Cabra hosts Dominican educators from Indonesia

While some times the middle of term can feel anything but exciting, especially when the weather is overcast and cold, a quick walk around the College this morning revealed a wonderful variety of interesting lessons and activities. Here are just a few:

- Year 10 students are about to commence their Geography examination
- A year 6 class listening intently to a guest speaker as she described the characteristics of the animals that they were taking time to hold and feed
- Three students in the Aquinas area rehearsing their lines from Macbeth
- Students in the Art/Design area were engrossed in their latest projects in metal, ceramics and media

Such variety and I only got to see a very small portion of all that was happening at Cabra on a typical Wednesday morning.

One of the things that I enjoy most about schooling in the Twenty First Century is the richness of the experiences and learning available to our students. While it is often very difficult to measure these, like one does for literacy and numeracy, they still form a vital component of each young person’s development as he or she grows into becoming a responsible and active member of society. Taking just a few minutes to observe our students actively engaging with learning always fills me with optimism for the future and pride in the quality of education that we are able to provide here at Cabra; even on an overcast day in the middle of term.

**Dominican Visitors from Indonesia**

Following a chance conversation at a Dominican Education Conference last year we recently hosted a small delegation of Dominican educational leaders from Indonesia. During their two week visit our guests were very keen to learn as much as they could about how we educate students at Cabra Dominican College. They were especially grateful to have the opportunity to observe lessons and discuss approaches to teaching and assessment with teachers from all faculties.

As leaders in Dominican schools themselves, our guests were particularly interested to gain an understanding of how a Dominican approach infuses all aspects of learning and living at Cabra. It was in our conversations about what it means to educate students in a Dominican way that we discovered how similar we are despite the differences in location, geography and culture.

While I know that our Indonesian colleagues gained a great deal from their visit, perhaps the most important thing from my perspective was that it gave us at Cabra an opportunity to get to know some of our extended Dominican family.

Best wishes to all of students for the weeks ahead especially those who are completing examinations and major assessment tasks. We look forward to the start of a new semester in Week 9.

Brian Schumacher

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**CALENDAR EVENT DATES**

**JUNE 2013**

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<th>Event</th>
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<td>Thursday 6th</td>
<td>Stage 2 Maths Apps exams (Aquinas 12-14)</td>
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<td>Stage 2 Music Performance Evening – Solo/Ensemble</td>
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<td>Student Free Day</td>
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<td>College Photos – Schedule on Page 2</td>
<td>Thursday 13th</td>
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<td>Stage 1/Yr 10 Music Performance Evening</td>
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<td>Tuesday 18th</td>
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<td>Choral Division Eisteddfods Parent Information Evening - ‘Cybersafety’ 7:00pm Caleruega Hall</td>
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<td>Wednesday 19th</td>
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<td>Yr 10’s Life Education - ‘Drugs’ 11:00am, St Dominic’s Hall, (B3 Black, Gold, Navy, Rust)</td>
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<td>Yr 11’s RAP Program B3 Venue TBA</td>
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<td>Non Uniform Day Meet the Writer’s Festival</td>
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<td>Friday 21st</td>
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<td>Year 11 Defence Force Presentation - (B6&amp;7 - St Catherine’s 4)</td>
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FROM THE UNIFORM SHOP

New Style Track Pants Available
Child, Youth, Unisex and Ladies sizes available. $55.00 each.

Uniform Shop
Term 2 Opening Hours

TERM 2, 2013:
Monday: 8:30am to 5.30pm
Wednesday: 8:30am to 5.30pm
Friday: 8:15am to 3.45pm
Closed Mon 10th June

TERM 2 School Holidays:
Please note the Uniform Shop will be open on the following days during the Term 2 school holidays:
Wednesday 17th July:
10.00am to 5.00pm
Thursday 18th July:
10.00am to 5.00pm

Entrance via Little St
Phone: 8179 2461
Email: uniform@cabra.catholic.edu.au

Metro Card Recharge

We wish to advise we now offer pre charged Metro cards for:

Student cards – $13.50
Which comprises of $3-50 for the initial purchase of the card and $10.00 credit pre-charged to the card ready for immediate use.

