Watching some of the television footage of the Syrian refugee crisis I was struck by the power of language to touch our hearts, mine at least, regarding the plight of so many families just like ours. In my case I found the pleas of people speaking English commanded my attention even more than the images of hundreds of thousands of people caught up in the crisis. As a result I have been reflecting on the challenge of our college Vision Statement that reminds us that the purpose of educating young people is to empower them to help create a better world. It is good for us to remember that providing our own children with a high quality, values based education is an important long term strategy in helping to build a better world. We do so because we know that education and dialogue is more productive than ignorance, isolation and conflict.

In the adult lives of our current students, there are likely to be more, rather than fewer tensions as technology brings us closer together making it more difficult to ignore the great differences in living standards and opportunity throughout the world. Therefore, we will need even better leaders, diplomats, economists, scientists, engineers and so on to have any chance of responding effectively to such challenges as those in Syria and Europe. In addition to their technical skills we will need people who have a sense of responsibility for creating a better world for everyone and the confidence to do something about it.

Thanks to the creativity of Maree Samuel, our Coordinator of the Religious Education Leadership Team, students and staff have spent a little time each day reflecting on the crisis and praying for those who are at the centre of it. Knowing that we can often only make a small contribution to such global issues our prayer and reflection is an important act of solidarity. It also causes us to rethink our own stance and responsibility in helping to create a better world. Thankfully, we have seen in recent days that our concerns are shared by millions around the world resulting in a change of heart by many governments.

While there are and will continue to be some very tangible ways for us to support the refugee crisis in Syria and other parts of the world, it is good for us to remember that providing our own children with a high quality, values based education is an important long term strategy in helping to build a better world. We do so because we know that education and dialogue is more productive than ignorance, isolation and conflict.

**A Prayer for our Syrian friends fleeing conflict**

Almighty eternal God, source of all compassion, the promise of your mercy and saving help fills our hearts with hope. Hear the cries of the people of Syria; bring healing to those suffering from the violence and comfort to those mourning the dead. Empower and encourage Syria’s neighbours in their care and welcome for refugees. Convert the hearts of those who have taken up arms and strengthen the resolve of those committed to peace. O God of hope and Father of mercy, your Holy Spirit inspires us to look beyond ourselves and our own needs. Inspire leaders to choose peace over violence and to seek reconciliation with enemies. Inspire the Church around the world with compassion for the people of Syria and all refugees, and fill us with hope for a future of peace built on justice for all.

Best wishes for the last two weeks of Term 3.

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**UPDATE FROM THE PRINCIPAL**

*Brian Schumacher*

Principal
COLLEGE NOTICES

ABSENT FROM SCHOOL? PLEASE NOTIFY US

If your child or children will be absent from school, parents and guardians are required to notify the college.

Option 1:
Call and leave a Voice Message:

Please note: You will not speak with anyone; please just leave a message with the following details:

Dial: 8179 2477
After the message tone please leave the following information:

› Child’s name
› Home Class
› Reason (Family / Illness / Holiday)
› Your Name (Parent or Guardian)

Option 2:
Send a TEXT Message:

Please note: You cannot ring this number; please just TEXT the following details:

TEXT Message to: 0427 767 937
In the text message please leave the following information:

› Child’s name
› Home Class
› Reason (Family / Illness / Holiday)
› Your Name (Parent or Guardian)

STUDENTS LEAVING CABRA

If your child/ren will not be returning to Cabra in 2016, the Registrar must receive notice in writing.

Please email abooth@cabra.catholic.edu.au by Friday 25th September 2015.

A minimum of one full term’s notice must be given.

Thank you for your understanding and cooperation.

Amber Booth, Registrar

www.cabra.catholic.edu.au/enrolment
225 Cross Road Cumberland Park SA 5041
T 8179 2400  F 8272 9810  E cabra@cabra.catholic.edu.au

COLLEGE SHOP

www.cabra.catholic.edu.au/services

Trading Hours

DURING SCHOOL TERMS ONLY

MONDAY and WEDNESDAY – 8.30am – 4.30pm
TUESDAY and THURSDAY – 8.30am – 2.30pm
FRIDAY – 8.30am – 4.00pm

• Closed Daily between 12.30pm to 1.00pm for lunch.

