On Wednesday 19th August, twenty-five Primary Cabra students attended the SAPSASA Athletics Carnival. The carnival format consisted of a combination of the two districts together; City South and Southern Heights which made it a very busy day. There were 10 schools and 400 students from City South and 16 schools and 600 students from Southern Heights participating. This makes over 1000 students to get to events. It was a very cloudy day for competitors and although experiencing a few light/misty showers the rain managed to stay away for the day which was good. Congratulations to all students who participated and especially to those who received a placing. I was extremely proud of all students for the manner in which they participated, a true credit to themselves and Cabra. Cabra students participated to the best of their ability and with some talented students amongst the group, we were excited to bring home many placings on the day (placings table—page 2). A further CONGRATULATIONS needs to go to the following students as they have made it into the SA District teams and will compete in the State District Carnival on Tuesday 22nd September: Liam W, Bailey G, Kevin P, David G, Keeley K, Emma H, Alix D-F. Good Luck and well done to all students on their efforts. Thank you also to Mr Chris Peters and to the Year 9 Sport Captains and leaders Shannon Upton, Georgia Croucher and Georgia Clark for their assistance on the day. Kara Smallman: Sports Coordinator.

SAVE THE DATE!

The Sport Awards Night will be held on Thursday October 29th—Week 3. More information to come very soon!
Cabra Dominican College Sport Newsletter

SAPSASA Athletics Placings

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<thead>
<tr>
<th>Name</th>
<th>Age</th>
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<tr>
<td>Sophie Bentick</td>
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<td>Trent Brockhurst</td>
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<td>Jok Bulabek</td>
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<td>Emma Hejka</td>
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<td>Hugo Keeley</td>
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8/9 Girls Knockout Basketball—Round 1

Congratulations to the 8/9 Girls on their Round 1 win against Concordia on Monday 24th August. The girls will now go through to Round 2 against either Tatachilla or Reynella—good luck! Cabra defeated Concordia 33-25. Top Scorers: A Gordon 13, L. Caporrella 10, E. Sawyer 8.

Yr 10 Boys Knockout Basketball—Round 1

In Year 10 KO, we were matched up against Brighton, another rival. Last year the 8/9 boys lost to Brighton in KO so the boys were fired up for the contest. They didn’t disappoint. The boys came out of the blocks firing, up 31-12 at the half through tough inside play and pushing for fast break baskets. After half time the boys took their foot off the gas and every player ended up scoring. A special thank you to Seb Tucker and Jakob Heitmann who filled in for some injured players. Final Score: 54-32. Best Players: Sam Thiele, Patrick Moriarty. Top Scorers: Sam Thiele (11 points), Angus Rana (8 points). Ben Heath: Basketball Coordinator.

Round 12 Sport

Squash

Yr 9 Mixed Squash def John’s in the semi final 167 - 131 points. A tight win in the semi puts us through to the grand final! We will be playing St John’s 1 this Friday at Somerton squash centre from 4pm-6pm if any of you newsletter readers want to come and support us against the only team that has beaten us this season. I believe in my team, and I think we will really push ourselves to demonstrate all that we have learnt this season. If we play our best, there is no doubt we can bring home another premiership. Best Wishes team! Leigh Symonds: Coach.

Basketball

It was a big week for boys basketball; it was our last round of the season for both the Junior and Senior teams and we also had our first round match up in Year 10 KO. The Juniors played against St Ignatius and were victorious in all 3 games, the C’s came from 9 points down to win by 2 points, the B’s were up by 7 points at half time but played a fantastic second half scoring 42 points to 11, and the A’s came out firing and finished on a high, hitting 6 3-pointers for the game and winning by 60 points. The Seniors were also matched up against St Ignatius, who they lost against in the Knock Out rounds earlier in the year. The C’s started off the rivalry in fantastic fashion, winning by 2 points in a tight game, and the B’s played an amazing defensive game to win 58-19. The A’s were locked out in a tight battle all game, Rhys O’Brien hit a long bomb 3-pointer to put Cabra up by 1 with 3 seconds to go, but St Ignatius replied with a last second tip-in to win the game. It was a great game to end the season, even if the boys didn’t win the game. Sadly it appears the last game for Rhys O’Brian, Charlie Farrell and Ben Barrett, we thank them and all the other Year 12s for all their efforts over the years. Ben Heath: Basketball Coordinator.
Cabra Senior Netball Co continues their netball for another couple of weeks. See you all in 2016 for another exciting season.

Enjoy your Saturday morning sleep ins, best of luck to those playing in their Club finals. See you all in 2016 for another exciting season. Tracey Smallcombe Cabra Senior Netball Co-Co-ordinator.