Adult/Full fare cards – $25.00
Which comprises of $5.00 for the initial purchase of the card and $20.00 credit pre charged to the card ready for immediate use.

Cards can then be charged with as little as $5.00 or up to $200.00 if required.
Note: Please remember to register your Metro card on the Adelaide metro website
www.adelaidemetro.com.au

In case of theft or accidental loss, as any credit on your existing card can be transferred to your replacement card.
Existing tickets will still be able to be used in parallel with the “Metrocard” system on buses, trams and trains.
“Day trip” and “Single trip” Metro tickets are still available and can be purchased from the Cabra Book Room.

ENROLMENT REMINDER
Interviews for students commencing in Year 6 & Year 8 2015 will be taking place from 12th June this year.
All families wishing to apply for this year must lodge a completed enrolment form ASAP for the student wishing to attend.

This includes siblings of existing families.

BOOKROOM PAYMENTS

Payments to the College
We ask that when making payments to the college, either for School fees, Sport fees, Excursions, Trip deposits or Music fees – that payments are made individually to the respective areas – i.e. “Cashier”, “Bookroom” or “Uniform Shop”. We cannot accept consolidated payments for multiple service areas, as we are separate entities within the College and have individual Banking reconciliations.
Thank you for your understanding.

School Fees – Cashier at Main Reception
We accept payment by cash, etftpos ,credit card or cheque (credit card payments can also be made by phone).
We also offer EFT or Bpay and arrangements will need to be made with our Accounts Dept.

Overseas Trip payments, Music fees (Not Tutor), Excursion and CLW fees if applicable – Book room
Must be paid as a separate amount as a separate transaction to the Book room and can be paid by cash, etftpos ,credit card or cheque (credit card payments can also be made by phone).

Sports Fees – Uniform shop
Must be paid as a separate amount as a separate transaction to the Uniform Shop and can be paid by cash, etftpos ,credit card or cheque (credit card payments can also be made by phone).

We apologise and understand this may be inconvenient for some but it is the most practical way for this to be done at present. We thank you for your assistance with this matter.

COMMUNITY NOTICES

The services and events contained in this newsletter are in no way connected with the school and are included for your information only. Parents and caregivers need to make their own enquiries and assessments about the suitability of these events and services for their needs and those of their children.

JOB OPPORTUNITY

THE FEDERATION OF CATHOLIC SCHOOL PARENT COMMUNITIES
Seeking an experienced Administrative Assistant to join a small but dynamic office team. Based at Thebarton, the position works three days a week for 15 hours a week during term time only.
For more information visit:
www.parentfederation.catholic.edu.au
or contact Executive Director, Ann Bliss:
amn.blliss@cnsa.catholic.edu.au
or phone 8301 6685.
Applications close 21 June 2013.

MARY MACKILLOP CENTRE ADELAIDE
JUNE—JULY EVENTS, COME JOIN US!
Honouring St Mary Mackillop;
● Saturday, June 8th and Monday, July 8th
Refugee Week:
● “I was a Stranger”
Tuesday, June 18th
“Asylum Seekers the truth we’re not hearing”
● Saturday, June 22th

A quiet stroll with god…
● Monday, July 29th

609 SQUADRON
● AUSTRALIAN AIR FORCE CADETS
RECRUIT INFORMATION NIGHT
Friday, August 2nd from 7:30pm
Warradale Barracks, Oaklands Rd, Warradale
For information call us on 0417 813 362 or email: co.609sqn@aafc.org.au

FREE COMMUNITY INFORMATION SESSION
– SAFE PARTYING
● Thursday, June 6th: 6pm - 8pm
Pyrmont Community Centre, 34 Long Street, Pyrmont,
To RSVP please call Kristy Turner on 8416 6236 or email: ktturner@wtc.csa.gov.au

