On Monday the 1st of June about 40 Year 6 and 7 students participated in the SACPSSA Athletics Carnival. We started off with the 60m hurdles, earning us some points. Then, field events started straight after, all the students who participated in the field events did a great job for Cabra. A short time after, the major track events started with the 800m, 400m and 100m which took up most of the day. All runners did Cabra proud by getting us some big points. The athletes pushed themselves until the very last moments. The runners got to rest after the amazing first half of the day and had lunch. After the break the running events continued; well done to Jordan, Mia, Cooper, Bailey, Kevin, Eze, Abbey and Ruby who participated in the 1500m. Finally, the last event to take place was the 4x100m relays. Everyone got to see some amazing running. We were excited with some great wins for the day; Cabra girls won the U11 section with Keeley Kustermann winning individual champion and the U12 boys also won their section. Great job also to Kynan Fuller and Holly Ridgway competing in the Pentathlon, with Kynan coming 2nd—great job! Congratulations to all athletes especially those achieving 1st’s: Cooper Thomson U12 High Jump; Jok Bulabek U11 60m Hurdles, 400 m, 200 m; Emma Hejka U11 60m Hurdles, 100m; Neve Prime Senior 60m Hurdles; Keeley Kustermann U11 800m, 100m, 400m and 200m; Lily Di Cola U11 800m, 100m, 400m and 200m; Bailey Griffiths U12 800m, 400m; Alix Deane-Freeman U12 800m, 100m, 400m; Liam Westdijk U11 100m, 200m; Will Moore U12 100m, 200m; Phoebe Lucas U12 100m, 200m; Elise Drum U12 100m; David Green Senior 100m; Sebastian Mills U11 Long Jump; Lucas Brownsea Senior 400m; Chloe Maltman Senior 400m; Taylor Hutchinson U11 200m; U11 Girls Relay and U12 Girls Relay. Well done to all the students who participated in the Athletics Carnival. It was a lot of fun and we had the best time. Thanks also to the teachers who came along to assist and support us: Mr O’Dea, Miss Symons, Mr Grundy and Mr Jarrad. **Lily Di Cola & John Arcilla.***
Open Knockout Netball—Round 1

GAME 1: Cabra 40 v Mercedes 39: a very intense game, the lead changing several times. Some nerves led to a shaky start, but once Cabra starting focusing on front leads, and goalies shooting improved, the momentum shifted in Cabra’s favor. Some outstanding defence work from Georgina Sawyer, Grace Smallacombe and Carly Payne forced turnovers and the drive of Saraid Kustermann throughout the court displayed strong direction into the attacking zone. Lauren Hatcher and Mia Davies holding a strong position playing WA and winning the centre pass; applying pressure on their defender to progress to the circle position enabling Bridget Cain, Ashleigh Russo and Simone Rothe to use the circle for better shooting positions. Good to come away with the win for the first game of the round.

GAME 2: Cabra 42 v Henley High 38: The girls knew they had to win this game to progress to the next round, and started strongly with Rosie Byrt playing a defensive role in WD; proved the abilities of the girls to adapt to position. Henley having tall shooters and circle defenders was the challenge to the girls, and to their credit, they displayed strong passing, maturity and spatial awareness moving the ball through the court. Fantastic win, congratulations to Jo Sawyer (Coach) and the team. Tracey Smallacombe: Senior Netball Coordinator.

Yr 10 Knockout Netball—Round 1

Round 1 of Yr 10 KO Netball was hosted by Blackwood HS. Cabra’s first game was against Hallett Cove who Cabra proved to be far too strong for in all aspects on the netball court. All girls in all positions on the court performed very well displaying some great netball from defence, midcourt through to the goal circle. Accuracy in the goal circle was fabulous to watch and the defensive pressure down the court was fantastic. After a 30minute break the girls had to come up against Blackwood HS, never an easy opponent especially with only a 30min break after playing a 4 quarter game with 15min quarters. The Blackwood girls were quite a strong bodied team and unfortunately had a couple of extra centimetres on our girls, however despite the tough competition right from the starting whistle, we never gave up. Our third quarter was definitely a highlight as it was even for majority of the quarter and the girls finished with a 9-7 quarter which was a great effort. Blackwood continued to press on in the fourth and unfortunately were too strong for our girls and will therefore move forward to Round 2. Fantastic effort to all girls who played. Thank you to Eddie Janmaat for coaching the girls on the day.