Uniform Shop

Sale of Second Hand Uniforms:

Please note until further notice, due to storage constraints, we cannot accept garments for consignment at this time.

Contacts

STATIONERY, SERVICES, PAYMENTS:

Telephone: 8179 2456
Email: collegeshop@cabra.catholic.edu.au

UNIFORMS:

Mara Bogisch: Available Monday, Wednesday & Friday during school term

Email: uniform@cabra.catholic.edu.au

Telephone: (08) 8179 2461  Facsimile: (08) 8272 4861

NEED TO CHANGE YOUR CONTACT DETAILS?

STUDENT CONTACT INFORMATION

The college must be notified of any changes to students’ details i.e. address, emergency contact numbers, email address. Please advise the Registrar of any changes to personal information.

APPLICATIONS FOR ENROLMENT

Applications for enrolment (including siblings of existing students) can be downloaded from the college website: www.cabra.catholic.edu.au/enrolment or contact the Registrar for more information.

Amber Booth Registrar
Phone: 8179 2451 or Email: abooth@cabra.catholic.edu.au

STUDENT PARENT TEACHER LEARNING REVIEWS

Next Week – Tuesday 15th September from 2pm to 8pm

Please note that students will be dismissed at 1:25pm on this day.

Some Stage 2 classes may still be held in lesson 7 & 8 after lunch as directed by the appropriate subject teachers.

Please login to Edval before 2pm on Friday 11th September.

Web codes for Edval were emailed to families last Monday.

By logging on AFTER 4pm on Friday the 11th September you should be able to view your schedule. You may print off your allocated interview schedule, or make manual changes to the schedule times if necessary up until 48 hours prior to the event.

If you require further assistance please contact Ann-Maree Davies at: adavies@cabra.catholic.edu.au or the Front Office: cabra@cabra.catholic.edu.au

Please note: Due to safety concerns associated with overcrowding at McDonald’s, students must be accompanied with a parent/carer when entering the restaurant on this day. A senior member of our staff will be present at McDonald.

There will be a BBQ outside Caleruega Hall from 1:30pm on Tuesday for students to purchase with proceeds going to World Challenge.
COLLEGE NOTICES

SAVE THE DATE
Cabra Celebrates
Monday 7th December
Adelaide Convention Centre

CALL OUT FOR DANCERS – Pacific School Games Opening Ceremony
Dear parents/caregivers/students,
I am the new dance teacher at Cabra Dominican College and choreographer for the Opening Ceremony of the Pacific School Games. The Cabra student community is invited to be part of this special event, as dancers in the Opening Ceremony at the Adelaide Showgrounds Oval, Sunday 22 November.

The commitment involved is to
• Attend lunchtime rehearsals Tuesdays and Thursdays.
• Bring an 8GB USB to rehearsal week 9 to get the Instructional Video.
• Use the Instructional Video provided for home practice.
• Attend the rehearsal and performance approx. 12-6pm, Sunday 22 November.

Once involved more information will be distributed regarding rehearsals, costumes and transportation.

For further information please email:
Ms Cherie Broad, Dance & Drama Teacher cbbroad@cabra.catholic.edu.au

COMMUNITY NOTICES

AUSTRALIAN CATHOLIC YOUTH FESTIVAL
Join with thousands of young people from Year 9 to 25 years of age to celebrate the Australian Catholic Youth Festival in Adelaide.
3–5 December 2015
www.youthfestival.catholic.org.au

COLLEGE NEWS

OLD SCHOLARS
By Mrs Tanya Sharkey, Careers, VET and Work Experience Co-ordinator

Vocational Education Prize Recipients
The Australian Vocational Student Prize recognizes achievements of students who completed their senior secondary studies while under taking Vocational Education and Training (VET) in schools program or an Australian School-based Apprenticeship. This prize promotes the benefits of vocational education and reflects the commitment schools make to vocational learning being a valuable experience for students. Each student receives a certificate and $1000.

Joel Blatchford Class of 2014
As part of his SACE, Joel completed a Certificate I in Automotive Vehicle Servicing, a partial Certificate I in General Construction and a traineeship at McDonald’s in Certificate II in Retail.

Callan Alexander Class of 2014
Callan completed both VET courses offered at Cabra: Certificate II in Creative Industries and Certificate III in Media.

