The SACPSSA Netball Carnival held at ETSA Park Stadium on Tuesday 30th July brought about another very successful day for Cabra students in 2015. It was a great day for students to be out and about burning off some extra energy before term 2 comes to a close. This year we nominated 12 netball teams – eight girls teams and four boys team from Year 6 and 7. All students participated to the best of their ability and Cabra were lucky to win many of their games played which was fantastic, some teams were even undefeated which was excellent. The netball carnival gave both males and females the opportunity to ‘have a go’ at competition style netball matches against many other Catholic schools. There were four draws (7A, 7B, 6A and 6B) with each team playing five or six (12 minute) games of netball over the course of the day. The SACPSSA carnival also allowed students to experience coaching netball teams and umpiring to enhance their skills which was also excellent to see. Thank you to all Yr 6/7 students who participated, to our Yr 9, 10 and 12 students who coached the teams and to our Yr 12 PE students who umpired for the day; it was a very successful day and you all did a fantastic job. You should all be very proud at the excellent way you all conducted yourself. Well done! Thank you to all the staff members especially Michael O’Dea for his organisation before the event, Laura Foti, Kim Jones, Annelise Johnston, Kyerin Grundy and Sharon Cibich who came along and supervised on the day. Another very memorable and enjoyable day on the Cabra Dominican College sport calendar. Ms Kara Smallman, Sport Coordinator

On Tuesday the 30th of June, the year 6 and 7 students of Cabra Dominican College united to participate in the SACPSSA Primary netball carnival at ETSA Park. My role as sports captain, alongside numerous other senior school students, was to coach all teams to victory! With a few wins and losses, regardless of the scores, the day was extremely successful and fun. All students, with or without a netball background, displayed excellent skills and team work. Yet the day was not only about the netball, getting to know the younger students was a humbling experience and a perfect way to create a stronger connection between the younger and older students of Cabra. Being able to coach the students was also a great experience for me personally, as I could further develop my leadership skills in an alternative way. Overall, the students represented Cabra with pride, showing off great attitudes and skills in the game. Rosie Byrt (Sport Captain – 12N)
**Basketball**

Snr Boys vs Sacred Heart
Cabra A lost 39-71. Best Players: Jalen C and Harry R.
Cabra C lost 20-55. Best Players: Lachlan E and Henry C. Top Scorers: Lachlan E (7 pts), Will G (6 pts)

Jnr Boys vs Sacred Heart
Cabra A won 38-29
Another great win by our undefeated A side. The boys came out firing in the first half, up by 18 at half time. Sacred Heart made a comeback to make it a 5 point game at the end of the 3rd. When the game was in the balance our boys stood up and managed to finish the game strongly, winning by 9 points. Best Players: Patrick M and Aidan B. Top Scorers: Aidan B (10 points), Josh V (8 points)
Cabra B won 41-31. A fantastic win by the boys! A really close game, where Cabra were at half time and fought back with an awesome fourth quarter, outscoring Sacred Heart 13-5. Well done!!! Best Players: Kyle D, Zac F. Top Scorers: Sam B (10 points), Zach F (9 points)
Cabra C lost 23-68
A solid effort by the C’s against strong competition. After a slow start the boys fought back in the second and third terms to make a real game of it but unfortunately they ran out of legs in the final quarter. We look forward to having a full strength team in Term 3. Best Players: Tyler F, Adam C. Top Scorers: Tyler F (8 points), Luis R (6 points).
Ben Heath: Basketball Coordinator.

**Football**

Yr 8/9 lost to Cardijn 7.3.45 to 10.7.67. Goal kickers: Mirabello 3, Vaughan 2, Moore 1, Viskic 1.
Yr 6/7 lost to St Michael’s, 1.0.6 to 11.8.74. Best Players: Hamish, Kye, Eli & Nick M.

**Netball**

Senior A1 lost to Sacred Heart 1, 24-44. The team had been decimated by injuries/sickness but everyone tried hard. Thank you to Bridgett S and Bronte T for filling in Best Players: Grace S, Georgina S.
Senior A2 lost to Sacred Heart 2, 26-45. Disappointing loss, turnovers costly. Improvement with passing and strong defence throughout the court is a must if Cabra want to be competitive. We have a versatile team, and players need to perform with some aggression to get across the line which will in turn provide a better game result. Best Players: Lauren C, Chloe W.
Senior B1 BYE

Yr 10A defeated Loreto 2, 28-17. Won every quarter, great team effort. Thank you to Sonia D for filling in Amy C (injury), Best player: Georgina M.
Yr 10B lost to Sacred Heart 2, 15-25. Bad luck girls, some good turnovers but SHC too strong. Best Players: Olivia M, Riley C.

Yr 10C BYE

Yr 9A1 lost to Gleseson 1, 17-37. Best Players: Sophie H, Ella G
Yr 9B1 lost to Mercedes 3, 16-17. So close, good work girls. Best Players: Laura, Tiana.
Yr 9B2 defeated Marryatville 30-7. Good strong win, great team work girls. Best Players: Tara W, Grace M.
Yr 8A1 drew with Gleseson 1, 29 all. High pressure game which got the better of us but girls turned it around to finish with a draw. Good come back girls. Best Players: Emily B, Louise S.

