Cabra's Senior Knockout team played its first game during week three facing Unley High School on their centre turf wicket. Captain Charlie Parker lost the toss and was asked to bat. A good move for Cabra as Jarrad Satanek and Louis Hutchinson started in blazing fashion passing the 50 run partnership inside 6 overs. Louis (15) fell to a mis-timed pull shot and ballooned a ball to mid off. Jarrad went on to a well played 73, supported along the way by Sam Hutchinson (36). Both Sam and Jarrad again fell to sky-ball catches from mis-played shots. Enter Charlie Parker at number 4. He began to work the ball all around the wicket in a more sensible and restrained manner. He was amassing runs quickly with dot balls a rarity. Wickets fell around him as Cabra boys attempted to keep pace with the rate previous batsmen had scored, Charlie though, continued to dominate the strike. With 4 overs remaining Charlie needed 29 to reach his hundred, and whilst in today's cricket that was an achievable run rate for a team to win a game, Charlie had to account for balls he undoubtedly face when not on strike. With a little more urgency Charlie started finding the boundary in a more unconventional fashion and smartly taking singles on the final ball of the over- he was truly in control and Unley could do nothing to prevent the inevitable. Charlie reached three figures with 4 balls to spare, reaching his maiden ton for Cabra and enabling the team to reach 7/290. In the innings break I explained to the boys that they had created the very best pressure in cricket, that is genuine scoreboard pressure, and that if we stuck to the process and bowled tight lines and lengths, Unley would soon succumb to the sheer weight of runs required. The boys listened, ending the game with Unley all out for 49. Charlie Farrell taking 3/8 from his 5 overs upon return to Cabra cricket. College Vice Captain Harry Telford bowled his 4 overs taking 2/17 and Declan Bayly, Jarrad Satanek and Sam Donnelly sharing the rest. A well executed win, well played Boys! Shaun Ossitt, Coach.

CABRA PINK STUMPS CHALLENGE DAY

Don't forget about the Pink Stumps Challenge Day (inspired by the Sydney Pink Test) being held here at the College THIS WEEK—Saturday February 21st. Not just for Cricketers—ALL ARE WELCOME to help us raise money for a fantastic cause! This is an opportunity to raise funds for the McGrath Foundation who ensure all families experiencing Breast Cancer have access to a breast cancer nurse. Please follow the link below to donate and come along in your pinkest outfits on Saturday 21st February from 8.30am, enjoy a sausage sizzle, coffee from a coffee van and support the boys as they play for a cause! http://pinkstumpsday2015.gofundraise.com.au/page/CabraDominicanCollegeCricket
IMPORTANT DIARY DATES

Week 4, Term 1

*PRIMARY BASKETBALL TRAINING/GAMES COMMENCE*

Monday 16th February
Yr 10 Knockout Cricket v Blackwood at Blackwood Cricket Meeting—meet in Gym Foyer—6pm

Tuesday 17th February
Yr 6 Netball Trials 3.45-5.00pm

Thursday 19th February
Yr 7 Netball Trials 3.45-5.00pm

Friday 20th February
Yr 8/9 Knockout Cricket v Blackwood at Blackwood

Saturday 21st February
Cabra Pink Stumps Challenge

Week 5, Term

Tuesday 24th February
Swimming Trials—Primary Boys & Girls/Secondary Girls 7.30-8.30am Unley Pool—Ethel St Forestville
Yr 6/7 Netball Trials 3.45-5.00pm

Thursday 26th February
Yr 8 Netball Trials 3.45-5.00pm

Friday 27th February
SAPSASA Swimming Carnival—6pm Magill—State/Club Swimmers Only

GENERAL INFORMATION

SAPSASA Swimming
This team will be chosen after the swimming trial on Tuesday morning.

Netball Trials BEGIN NEXT WEEK—WEEK 4
It is important that if you wish to play netball you attend the trials that are coming up in the weeks ahead. Netball is very popular here at Cabra and we are proud to have over 30 teams from Yr 6-12 play Winter Netball. Everyone who attends the trials will be placed in a team—no one misses out!

Training/Round 1
AS per email and Loud Speaker announcements, unfortunately ALL ROUND 1 SPORT has been CANCELLED due to the extreme weather forecast. We would like to take the opportunity to thank all players for their fantastic attendance at training this week—keep it up—please remember that if you are UNABLE to make training you must inform your coach or the Sport Office.

Athletics
If you are a new student this year (YR 8-12) and have talent in Athletics—throwing/running/jumping—please come and see Miss Smallman in the Sport Office to put your name/interest down for the Secondary Co-Ed Athletics Carnival.

Soccer
Cumberland United Soccer Club’s next GOAL KICK Program for 5, 6, 7 & 8 Yr old Boys and Girls commences shortly for 8 sessions concluding with presentations on the last morning. All sessions will be held at A.A Bailey Reserve—Winona Ave, Clarence Gardens—9.00-10.15am each Saturday morning.

Program 1 – Sat 21st Feb until Sat 11th April
Program 2 – Sat 6th June until Sat 25th July
Program 3 – Sat 17th Oct until Sat 5th Dec

Our Program has been designed by experienced coaches and is implemented progressively over the eight weeks to provide children of all levels with new skills. Shin Pads are compulsory.

Cost is $125.00 Inc. GST.
Application Forms are available for download on line at www.cumberlandunited.com.au look under juniors then Goal Kick or you can contact Neil Young 0406 899 989 for further details.

Cricket—SAPSASA State Girls Trials
If you daughter is in Year 6 or 7 and interested in Cricket the SAPSASA State Girls’ Cricket Carnival Trials/T20 Blast Regional Carnivals are coming up. See below for dates and check website for more information.

Week 5
Southern Adelaide Metro Zone Thursday Feb 26
Southern Adelaide (Reynella Oval, TBC)
Eastern Adelaide Metro Zone Friday Feb 27 Eastern Adelaide (Ford Oval)

How to get involved:
1. Individual Girls can register their interest through their SAPSASA District Convenor (ask your school Sports Coordinator/Contact for details or go to http://www.decd.sa.gov.au/sport/pages/sapsasa/sapsasa/?refFlag=1 for a list of contacts) and attend on the day, where there will be teachers supervising.

CONGRATULATIONS!!

Natassia Messent (10Y) ran at Santos last week and qualified for the Australian Junior Championships in Sydney in March with a time of 59.68 (finally broke the minute) for the 400m. She has also been selected in the U/18 4 x 400m relay team. Well done and good luck to Natassia.

Happy Snaps/Sports news/success
The Cabra Sport Office LOVE sport happy snaps and hearing of Cabra Students’ Sporting Success! If you happen to take any pictures at your child’s curricular matches, or your child has had some sporting success outside the College; please email us at sport@cabra.catholic.edu.au