Luke Lavender Class of 2014
As part of Luke’s SACE he completed a Traineeship through the South Australian Cricket Association and completed Certificate III in Sport and Recreation AFL Sportsready.

Cabra Old Scholars

UPCOMING REUNIONS
10 Year Reunion
14th October – Venue TBA

20 Year Reunion
3rd October – The Kent Town Hotel

25 Year Reunion
28th November – O Hotel North Adelaide

30 Year Reunion
7th November – Venue TBA

TO SHARE YOUR STORY OR FOR REUNION INFORMATION
Please contact Helen Telford
Email: htelford@cabra.catholic.edu.au
Telephone: (08) 8179 2400

STAY IN TOUCH
Register online to stay in touch: REGISTER HERE

(Week 8, Term 3)
Friday 11th September 2015 — 3
Music News

Throughout this week we have seen some very successful concerts. These include Beginner Drum Corps lunchtime concert, Year 8 Performance Evening, Year 9 Advanced Performance Evening, Stage 2 Performance Day and a Lunchbox DJ set on Aquinas lawns. It is a testament to the hard working students, instrumental teachers and ensemble directors when we see the students perform at such a high level.

Catholic Schools Music Festival 2015

Please complete the permission forms for bus transport, medical and media information that has been emailed to all participating students and parents and return to the Music Office as soon as possible so planning can occur for this important week of performances at the Festival Theatre.

A detailed soundcheck and rehearsal schedule for participants is on the notice board with paper copies for students. As students are representing the College, it is important that they wear their blazers to and from the Festival Theatre and are dressed in correct College uniform.

Tickets are available from BASS. It would be lovely to see Cabra families at this event.

Calendar of Events

Please continue to check the calendar of events updated in each newsletter, your emails, information from Ensemble Directors and the music notice board located just outside the Music Office for detailed information regarding upcoming events.

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Music Enquires

For enquiries regarding the music department, Telephone 8179 2406 or email: sheaslip@cabra.catholic.edu.au
Innovative Science Teaching at Cabra

In Week 3, as a prelude to Science Week 2015, a number of our Year 11 senior science students taught all Year 8 students something about their particular subject. Psychology, Nutrition, Chemistry, Physics and Biology classes were involved in these presentations.

The Year 11 students were enthusiastic and engaging when presenting their activity and it was pleasing to see the Year 8 students participating so positively.

The aim of this exercise was to encourage the Year 8 students to continue studying science through to Year 12.

Student comments included

- “It was really good, I liked how there were a lot of different experiments.”
- “I really enjoyed it because it was interactive, interesting and fun.”
- “I enjoyed the laser music experiment. It was very interesting and blew my mind.”

Science Week 2015

- The Science Week theme for 2015 was “MAKING WAVES – THE SCIENCE OF LIGHT”.
- Throughout the week various activities and events involving students were scheduled.
- Monday’s activities involved COLOURFUL LIGHT such as Dragons Breath, fluorescence, colour mixing and how light creates colour, splitting white light using a prism and using spectrosopes to study elements.
- Tuesday’s theme was SMART LIGHT and activities included using lasers to transmit information, holograms and squishy circuits.
- On Wednesday the students studied SOLAR LIGHT using radiometers, magnifying lenses, solar powered toy cars and Polaroid sheets.
- ARTY LIGHT was Thursday’s theme with optical illusions, pin-hole cameras and coloured milk patterns the main activities.
- Friday’s activities were based on HOW WE SEE LIGHT and how our eyes play tricks on our mind.

Thank you to all students who participated in the home class quizzes and the lunchtime activities. As one student said, “There were many different types of experiments that students could participate in, such as conducting electricity through different mediums, making one of the first cameras and finding out which is your dominate eye. My personal favourite was learning how waves could transmit information and then be processed and used in another location.”

Thank you also to all the science staff for supporting Science Week, to all the students and staff and a big thank you to our lab technicians Lucy and Nectaria for organising and preparing the enjoyable demonstrations and activities.

Mr Robert Nussio, Science Coordinator
Sport News

SAVE THE DATE

The School Sports Awards night will be held in Week 3, Term 4 on Thursday 29th October, 5.45pm to 9pm. Please note this date in your diary. We will be holding a sit down presentation so bring your own nibbles and drinks. We look forward to another fantastic night for families and students to come together and celebrate the year in sport. There’ll be a guest speaker and a sausage sizzle. So save the date for what will be a great celebration of co-curricular sport!

