – December 7

This is our final performance for the year. We will be running rehearsals for Cabra Celebrates on Friday December 4 and sound checks on the following Monday. Please ensure you have notified the music office of your child’s attendance for this event.

Pacific School Games Opening Ceremony – November 22

Thirteen of our Senior and Junior Drum Corps participated in the opening ceremony for the Pacific School Games. It was a privilege to be a part of this amazing event, combining 150 dancers and 80 drummers which made the opening ceremony exciting and special for the 4000 participants from the Pacific region. Our dance teacher Cherie Broad choreographed this event and should be congratulated for her vision and expertise.

ASME Young Composers Awards – November 23

A number of Year 9 Advanced Music students entered the annual competition. Luke B and Rizelle F were invited to perform at the awards ceremony. Luke received 1st prize and Rizelle second place in the section for Year 8-9 students. Other students who received certificates of recognition were: Juliana K, Sam S, Saul M and Daniel S. Also receiving certificates of recognition, from Year 11 were Anna L and Julia D. It is wonderful to see the emerging talent that we have at Cabra, especially when it comes to composition.

Norwood Christmas Pageant – November 28

This year there were 33 drummers who participated in the pageant. We had a wonderful sunny day and the large crowd enjoyed the rhythmic beat that our drummers performed. It was lovely to share the joy of Christmas with the community.

AMEB Showcase and Awards Ceremony

Lara B, Rizelle F and Nikki P have been selected to receive a prize in the AMEB Showcase and awards ceremony. This is an outstanding achievement of which their piano teachers Ruth Saffir, Matthew Binion and Alex Poznak, and the music department, are very proud of.

Calendar of Events

Please continue to check the calendar of events updated in each newsletter, your emails, information from Ensemble Directors and the music notice board located outside the Music Office for detailed information regarding upcoming events.

<table>
<thead>
<tr>
<th>WEEK</th>
<th>DATE</th>
<th>EVENT</th>
<th>WHO THIS INVOLVES</th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>Mon 7 Dec</td>
<td>Cabra Celebrates</td>
<td>Senior and Junior Drum Corps, Concert Choir and Cabra Chorus, Brass Ensemble, Wire Choir, High School Musical Band and soloists</td>
</tr>
</tbody>
</table>

For enquiries regarding the music department
Telephone: 8179 2406 or Email: sheaslip@cabra.catholic.edu.au

(Music Director) Gemma Heath
Welcome To The World Our Little Sport Baby!!

Super exciting news from the Sport Office this week with Kara Smallman and her husband Paul welcoming their son, Flynn Olly to the world on Tuesday 17 November weighing in at 6 pounds 6. He is a gorgeous little bundle, and as you can see below—it looks like he’s caught the sporting bug already! Congratulations to Kara and Paul and we can’t wait to meet little Flynn!

Sport Nominations

Sport nominations for 2016 are now CLOSED. Please contact Jo Healy in the Sport Office regarding late nominations. jhealy@cabra.catholic.edu.au

End Of Co-Curricular Sport!

Well, that’s a wrap on 2015 Co-Curricular Sport! Thank you to all students who participated in our sport program. Thank you to all parents for allowing your children to participate and ensuring they made trainings and games on time and in the correct sporting attire! Thank you and farewell to all our Year 12 sport team members and coaches. Your contributions to sport here at Cabra over the years have been appreciated. We look forward to welcoming lots of you back as you continue to coach our sport teams.

Good luck to our Open Girls and U15 Boys Basketball players, who are currently in Canberra this week playing in the Nationals.

Congratulations

Louis H (11W) made his A Grade Cricket debut with Prospect. Louis made 8 runs batting at number 6, a great effort since he was facing State cricketer, Adam Zampa. He also took a catch! Well done Louis and we look forward to hearing of more cricketing success over the summer.
PRIZES NEEDED
QUIZ NIGHT
Dust off your light sabres! Get out that Darth Vader Mask that you have always wanted to use! The Cabra USA Trip 2016 Fundraising Committee has booked a whole theatre at Wallis Mitcham for a great night celebrating the release of STAR WARS VII —

There will be a pre-movie gathering, starting at 6.30pm, with prizes for best fancy dressed! Limited tickets, no tickets sales will be available at the door, so get in early! Buy your ticket early as tickets will sell out quickly.