MARYMOUNT RECHARGE
COMEDY SHOWS FOR MUMS
ATTENTION ALL MUMS, FRIENDS AND FAMILIES!!! GET YOUR DIARIES OUT, CONTACT ALL YOUR GIRLFRIENDS & FEMALE RELATIVES
● Friday, June 28th at 7:30pm in the Marymount Polding Centre
Tickets available from the Bookroom or online at www.comedyshowsformums.com.au

ENROLMENT REMINDER

We wish to advise we now offer pre charged Metro cards for:

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Which comprises of $3-50 for the initial purchase of the card and $10.00 credit pre-charged to the card ready for immediate use.

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Existing tickets will still be able to be used in parallel with the “Metrocard” system on buses, trams and trains.
“Day trip” and “Single trip” Metro tickets are still available and can be purchased from the Cabra Book Room.

Please notify the school...

If your child or children will be absent from school, parents and guardians are required to notify the college.

Option 1:
Leave a phone message:
Call: 8179 2477
After the message tone, please leave the following information:
○ Child’s name
○ Home Class
○ Reason (Family, Unwell, Holiday)
○ Your Name (Parent or Guardian)

Option 2:
Send a TEXT message:
TEXT Msg: 0427 767 937
In the text message, please leave the following information:
○ Child’s name
○ Home Class
○ Reason (Family, Unwell, Holiday)
○ Your Name (Parent or Guardian)
ThinkUKnow, launched in Australia in 2009, is a collaboration between the Australian Federal Police and Microsoft Australia. This initiative recognises that young people do not differentiate between the online and offline worlds, does the following:

1. Encourages young people to HAVE FUN with technology whilst being aware of the potential dangers,
2. Provides information about how to STAY IN CONTROL, encouraging young people to think before they act when using the internet and social media, &
3. Encourages young people to REPORT what they think is threatening, confronting or inappropriate online behaviour.

To register for ThinkUKnow simply follow the link below, you will also be offered the option of subscribing to the ThinkUKnow e-newsletter, a monthly publication detailing the latest trends in the use of technology by young people:
http://www.thinkuknow.org.au/site/

ThinkUKnow also offers the ThinkUKnow Youth Site for young people aged between 11 and 17 years of age and can be accessed at:

Cyber(smart:) Internet Safety Presentation

Cybersmart is a national cybersafety and cybersecurity education program managed by the Australian Communications and Media Authority (ACMA), as part of the Australian Government’s commitment to cybersafety. The program is specifically designed to meet the needs of its target audience. In partnership with the Cyber(smart) team, Cabra Dominican College will be hosting an internet safety presentation covering a range of issues including:

- the ways young people use the internet and emerging technologies
- potential risks faced by young people online such as cyberbullying, identity theft, unwanted contact and exposure to offensive content
- tips and strategies to help young people stay safe online.

Tuesday, June 18th: 7.00pm to 8.30pm Caleruega Hall

To register for this event simply reply to the SMS or email invitation sent out last week, or contact the college office.

By: Charlotte Hejka,
21st Century Learning Coordinator

School Photographs 2013

Academy Photography will be taking individual and class photos of all students next Wednesday 12th June. Family portraits, special groups and music ensembles will also be photographed. Payment envelopes were distributed last week to individual students. These must be returned on Wednesday with correct payment. All students are required to wear full school winter uniform including the college blazer.

Detailed instructions have been given to all students. The actual timing of class photos is given below for your information and forward planning.

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Family groups and special groups: Scheduled for lunchtime. Music groups: scheduled for the afternoon.
Middle School
Deputy Report

We are blessed in the Middle School at Cabra to share an exciting and often quite unpredictable ride with your children on a daily basis. We know that the way we interact helps to influence the positive messages they give themselves.