Summer Sport Commencement

Well done to the primary netballers on their final game on the weekend. Winter Sport is now officially over!! Summer sport re-commences Week 1, Term 4.

All those who played summer sport in Term 1 are reminded that this is a full season commitment and you will therefore continue with the same team in Term 4.

Congratulations

To Angus R (11R) who has been selected to represent Secondary School Sport SA in the Pacific School Games School Boys Basketball Championships being held here in Adelaide November 20-29th.

Good luck Angus!

Food and Hospitality

We have looked at the multicultural influences on our diet and researched how different cultures have contributed to our eating patterns. Using this information students prepared multicultural dishes to create a shared lunch.

Mrs Ros Patterson, Food & Hospitality Teacher.

College Fundraiser

WIN a Thermomix

$20 per ticket

Only 200 tickets available

Valued at $2089

Winner Drawn 21st September

YOU ARE INVITED TO PURCHASE A TICKET TO ENTER THE DRAW TO WIN A THERMOMIX

TICKETS ARE NOW AVAILABLE

• Visit the College Cashier located next to the Front Office
• Telephone 81792400 (cash or credit card accepted)
• Via the App on your mobile device.

Proceeds go towards the Cabra Home Economics Centre

Please direct any questions to Ros Patterson – rpatterson@cabra.catholic.edu.au

Terms and Conditions

By purchasing a ticket you acknowledge and accept the terms and conditions. This promotion is in no way sponsored or endorsed by Thermomix Australia

• Thermomix will be ordered in the winner’s name after the raffle is drawn. Delivery time is 10 days from order.
• Winner’s personal details, collected by the promoter (name, email address and phone number) will be given to the prize supplier to organize acceptance and order of prize.
• Winner will be notified by phone within two days of draw and announced via school newsletter and Facebook.
• Winner will be redrawn if winner cannot be contacted within 7 days to place order.
• Once order has been placed, winner becomes a customer of Thermomix in Australia

• Prize is not transferable or redeemable for cash
• Winner will be drawn Monday 21st September during Staff Debriefing at 8.30 by a member of the leadership team.
• 200 ticket maximum sales
• Entry must be completed by providing name, email address and phone number to promoter.
• Payment must be made by cash or bank transfer to the promoter
• Tickets will be allocated once payment is received. If payment is not received within 24 hours tickets are forfeited.
• If 200 tickets are not sold before the allocated draw date ticket funds will be refunded.
• If 200 tickets are sold prior to due date draw date will be brought forward, still during Monday morning debriefing.
Restorative Practice

It was terrific to read Mr Schumacher’s article on Restorative Practice a couple of weeks ago and fantastic that Cabra is investing some time and resources into making Restorative Practice part of the way we operate at the College. There are 620 students and 22 Home Class teachers, not to mention numerous other teachers that teach within the Middle School and as such there are a large number of relationships that have the potential to be formed. In theory then, there are the same numbers of relationships that have the potential to develop into conflicts that require a resolution, forgiveness and healing. The reality is that most relationships don’t breakdown or need repairing, however if they do, schools need a mechanism to help this process.

While our priority in the Middle School is to prevent problems from occurring in the first place, we also must upskill our students and provide them with strategies and language to help them do this. This may come naturally to some students but for others it is an important skill that needs to be taught and developed over time. Change in behaviour occurs more successfully when there is an acknowledgement that someone else can or has been affected by the words or actions of a particular individual. The person causing the harm must be helped to understand they have a responsibility to make things right.

Over the coming weeks, months and years, the students and parents at Cabra will hopefully notice an increase in restorative language used when dealing with concerns and issues that arise. I have had the opportunity to see it work first hand and use the process regularly in an attempt to prevent a reoccurrence of a particular behaviour and recognise how powerful the process can be when looking to find a resolution to a problem.

A quick Google search can provide further information on what Restorative Practice looks like, feels like and sounds like if anyone wishes to find out more information about it. After all, our goal is to nurture the unique gifts and talents of all our students and to give them skills that will help them develop quality and long lasting relationships both inside and outside of school. While Restorative Practice is not a ‘magic bullet’ that will fix all of life’s problems in an instant, it does provide a sustainable opportunity to strengthen and repair relationships.