ALL TICKETS $19.50 and can be purchased online here:

www.cabra.catholic.edu.au/news-events/online-bookings

QUIZ NIGHT – TERM 1 2016 PRIZES NEEDED
Quiz Night

Any donations of goods or vouchers would be appreciated. Please deliver to the Cabra Senior School Office. Thank you.

We appreciate your support and look forward to seeing you all at these events.

2016 Cabra USA Music Trip Fundraising Committee

Enquiries to: Saz Burton-Claridge
Phone: 8179 2400, or Email: sburton-claridge@cabra.catholic.edu.au

SPORTS

SOUTH ADELAIDE GLORIOUS NETBALL

Indices

Date: 16, 17 and 18 December
Time: 9.30am – 11.30am
Location: Priceline Stadium, 155 Railway Tce, Mile End SA

Click here to visit the website.

NETBALL SA IS RUNNING AN INTENSIVE ANZ NETSETGO

Date: 15th, 16th and 17th December
Time: 9.30am – 11.30am
Location: Priceline Stadium, 155 Railway Tce, Mile End SA

Click Here to visit the website.

NETBALL SA IS RUNNING A SCHOOL HOLIDAY CLINIC

On 19th & 20th January
At: Priceline Stadium, 155 Railway Tce, Mile End SA

Time and date vary dependant upon the participants age

Click Here to visit the webpage.

We also post on our social media site which you are all welcome to like and share:

FACEBOOK LINK

SA Water VACSWIM is a program to waterproof the confidence in young South Australians, in and around the water.

These skills are delivered at over 130 pools, beaches and lakes throughout South Australia by one of three primary program providers – Royal Life Saving Society, Surf Life Saving and YMCA – who engage qualified instructors to teach the children of South Australia.

The majority of programs take place from ; they run for 45 minutes a day for 7 days."

For further information please visit our website:

www.sa.lifefoelnit.org

AUSTRALIAN CATHOLIC YOUTH FESTIVAL

Join with thousands of young people from Year 9 to 25 years of age to celebrate the Australian Catholic Youth Festival in Adelaide.

3–5 December 2015

www.youthfestival.catholic.org.au

MUSIC THEATRE CAMP 2016 – A WALK IN THE WOODS AT WESTMINSTER COLLEGE THEATRE, MARION

Pelican Productions is excited to present MTC 2016 — A Walk in the Woods, presents a It will be starring some Cabra Dominican College students who would love to see some familiar faces in the audience!

Dates
21/1/2016 – 7.30pm (Disney Cast)
22/1/2016 – 7.30pm (Hollywood Cast)
23/1/2016 – 11.00am (West End Cast), 3.00pm (Disney Cast), 7.30pm (Broadway Cast)
24/1/2016 – 11.00am (Hollywood Cast), 3.00pm (Broadway Cast), 7.30pm (West End Cast).


LIVING WELL WITH ASTHMA

This session provides information on What is Asthma? Learn about the symptoms and triggers, assessing asthma control, how to manage asthma with an Asthma Action Plan, medications and devices and how to use them and what to do in an asthma emergency.

Presented by the Asthma Foundation SA.

Wednesday 20 January, 2016. 10am – 11.30am
Marion Cultural Centre – Sturt Room
Cost: Free, Bookings essential 83756785 or online at www.marion.sa.gov.au

THE SOUTHERN CROSS NEWSPAPER

The official newspaper of the Catholic Archdiocese of Adelaide.

www.thesoutherncross.org.au/

www.marion.sa.gov.au

CLUSTER COMMUNITIES MASS TIMES

ST THERESE’S
HOLY CROSS AND OUR LADY OF DOLOURS

We are on Facebook!

For those with accounts, log-in and friend

www.facebook.com/groups/EmmausCatholicParish

ST THERESE, COLONEL LIGHT GARDENS
Oxford Circus, Colonel Light Gardens SA 5041

OUR LADY OF DOLOURS, KINGSWOOD
Cambridge Terrace, Kingswood SA 5062

HOLY CROSS, GOODWOOD
Goodwood Rd, Goodwood SA 5034