Results: Cabra V Hallett Cove – WON 63–23
Cabra V Blackwood HS – LOSS 48-23

Primary Knockout Soccer—Round 2

Unfortunately the Year 6/7 KO soccer boys weren’t quite good enough in their 2nd round match in Week 5 losing 2-1 to Sacred Heart. It was an extremely tight affair and went right down to the wire, Sacred Heart scored with only 2 minutes remaining. The boys fought hard all game and were unlucky not clinch the win. Goal Scorer: Kynan Fuller.
Results—Round 4

Squash

Yr 9 Mixed Squash defeated Immanuel 1, 4-0. Quite an interesting set of matches where it seemed we were in control but were reducing our technique against an easier opponent, mainly in the form of calling our let’s. That aside, we dominated from start to finish which always makes us happy. **Leigh Symonds: Coach.**

Basketball

**Snr Boys** vs St Peter’s


**Snr C**—lost 21-39. Best Players: Will G and Alex H. Will G 5 pts, Cooper H 4 pts.

**Jnr Boys** vs St Peter’s


Football

**Yr 8/9** - Cabra 6-4 40 lost to Pulteney 15-6—96

2nd and 4th quarters were 3.0 to 3.2 and 3.0 to 4.1. Unfortunately for the rest of the game, when players didn’t follow instructions or work hard for each other we were only able to score 4 points to their 8.3. We’ve had some frank discussions about a lack of willingness to work hard and be brave in the game, and that the difference between our best football and our worst football cannot be so large. Consistency is our big challenge. Goal Kickers: Daniel Vaughan 3, Angus Parker 1, Mitchell Cleverley 1, Luke Heitmann 1. Best Players: Luke Heitmann, Angus Parker, Patrick O’Dea, Daniel Vaughan, Jay Mireballo, Cameron Moore. **Michael O’Dea: Coach.**

**Yr 6/7** lost to Sacred Heart 4, Cabra 3-9-27 to 5-5-35. A really strong game with everyone standing up with one man down after half time. The boys are improving every week and putting in 100%. Best Players: Ben, Hugo, Eli, Liam and Kye. **Alek Berry: Coach.**

Netball

**Senior A1** vs St Michael’s 1

**Cabra A1 Senior Netball: lost to St Michaels (30-34).** It was inevitable that St Michaels would be a tough team to beat and the small margin was withheld throughout the game. Although the girls unfortunately couldn’t attain the lead, it was still one of their best games of the season so far. Working the ball down the court into the attack was a hard task, but eventually was achieved through good communication and movement, especially by Lauren Hatcher and Carly Payne. Regardless of St Michael’s height and great offensive side, both Georgina Sawyer and Grace Smallacombe in defence applied constant pressure, resulting in several turnovers. Overall, the girls worked cohesively but were unfortunately unable to catch St Michael’s small lead as it turned out to be a goal-for-goal game. Hopefully the girls can maintain this energy and teamwork to carry into the knock-out rounds on Tuesday!

**Written by Sport Captain: Rosie Byrt.**

**Senior A2** defeated Sacred Heart 3, 29-28. Fantastic team result, great court coverage, turnovers resulting in goals. Best Players: Sophie O’D, Sarah G.

**Senior B1** drew with Marryatville 1, 19-19. Good court coverage, hopefully we’ll get across the line next time we meet this team. Best Players: Maddi C, Lucy Mc.

**Yr 10A** lost to Cardijn 1, 22-30. Bad luck girls, tough game. Cabra won the second half. Best Players: Georgia M, Amy C.

**Yr 10B** defeated Sacred Heart 4, 30-15. Amazing team effort, all worked hard in all aspects of the game. Best Players: Madison C, Emily M.