Yr 8B1 lost to Marryatville 1, 12-47. We tried hard but too many turnovers which Marryatville able to capitalize with strong shooting.
Yr 8B2 BYE

Yr 8C lost to Marryatville 3, 9-26. Girls played an excellent game, showed a lot of improvement but were defeated by a much stronger side. Best Players: Sophie B, Whitney B
7 Gold defeated Mitcham 34-7. Best Players: Sophie and Ellie.
7 Black lost to Braeview Blue 24-8. Best Players: Kimberly and Alex.
6 Gold vs Braeview—results not received.
6 Black lost to Braeview 9-14. Best Player: Emily.

**Soccer**

Open B1 defeated Sacred Heart 4-2. Best Players: Teo Z, Marcus S & Nick M.
Open B2 lost Glenunga 2, 1-2.
Yr 9B defeated Glenunga 5-3. This was an impressive win, and we might’ve won by more if we’d played more like a team in attack rather than trying to do too much as individuals. Mid-field were a good springboard from defence to the attacking half, well-done Cooper, Andrew, Max, Hayden and Nqobile. Defence was solid in what one parent said was the best game defence had played yet (I agree). Key to that was game MVP Luke Bruno, chasing down the attacks and rebounding, along with Nick and Joe. Sam Sprigg did a marvellous job as keeper with incredible kickouts. Sam Carmichael played his best game on defensive edge. Khai fed into many attacking forays, as did Josh (MVP in attack), Ben and Ethan. Ethan almost knocked in a sharp header from a Josh cross, and Nqobile showed desperation in defence during the late stages. See you next term for soccer (and burritos!!).
Yr 8A drew with St Michael’s 1 all. Best Players: Jack and Lucas T.

Yr 8B defeated Mercedes 1-0. Best Players: Oliver and Daniel.

Yr 7/8 BYE

Yr 7A lost to Sacred Heart 0-5.

Yr 6/7 lost to Sacred Heart 4, 0. Best Players: Alexia, Ashley & Stephen K.

Yr 6 played a scratch match against Immanuel due to low numbers.

Yr 8-10 Girls BYE

General Information

Important Diary Dates

Week 1 Term 3

**ALL SPORT TRAINING RECOMMENCES FROM TUE**

Friday 24th/Saturday 25th July

Round 8 – Winter Sport

Week 2 Term 3

Tuesday 28th July

Open KO Netball—Round 2—St Michael’s

Wednesday 29th July

Open KO Soccer—Round 2—Nazareth

Thursday 30th July

Open Girls KO Basketball—Seymour College

Week 3 Term 3

Wednesday 5th August

SAPSASA Girls Basketball

Thursday 6th August

SAPSASA Boys Basketball

SACPSSA Cross Country Carnival

Friday 7th August

St Dominic’s Day

Congratulations!

Mia D (6G) was selected in the – Southern Heights and City South SAPSASA Team. With only 3 members of the team having any hockey experience to come off with 3 wins out of 9 was fantastic! Mia played in goals for 4 of the 9 games and got some time in other positions. What a great experience—well done Mia.

Well done also to Stephen H, Kynan F, Adam H and Anthony C on being selected and playing in the SAPSASA City South Soccer Team. The boys enjoyed the experience thoroughly. Great job boys!

Girls Football Opportunity—SANFL

History is set to be made as the SANFL introduces a NEW U14 & U16 Girls Competition. All eight non-AFL aligned SANFL clubs are seeking enthusiastic girls to play their part in an exciting new competition for those born from 1999 to 2004. Starting in August this year, the competition will include eight teams at Under-14 level and eight at Under-16 level, with registrations now open by heading to www.bitly.com/SANFLgirls. The competition is targeting all females, with no football experience necessary to take part in this exciting opportunity to be involved at an SANFL Club. Whether you’re a football superstar, or have never played before, we are looking for you to get involved and play footy for your local SANFL club. All players will be ‘zoned’, according to their residential address. Like their male counterparts, each participant will play for the SANFL club according to the zone they live in. Come and Try days will be held in the school holidays for all girls interested in playing. Dates and locations can be found on the flyer attached to this email. Please register below for more info on your specific club School Holiday Clinic, or contact SANFL Female Football Coordinator, Emma Gibson on emma.gibson@sanfl.com.au

School Holiday Clinics—ICA Stepney

Book early so you don’t miss out. View our website (http://www.icastepney.com.au/) for a full list of dates and book your kids in for some fun.

Clinics are held every Tuesday from Tuesday, full day is from 9.30am to 3.30pm, half day sessions are from 9.30am to 12.30pm or 12.30pm to 3.30pm.

Clinics are available to all school aged kids. Your kids are fully supervised in our indoor arena which is also air conditioned. Our coaches cater for kids of any skill level Soccer, cricket, netball, dodgeball, t-ball, mobile basketball and many more games will be played

Lunch is provided for everyone at the full day and the morning clinics. Kids need to bring their recess/snacks and a drink bottle. Larger group bookings can also be arranged.

$40 is all you will pay for one child to attend a full day, or:
$75 for 2 kids or 1 child for 2 days
$105 for 3 kids or 1 child for 3 days
$130 for 4 kids or 1 child for 4 days
$25 for a half day session

The group discounts can be shared amongst your family and friends.

Enjoy the break!

A note to say we hope you all enjoy the holiday break. We look forward to seeing all sporting teams out at training and games in Week 1! Good luck to the Yr 9 girls travelling to the Gold Coast on Sunday to participate in the 2015 Canterbury Carnival—we look forward to hearing all about it when you return!