Each of us has an important role to play in this and we know that it can feel particularly hard when things don’t quite go to plan. Resilience is an important skill to develop and we know that children with a healthy self-esteem cope better with any problems that may arise.

Michael Grose suggests these strategies to help us enhance children’s self-esteem and sense of worth:

1. **Develop independence in children**
   
   Allow them to do things for themselves as soon as they are able. This sends a powerful message that you think they are capable and able to take some control over their world.

2. **Celebrate children’s efforts and achievements**
   
   Have a display space at home for schoolwork, art and awards they have received. Change the display frequently and make sure that each child’s efforts are represented.

3. **Send frequent positive messages to children**
   
   Focus on their strengths rather than criticising weaknesses and continually pointing out misbehaviour. When providing feedback mention a strength first – “Jeremian, I like the way you put expression in your voice when you read. Now let’s work on some of these words you are having trouble with”.

4. **Value your children’s ideas, thoughts and opinions**
   
   Listen to them and help them to express their feelings and thoughts. Accept rather than reject their ideas even though you may disagree with them.

5. **Help children experience success by breaking complex tasks into achievable goals**

   For instance, a young child can learn to make a bed by first arranging the teddies, smoothing the doona and progressing from there.

6. **Teach children to establish realistic goals**

   For instance, if they wish to cook they may set out to learn ten recipes in a year. Help them make up a plan of action to achieve their goals.

   For more information by Michael Grose please go to: [www.parentingideas.com.au](http://www.parentingideas.com.au)

Our teachers work closely with the students in their homerooms to learn more about each individual child’s strengths and identify possible growth points. We know that we need to maintain close communication and allow the children in our care the opportunity to seek new challenges. It is also important for us to remember that there will be hiccups along the way and this is part of learning. As always, we feel that a strong partnership with parents and caregivers is key to this success. We thank you for your continued support in this partnership.
**Transition to Year 10**

Over the past two weeks I have been talking to different Year 10 classes in relation to their transition from Year 9 into the Senior School. I really respect and appreciate the honesty and openness of the students who were extremely articulate and confident in expressing their personal and collective experiences. Year 10 normally proves to be a little daunting for the students as the majority of the lessons are now held in the Aquinas building and they are required to set their sights on meeting the requirements of SACE as they move through their Senior Years. The students find the concept of the one to one digital device structure of the Senior School really valuable in terms of providing them with access to their personalised digital learning environments to assist and engage them with their multimodal forms of learning within the classroom.

Another adjustment the students make as they move into Year 10 is the sitting of formal exams. One of the largest exams was Mathematics which was held on Tuesday morning in Caleruega Hall with just over 205 students sitting the exam. As a Year Level the students are proving to be a delightful group of students to work with.

**Stage 2 Design & Technology**

This year a total of eighteen students have enrolled in Stage 2 Design & Technology. The subject has a history of being extremely popular amongst the Senior School students. This year the class commenced the course with a common practically orientated skills task which involved the construction of a mobile shopping trolley. The task covers a wide variety of manufacturing skills which include the construction of dowels joints, widening joints and through housing joints. The students are also required to construct a drawer with a false front using a router jig and a portable electric router. The course also requires students to operate a variety of static machines safely and competently in order to machine material to size within set tolerances. The students have also undertaken a variety of material testing exercises. The results from these investigations are then used to inform the students’ choices in relation to the materials they select for their major product. Parallelled with the workshop based activities, the students have completed a set of theory based technical books which encompass all of the foundation knowledge and understanding which underpins the subject area. For the remainder of the academic year they will be constructing their major product and documenting their design folio which supports the design component of their major practical task.

**A Reflection from the College Captains**

The transition from Year 11 to Year 12 has been made easier with the great support that has been provided to us by our teachers. We have found that by only having to do four main subjects and Research Project, we are only studying things that we are truly interested in, which so far has made the Year 12 student body more focused and enthusiastic about their studies and their future endeavours.