**Yr 10C** drew with Mary Mackillop 4, 10-10. Best Players: Erin S, Anna R.

**Yr 9A1** defeated Loreto 1, 35-31. Best Players: Alicia M, Lauren C.

**Yr 9A2** lost to Marryatville 1, 9-43. Best Player: Patricia Kottaridis.


**Yr 9B2** defeated St Dominic’s 2, 34-6. Great team work. Best Players: Grace M, Cristine L.

**Yr 9A1** defeated Mercedes 1, 34-17. Great defence work against a strong attacking team. Best Players: Emily B, Holly P.

**Yr 8A2** lost to Cardijn 1, 16-29. Even though a loss, game played in good spirit. Well done girls. Best Players: Sienna Z, Sophie G.

**Yr 8B1** lost to Mercedes 2, 17-26. Best Player: Kaitlyn H.


**Yr 8C** lost to Mercedes 3, 8-14. Best Players: Katarina O, Lara B, Khadija A

**7 Gold** defeated Belair 27-6. Best Player: Sophie.


**6 Black** defeated Highgate 25-4. Best Player: Lily and Emma H.

**6 Rust** lost to St John’s Grammar 3-28. Best Players: Marie and Amy.

Soccer

**Open B1** defeated Scotch 2, 10-1. Great game—well done boys. Best Players: Teo Zoitakis, Jayden Clarke and Greg Cook.
Open B2 defeated Pulteney 23-1. The boys played the most amazing game of football I’ve ever seen in my five years of coaching and over a decade of playing. The Cabra boys prepared well early and within 7 minutes Louis had his hat trick. The boys did not stop piling the pressure on to a visibly disorganised and panicked Pulteney side. Cabra moved the ball well and took every opportunity that came their way. Sebastian found the net from way outside the box and Daniel put in a textbook free kick from distance. Carmelo had one of his best games playing midfield in the first half before scoring as goalkeeper in the second, taking the ball from one end of the pitch to the other before slotting the ball away for an amazing goal. The boys looked unstoppable and couldn’t put a foot wrong, a perfect team effort with 10 individual goal scorers. Best on ground: everyone. Goal Scorers: Louis (6), Daniel (4), Jaxon (1), Tom (3), Jonathan (2), Sebastian (1), Tristan (2), Carmelo (1), Isaac (1), Louis C (2).

Tom Wood: Coach.

Yr 9B lost to Concordia, 2-4. After leading 2-1 at half-time we failed to capitalise on plenty of further opportunities and Concordia made us pay for a couple of slipups. Defence held up well under pressure and we had plenty of run into the forward zone – just need to hit the back of the net. Goals – Joshua Brown and Ben Hutchinson. Best: Nqobile Dube, Khai Cho.


Yr 8B defeated Unley HS, 6-2. Best Players: Declan, Charlie W and Oliver.

Yr 7/8 lost to Sacred Heart, 2-4. Best Player: Connor.

Yr 7A defeated CBC 2, 11-0.

Yr 6/7 defeated St Ignatius, 3-2. What a great game! Many smiles. Best Players: Xaan Borbasi, Seb Mills, Ryan Farquhar.

Yr 6 lost to Pembroke—the Team got a nasty surprise and although the boys tried throughout the whole match, we lost 15-2. Still proud of the boys though. Scorers: Ky, Luca. Best Players: Ky, Brodie, Luca. Aistas Bakutis: Coach.

Yr 8-10 Girls vs Mary Mackillop 1 Unfortunately the girls soccer lost 3-0 but they played really well and came close a number of times to scoring a goal.

General Information

Important Diary Dates

Week 7 Term 2
Monday 7th June
Queen’s Birthday Public Holiday
Thursday 11th June
SAPSASA Football—Round 2—Cabra 2pm

Week 8 Term 2
Thursday 18th June
Yr 8/9 KO Soccer—Round 1—Blackwood High School
Yr 8/9 KO Netball—Round 2—Henley High School

Ben Griscti (7G) and Elijah Laube (7B) played in the City South SAPSASA Football State Carnival at West Beach last week. They played 9 games over the week in Division 1 of the Carnival, won 6 (defeating Airport, Torrens River, South West, Lower Eyre Peninsula, Adelaide South East and Lower South East) and lost 3. The 3 losing games were by less than a goal each and to teams that finished in 1st, equal 2nd and 4th in the Carnival. City South finished 3rd overall in Division 1. Well done boys—what a great experience!