Yr 9 Gold Coast Netball Trip

On Saturday 4th July ten Year 9 students and two staff members left for Queensland to attend the Annual National Netball Carnival. With endless hours of organising all girls and staff were extremely excited for the week ahead. The girls have been playing and training very hard together for the past few months. After two days of competition and 9 games of netball the girls saw themselves with 4 wins, 4 losses and 1 draw elevating them to A grade for the Junior competition for the remainder of the week which was a fantastic achievement in itself. Thursday and Saturday were the next competition days and playing in A grade we were always going to find it tough, but the girls continued to fight and display amazing sportsmanship. The girls finished fifth overall in A grade which was outstanding. When off the netball court, we enjoyed trips to Movieworld and Dreamworld, shopping trips to Harbour Town, beach games with the rugby teams and a sportsmanship dinner at Outback Spectacular. Team bonding on and off the court continued to strengthen with every day that we spent together. It was fabulous to witness the new friendships forming. I would like to extend my thanks to all parents for their support of the Cabra Sport Program for allowing your daughter to participate and to Ms Kayla Chumbley for coaching the girls. Overall, everyone played extremely well over the week. Each student had an individual goal and it was fantastic to see the improvement over the week. With over 20 (half) games of netball played all girls were able to improve not only their netball skills and plays on the court but enhance their team bonding and team work; this will continue to show as they recommence their Saturday morning competition games this weekend. Congratulations to all the girls: Patricia K 9T, Jessica W 9G, Sophie H 9N, Alysia Mc 9B, Kirah W 9G, Alicia M 9T, Taylor G 9B, Vice Captain: Sarah C 9N, Vice Captain: Ella G 9Y and Captain: Lauren C 9G. Special mention to Sarah C for winning the ‘Barbarian Award’ for the week which is an award achieved by not only someone who has played fantastic netball over the week but someone who has displayed outstanding sportsmanship and positive attitude as well. Well done Sarah! Best Player for the week went to Alicia M and Runner Up Best Player went to Captain: Lauren C. Ms Kara Smallman, Sport Coordinator.
Round 8 Sport

Friday 24th July

Squash—played at 4.00pm
Yr 9 Mixed Squash v Immanuel

Saturday 25th July

Basketball
Sr Boys vs Adelaide High School at AHS 10.30 (A), 9.30 (B), 8.30 (C)
Jnr Boys vs St Peter’s at Cabra 10.30 (A), 9.30 (B), 8.30 (C)

Football
Yr 8/9 vs Pulteney at Pulteney at 8.45am
Yr 6/7 vs PAC at Cabra at 8.45am

Netball
Senior A1 vs Sacred Heart 1 at Cabra at 8.10am
Senior A2 vs Loreto 1 at Cabra at 9.10am
Senior B1 vs Sacred Heart 4 at Sacred Heart at 8.10am
Yr 10A vs St Michael’s 3 at Cabra at 8.10am
Yr 10B vs Sacred Heart 3 at Sacred Heart at 9.10am
Yr 10C vs Cardijn 1 at Cabra at 10.10am
Yr 9A1 BYE
Yr 9A2 BYE
Yr 9B1 vs Loreto 2 at Nazareth at 8.10am
Yr 9B2 vs St Dominic’s 2 at Mercedes at 9.10am
Yr 8A1 vs St Michael’s 2 at St Michael’s at 8.10am
Yr 8A2 vs Cardijn 2 at St Michael’s at 8.10am
Yr 8B1 vs St Ignatius 2 at Mary Mackillop at 8.10am
Yr 8B2 vs Sacred Heart 2 at Mary Mackillop at 10.10am
Yr 8C vs Mary Mackillop 2 at Marryatville at 8.10am
7 Gold vs Westbourne Park at Cabra at 9.10am
7 Black vs Happy Valley at Cabra at 9.10am
6/7 Rust vs Westbourne Park at Cumberland Park Oval Courts 9.00am
6 Gold vs Braeview at Braeview at 9.00am
6 Black vs Belair at Belair at 9.00am
6 Rust vs Clapham at Clapham at 9.00am

Soccer
Open B1 BYE
Open B2 vs Scotch at Scotch at 9.45am
Yr 9B vs St John’s at St John’s at 9.45am
Yr 8A vs St Michael’s at Cabra OFF CAMPUS VENUE at 8.15am
Yr 8B vs Sacred Heart at Cabra OFF CAMPUS VENUE at 9.45am
Yr 8B vs Glenunga at Glenunga at 9.45am
Yr 7/8 vs Glenunga at Cabra OFF CAMPUS VENUE at 9.45am
Yr 7A vs PAC at PAC at 8.30am
Yr 6/7 vs Pulteney at Cabra at 8.15am
Yr 6 vs St Andrew’s at Cabra at 9.30am
Yr 8-10 Girls vs St Ignatius 1 at St Ignatius at 9.10am

General Information/Important Diary Dates

Week 2 Term 3
Tuesday 28th July
Open KO Netball—Round 2—St Michael’s

Wednesday 29th July
Open KO Soccer—Round 2—Nazareth
Girls SAPSASA Basketball Training—Lunchtime

Thursday 30th July
Open Girls KO Basketball
Boys SAPSASA Basketball Training—Lunchtime

Week 3 Term 3
Monday 3rd August
Open Girls Football Trials—3.45-5.00pm

Wednesday 5th August
SAPSASA Girls Basketball

Thursday 6th August
SAPSASA Boys Basketball
SACPSSA Cross Country Carnival

Friday 7th August
St Dominic’s Day

Week 4 Term 3
Monday 10th August
8/9 Girls Football Trials—3.45-5.00pm
Week 5 Term 3
Thursday 20th August
Winter Teams Sport Photos—schedule TBA

Congratulations!
Well done to Zoe W-R 9T and Ella S 9G who were a part of the SA Metro U16 women’s team who won a silver medal in Tasmania in the Holidays at the State U16 Basketball Competition, the team went down to South Qld by 1 pt. in the grand final. Good job girls!

Jed D7R won a gold medal in the 200 butterfly for the 2015 South Australian short course championships his time was 2.37.75 with a PB of over 16 seconds. Jed also won silver in the boys age 13, 800m freestyle he got nearly a min PB with a finishing time of 8.48.01. Great effort Jed!

Reminders
With only five weeks left of the Winter Sport Season we would like to take the opportunity to remind students of the importance of attending all training sessions and games. Please ensure that if you know that you will be unable to attend training you let your coach and/or Sport office know. All students involved in the School Musical are also expected at their games even if they have been unable to attend trainings. Also, don’t forget to keep up the good work with sport uniforms and good luck to all those playing this weekend! All maps can be found on Coneq.P for those teams playing away.

Girls Football
A reminder too about the U14 & U16 SANFL Girls Football Competition. Go to www.bitly.com/SANFLgirls to register or contact Emma Gibson for more information—emma.gibson@sanfl.com.au