Most people associate completing Year 12 with being stressed, however we have found that weekly religion lessons, where we study meditation and Jesus in various films, has helped us escape from our studies and deal with the stresses of Year 12. Although religion lessons are helpful once a week, we were privileged to spend an entire week on retreat, away from the business and pressures of school where we were able to get to know ourselves and one another better and on a deeper level.

Our Senior Formal in Term 1 was another great opportunity for the Year 12’s to come together for one truly magical evening. The night was a great success where the students displayed their class and maturity. We hope that the current level of enthusiasm and focus continues throughout Year 12 and into our lives.

By: Grace Buckley and Jack Morgan, College Captains

**Year 10 Careers Expo**

**Year 11 Students**

**CAREERS – UMAT PREPARATION**

Interested in Medicine?

MedEntry is a government accredited Registered Training Organisation specialising in UMAT preparation. MedEntry offers discounts of up to 40% for groups, and numerous scholarships. For more information:

Website: www.MedEntry.edu.au

**Year 11 Students**

Above: (left to right) Chloe Eisele, Eliza Juniper

Above: Left to right: Aaron Leo and Thomas Lowe

Above: Year 6 students and the College Captains

Above: (left to right) Chiara Gatti, Brittany Phelps, Vivien Nguyen

**CABRA DOMINICAN COLLEGE NEWSLETTER**

*Senior School*  
John Cameron

*Deputy PRINCIPAL*

*Senior College News*

*Weekly College News*  
Friday 7th June 2013 — 5

*MedEntry*  
31 July 2013

Interested in pursuing medicine and other health courses need to sit the UMAT on 31 July 2013.

MedEntry is a government accredited Registered Training Organisation specialising in UMAT preparation. MedEntry offers discounts of up to 40% for groups, and numerous scholarships. For more information:

Website: www.MedEntry.edu.au
Mad Hatter’s Tea Party

Last Friday afternoon, students, parents and community members enjoyed our Mad Hatter’s Tea Party in St Dom’s Hall. Students were presented with certificates of participation, enjoyed beautifully presented cupcakes made by Ms Russell and a delicious shared afternoon tea.

We watched the DVD of Alice in Wonderland Jr which was very entertaining for the audience as many students wanted to ‘relive’ the experience one more time by singing and dancing whilst we watched their performance on the ‘big screen’.

It was a lovely way to celebrate everyone’s efforts which has brought the Cabra community together in such a positive way.

Choral Divisions Eisteddfod

Tuesday 18th June
Elder Hall, University of Adelaide, North Terrace

The Concert Choir and Large Vocal Jazz Ensemble are competing in the Adelaide Choral Eisteddfods from 6.00pm-9.00pm.

Members of the public are welcome to attend to watch this event. There is an admission fee. All are welcome to come and support our talented choirs.

Festival of Music

Thursday 20th June: 9.15am-11.15am
Mercedes College

Students involved in the Festival of Music will be attending an assessment hub with 80 students from participating Catholic schools in the region. Students that have successfully auditioned with Ms Burton-Claridge will also be invited to do first auditions with the Director of the CSMF at this event.

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Mid-Year Music Concert - Cabra Music Department

Saturday 22nd June: 7pm – 8.30pm
St Dominic’s Hall – Cabra Dominican College

One of the highlights of the musical calendar for the remainder of the term is the Mid-Year Concert. Participating ensembles will include:

- Middle School Band
- Jazz Train
- Jazz Band
- Large Vocal Jazz Choir
- Senior Rock Band
- Special guest performer
- Stage Band
- Revelation
- Senior Drum Corps

Entry - Gold Coin Donation. All ensembles participating will receive information this week regarding sound check rehearsal on the Saturday, which will start at 1.00pm.