Netball

**Netball**

**Senior A1** BYE

**Senior A2** lost to St Michael’s 2, 26-28. Girls played a great game, with only 2 goals different in the final result. Tight defence, great movement through the midcourt, and goallies proving accuracy. Well done girls, the season was very competitive. Best Players: Cloe W, Bridget S, Sophie O’D.

**Senior B1** lost to Mercedes 3, 15-25. Girls defeated by 10 goals but continued to play the game in good spirit. Thank you to parents who scored, very much appreciated. Best players: Christine B, Maddy C.

**Yr 10A** def Mary Mackillop 29-25. Great win girls, finishing in 1st position! The season finishing on a high.

**Yr 10B** BYE

**Yr 10C** def Mary Mackillop 4, 14-12. Fantastic work girls, drawing then into extra time to win by two. Great way to finish the season.

**Jnr Boys** vs St Ignatius

**Cabra A** BYE


**Cabra C** won 38-36. Best Players: Whole Team. Top Scorers: Sam T (16 pts), Oliver M (12 pts).

**Football**

**Yr 8/9** BYE

**Basketball**

**Snr Boys** vs St Ignatius

**Cabra A** lost 46-47. Best Players: Harry R, Rhys O’B. Top Scorers: Rhys O’B (10 pts), Harry R, Josh Brine (8 pts).

**Cabra B** won. Best Players: Oliver M, Angus R. Top Scorers: Sam T (16 pts), Oliver M (12 pts).

**Cabra C** won. Best Players: Riley S and Lachlan E. Top Scorers: Riley S (16 pts), Sam H (9 pts).

**Jnr Boys** vs St Ignatius


**Cabra C** won 38-36. Best Players: Whole Team. Top Scorers: Sam T (16 pts), Oliver M (12 pts).

**Top Scorers:**

- **Jnr Boys:** Sam B (17 points), Luis R (11 points, 3 3-pointers).
- **Cabra B:** Zac F (19 pts), Kyle D (9 pts).
- **Cabra A:** Patrick M (19 pts), Chandler B (16 pts).
- **Cabra C:** Sam T (16 pts), Oliver M (12 pts).

**Netball**

**CABRA NETBALL 2015**

All in all, Cabra once again has proven to be strong and competitive from our Yr 8 to Open program, with the nomination of 18 teams into the SACSSGSA, and most playing in the final round. Congratulations to 10A2 and 8A1 teams winning their Grand Final to finish premiers of their respective grades. I also would like to take this opportunity to firstly thank the girls who participated in netball this year, committing to trials, training and games; it is fantastic to feel the buzz of netball Thursday afternoon and at the venues Saturday morning. A special good bye to our Year 12’s girls; some of them have represented the school since Yr 6 and Yr 8, playing every week and competing in the Knock Out program, hopefully they will have an interest for coaching in 2016. To the coaches; your organisation for training and games is valued and most appreciated. Thank you for your dedication and expertise. Thank you to the parents/carers for offering to score, time and being supportive of coaches each week, and most importantly getting the players to their game each Saturday. Finally, I am sure I speak for the whole netball community of Cabra, a big thank you to our Sports Co-Coordinator; Kara Smallman. Kara goes far and beyond to accommodate the needs of us all from umpires, venue coordinator, Year 12 students preparing for umpiring, coaches, players, parents, ground availability, knock out and of course organising the “coffee van”, which we’ve all appreciated! Good luck to the Yr 6 & 7’s as they are continuing their netball for another couple of weeks. Enjoy your Saturday morning sleep ins, best of luck to those playing in their Club finals. See you all in 2016 for another exciting season. Tracey Smallcombe Cabra Senior Netball Co-Coordinator.

**Top Scorers:**

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**Netball**

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**Yr 10B** BYE

**Yr 10C** def Mary Mackillop 4, 14-12. Fantastic work girls, drawing then into extra time to win by two. Great way to finish the season.


**Yr 9A2** def Loreto 2, 30-16. Great game girls, nice win to finish the season. Best Players: Jess W, Taylor G.

**Yr 9B1** def Unley High 1, 33-27. Great game girls, displaying team spirit and very competitive to finish off the season. Best Players: Georgie C, Laura.

**Yr 9B2** def Mercedes 4, 17-9. A great way to finish the season! Thank you to our parents of this team for their assistance.

**Yr 8A1** def Gleeson 1, 22-19. Girls have finished in top position, great grand final win. Girls were undefeated all season. Best Players: Holly J, Amy R.

**Yr 8A2** def Cardijn 2, 20-12. Great team work girls, getting a sound start and stayed strong to the end. Best Players: Grace T, Sienna Z.