Final 2 weeks of the term

Over the last 2 weeks of this term Mrs Sandra Ciccarello (Yr 6 Coordinator) and Mr Flavio Zandonà (Yr 8 Coordinator) and Mrs Elena Guastella (Yr 9 Home class teacher) will be taking a group of students to Italy as part of their study tour and Ms Taunia Parker (Yr 6 Home class teacher) will be on leave. Due to their absence they will not be at the Parent/Teacher Learning Conversations next Tuesday 15th September. If you have any concerns during this time please don’t hesitate to contact the Middle School office and they will direct you to the most appropriate person to assist with your query.

Have a great week.

Kind regards

Jason Thur, Deputy Principal – Middle School
St Vincent de Paul Society

This Friday our Year 10 Student Leaders will be involved in the annual St Vincent de Paul Society’s badge selling day. The Leaders will be selling badges in the shopping precinct directly adjacent to Goodwood Road Foodland. The Society advocates on several pressing social justice issues such as homelessness, poverty and asylum seekers. The Society has identified seven key values to which they are aligned. These key values include:

Commitment: Loyalty in service to our mission, vision and values.
Compassion: Welcoming and serving all with understanding and without Judgement.
Respect: Service to all regardless of creed, ethnic or social background, health, gender or political opinions.
Integrity: promoting, maintaining and adhering to our mission, vision and values.
Empathy: Establishing relationships based on respect, trust, friendship and perception.
Advocacy: Working to transform the causes of poverty and challenging the causes of human injustice
Courage: Encouraging spiritual growth, welcoming innovation and giving hope for the future.

Year 10 Church in Action Days

In Week 10, Year 10 students will be involved in ‘Church in Action’. The program offers hands-on experience of various aspects of the Catholic Church’s action and mission in Adelaide. It is hoped that the day will assist students gain insights into the valuable work done by those who work on behalf of the disadvantaged in our community. Students will first spend time learning about Catholic Social Justice principles and teachings, and then small groups of students, accompanied by a teacher, will visit Catholic organisations that provide support to others.

Careers, VET and Work Experience

DEADLINE FOR SATAC APPLICATIONS FOR UNDERGRADUATE COURSES IN 2016 IS WEDNESDAY 30TH SEPTEMBER, 2015.
www.satac.edu.au

Are you applying to SATAC for Year 12 Students at UniSA 2016? CLICK HERE to watch a video provided by UNISA.

TAFE Applications for courses in 2016 open 14th September 2015 www.tafesa.edu.au

Parent Information Evening at Flinders University
10th September

Our parent information evening, aimed at demystifying the university application process, as well as the transition to university studies. This event will be of particular interest to year 11 and 12 students who are interested in a Science, IT, Maths or Engineering degree and their parents/caregivers. Please click here to register: Register HERE (Sept 10)

Parent Information Evening at Adelaide University
13th September, 11am–1:00pm or 12pm–2:00pm

Parents will be able to hear about time lines, support services, accommodation, and everything else that is involved in the lead up to life at university. You will also have the chance to go on a campus tour, enjoy some light refreshments with our staff and also take part in our student Q&A panel session.

Venue: The Braggs Lecture Theatre, North Terrace Campus, Adelaide 5005. Bookings are essential and close on Thursday 10th September. Tickets can be secured via the following link: Register HERE (Sept 13)

Stage 2 Holiday Courses

Available in Term 3 holidays to help start your revision for exams.
Adelaide Tuition Centre – Click Here for Holiday Seminars
Adelaide Education Group – Click Here for AEG Website
Adelaide University – Click Here for Holiday Tuition Revision

Mrs Tanya Sharkey, Cabra VET and Work Experience Co-ordinator

Attention Year 10 & 11 students interested in a trade pathway
ENROLMENTS OPEN FOR 2016

Marcellin Technical College is a Year 11 and 12 College specialising in the delivery of the SACE (South Australian Certificate of Education) alongside a trade/vocational training program in:
• Animal Studies  • Construction  • Mechanical Engineering
• Automotive     • Electrotechnology • Metal Fabrication

Students at Marcellin study SACE subjects within the context of their specialist trade while working toward an Australian School-based Apprenticeship and completion of their apprenticeship post school.

Call 8186 9700 for more information & group tour dates. Visit us online mtc.sa.edu.au