For enquiries regarding the music department, phone 8179 2406 or email: sheaslip@cabra.catholic.edu.au

Stage 2 Music Solo and Ensemble Assessment Roaming Performance

Thursday 6th June:
3.45pm Band Room
4.45pm Chapel
6.00pm Band Room
6.45pm St Dom’s Hall

Stage 1 & Year 10 Solo Performance Assessment Evening

Thursday 13th June: 6pm Chapel – Band Room

We invite you attend these important events on the SACE music calendar. All welcome.

MID-YEAR MUSIC CONCERT – CABRA MUSIC DEPARTMENT

SATURDAY 22ND JUNE 7PM – 8.30PM  ENTRY GOLD COIN DONATION
ST DOMINIC’S HALL – CABRA DOMINICAN COLLEGE
**SPORTS NEWS**

**SAPSSASA TRIALS**

2013 City South Soccer Trials and Training  
– SAPSSASA State Carnival 24th to 28th June  
(Barrett Reserve, West Beach)

**Yr 6/7 Boys**  
Venue: Westbourne Park Primary School Oval  
(behind school hall, western side of Goodwood Road)  
Time: 4.00pm to 5.00pm  
Dates: Monday 27th May, 3rd June, 10th June, 17th June  
Coach: John Hargreaves (0404 462 755)

**Yr 6/7 Girls**  
Venue: Mitcham Primary School  
Time: 4.00pm to 5.00pm  
Dates: Friday 31st May, 7th June, 14th June, 21st June  
Coach: Cory Selfe (0422 629 021)

District Convenor:  
Bruce Westley (0401 121 628)

2013 City South Hockey Trials and Training  
– SAPSSASA State Carnival 24th to 28th June  
(Grange Hockey Club, Military Road, Grange)

**Yr 6/7 Boys and Girls**  
Venue: Waite Oval (cnr Fullarton Rd and Claremont Ave, Netherby)  
Time: 4.00pm to 5.00pm  
Dates: Thursday 30th May, 6th June, 13th June, 20th June  
Coach: Jackie Kerr

District Convenor:  
Bruce Westley (0401 121 628)

**Yr 6/7 SAPSSASA Basketball Trials**

Boys Trials: Wednesday 12th June  
Girls Trials: Friday 14th June  
Time / Venue: Lunchtime in the Gym  
Coach: Grace Clark

The trials are open to students that have either played school basketball or represented the College in another sport. Sign-up sheets are in the Sport Office.

**IMPORTANT DIARY DATES**

**Week 6, Term 2**

Friday 7th / Saturday 8th  
No sport due to long weekend

**Week 9, Term 2**

Tuesday 25th June  
Open Boys KO Basketball, 10am at Henley HS  
Wednesday 26th June  
Open Boys KO Soccer at Adelaide Lutheran Pitch

**CORRECT SPORT UNIFORM AT CABRA**

Students and parents are reminded that the correct sport uniform MUST be worn when representing the College at ALL sporting events including morning sport. This includes outer garments i.e. PE Rugby top is to be worn.

Contacts:

**SPORT OFFICE:**
Phone: 8179 2415  
Email: sport@cabra.catholic.edu.au

**UNIFORM SHOP:**
Phone: 8179 2461  
Email: uniform@cabra.catholic.edu.au

**Knock Out Sport Results**

Yr 6/7 KO Netball - Cabra def Edwardstown 29-9  
Cabra were too strong for Edwardstown on Monday 27th May. Great team effort was displayed by all girls. The team was coached by Mrs Emily Crozie.

Yr 6/7 KO Soccer - Cabra def Immanuel 3-1  
Goal Scorers: Charlie Welsh, Khai Cho, Cameron Gardner.

I was extremely proud of the boys’ efforts on Monday 27th May, they listened to my instructions and played very tough, gritty team soccer. The back four played strong not allowing Immanuel many chances to score. The midfield controlled most of the ball running out from defence and into our attack and attackers took their opportunities when they came and put the ball in the back of the net. I am so glad to see a bunch of boys so enthused to represent their College in knock out sport. Bring on Round 2.

Coach: Mr Joel Morizzi
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