**Yr 8B1** def St Michael’s 3, 35-18. Good solid game from the girls, great to finish with a deserving win.

Kaitlyn H

**Yr 8B2** lost to St Ignatius 5, 12-32. Everyone played well, St Ignatius too strong on the day.

**Yr 8C** lost to Mercedes 3, 5-15. Girls never gave up, played in great spirit as they have done throughout the season. Best Players: Fran T, Lara B, Gracey B.

7 Gold lost to Immanuel 18-22. A fantastic result given we only had 6! Well done girls!


6/7 Rust lost to Reynella East 12-25. Best Player: Alix D-F.


**Soccer**

Open B1 def Glenunga 7-2. Best Players: Marcus S, Chris T, Jayden C.

Open B2 def Pedare 8-2. Goal scorers: Louis (2), Tristan (2), Jonathan (2), Tony (1), Seb (1). Best Players: Jonathan, Louis, Tristan, Isaac. Big thanks to the boys for a great season they’ve worked hard and I couldn’t have asked for a better bunch of guys to coach, also a big thanks to parents for the early mornings, running the line and supporting the boys. Tom Wood: Coach.

Yr 9 lost to Mercedes 2-7. Scorers: Josh B and Nqobile D. The boys ran out the game and the season with the same enthusiasm shown at training – thanks to all players for their contributions. I believe we did improve individually and as a team, but this match showed that we still have a lot of room for improvement. Hope to see you all out there next season. Coaches Jordan and David Kilmartin and Michael Ayliffe.


Yr 8B lost to Marryatville 7-3. Best Player: Daniel K.

Yr 7/8 lost St Paul’s 2-6. Best Players: Jayden and Josh.

Yr 7A vs St Andrew’s—results not receive.

Yr 6/7 def CBC 6-2. Best Players: Ashley, Seb, Stephen.

Yr 6 lost to CBC.

Yr 8-10 Girls drew with St Dominic’s 1, 1 all. Emily kicked the goal! Well done girls!

**Round 13 Sport**

**Friday 28th August**

**Squash**—played at 4.00pm

Yr 9 Mixed Squash v St John’s 2—SEMI-FINAL

**Saturday 29th August**

**Primary Netball**

7 Gold vs Immanuel at Immanuel at 9.00am
7 Black vs Aberfoyle at Aberfoyle Campus at 9.00am
6/7 Rust vs Reynella East at Reynella East at 9.00am
6 Gold vs Belair at Cabra at 9.10am
6 Black vs Cabra 6 Rust at Cabra at 9.10am
6 Rust vs Cabra 6 Black at Cabra at 9.10am

**General Information / Important Diary Dates**

**Week 7 Term 3**

**Wednesday 2nd September**

SACPSA Touch Football Carnival

**Thursday 3rd September**

Yr 10 Netball Dinner

**Congratulations!**

To Dana J (10W) who has been selected in the South Australian Girls Under 15 Lacrosse Team to compete in the National Tournament in Melbourne, September 26 – October 2, 2015. Good luck Dana.

**School Holiday Camps**

School holiday camps for 11-13 yr olds. If your child is interested in some fun activities this school holidays please check out www.wildernessescape.com.au

Baseball—students interested in baseball have the opportunity to camp as well—for more information http://www.sportscampsaus.com.au/baseball/sca/adelaide-bite-junior-baseball-camp/

**Come ’n Try**

Want to try something fun in the school holidays? Over 16 South Australian sports associations are providing ‘Come ’n Try sessions for ages 5 to 16 as part of a week of ‘Come ’n Try sports that will be taking place in and around central Adelaide from Monday 28th September to Friday 2nd October. It’s going to be big! Come ’n Try sessions will start at either 9.30am, 12.00pm or 2.30pm at locations in the CBD and Park Lands and most sessions cost only $10! For further information and bookings please visit www.comentry.com.au. Participating sports: Australian Football, BMX, Bowls, Cricket, Croquet, Cycling, Gymnastics, Judo, Korfball, Life Games, Netball, Soccer, Softball, Tennis, Touch Football, Triathlon, Water polo.

**Thank you!!**

A big thank you to all those students who participated in the Cabra Winter Sport Program 2015. Your commitment to training and games and ensuring you were in correct uniform was fantastic to see! Thanks also to all of our fantastic coaches and of course the parents for those nice early mornings and assistance with scoring etc. Term 3 has been a busy term where Knockout Sport is concerned and we congratulate all those who took part in Knockout Sport (don’t forget to return hired/borrowed uniforms!). Good luck to the Primary Netballers on their last two rounds.

**Summer Sport** training and games begin WEEK 1, TERM 4. Fixtures will be available on CONEQT.P as soon as we have them.